

35 Riesenbecker Triathlon 2017

Volksdistanz

Platz	St.Nr.	Name/Vorname	Verein	Schwim.	Rad	Laufen	Zeit	AK	Platz	Zeitstraf
1	674	Beckemper, Marvin	LC Nordhorn	00:08:43	00:32:35	00:17:19	00:58:37	M 20	1	00:00:00
2	649	Ludwig, Sascha	TV Lengerich	00:08:47	00:32:00	00:18:00	00:58:47	M 25	1	00:00:00
3	777	Staggenborg, Nick	Köln	00:08:11	00:31:28	00:19:19	00:58:58	M 30	1	00:00:00
4	757	Brinkmann, Marc	TRI OSC Osnabrück	00:09:03	00:32:46	00:18:43	01:00:32	M 35	1	00:00:00
5	600	Arlom, Hannah	LG Emsdetten Tri-Team	00:08:42	00:33:10	00:19:14	01:01:06	W 30	1	00:00:00
6	880	Westermann, Ingo	TSV Victoria Linden	00:08:54	00:33:36	00:18:53	01:01:23	M 30	2	00:00:00
7	767	Lüttkemöller, Daniel	LG Emsdetten Tri-Team	00:08:56	00:33:30	00:20:06	01:02:32	M 30	3	00:00:00
8	736	Becker, Robert	TRISPEED Marienfeld	00:09:39	00:33:54	00:19:03	01:02:36	M 50	1	00:00:00
9	749	Uhlenbruch, Ralf	SC Altenrheine	00:09:21	00:34:21	00:19:09	01:02:51	M 50	2	00:00:00
10	758	Ottmann, Jens	Team Charlotte Ottmann	00:09:37	00:33:56	00:20:10	01:03:43	M 35	2	00:00:00
11	726	Schrameyer, Kai	Marathon Ibbenbüren	00:10:15	00:33:15	00:21:13	01:04:43	M 30	4	00:00:00
12	901	Sehlüter, Gerhard	TriSport-Team Verl	00:10:11	00:35:32	00:20:00	01:05:43	M 60	1	00:00:00
13	670	Schweiger, Rolf	TV Gronau	00:10:23	00:33:18	00:22:08	01:05:49	M 55	1	00:00:00
14	855	Büscher, Torsten	1. TCO Die Bären	00:10:07	00:34:43	00:21:03	01:05:53	M 50	3	00:00:00
15	800	Schöpfer-Droop, Matthias	Rose Team Münsterland	00:12:41	00:32:12	00:21:10	01:06:03	M 55	2	00:00:00
16	884	Figur, Steve	TV Gronau	00:11:53	00:33:45	00:20:27	01:06:05	M 35	3	00:00:00
17	873	Lüdorff, Svea	TRISPEED Marienfeld	00:08:57	00:36:00	00:21:11	01:06:08	W 20	1	00:00:00
18	680	Ventker, Stefan	Marathon Ibbenbüren	00:11:20	00:35:56	00:18:56	01:06:12	M 30	5	00:00:00
19	652	McPhee, Donald	TSG Wiesloch	00:09:52	00:35:17	00:21:08	01:06:17	M 50	4	00:00:00
20	604	Bärtels, Torsten	Marathon Ibbenbüren	00:11:23	00:34:45	00:20:14	01:06:22	M 45	1	00:00:00
21	733	Remme, Stefan	Marathon Ibbenbüren	00:11:02	00:32:23	00:22:57	01:06:22	M 30	6	00:00:00
22	798	Ganzer, Bruno	Tri-Sport-Team Verl	00:11:35	00:34:37	00:20:44	01:06:56	M 55	3	00:00:00
23	740	Bischof , Eric	TSV linden	00:09:57	00:36:56	00:20:10	01:07:03	M 20	2	00:00:00
24	902	Büscher, Andreas	Tritteam Dissen	00:12:51	00:34:50	00:19:25	01:07:06	M 55	4	00:00:00
25	709	Bünker, Guido	LG Emsdetten Tri-Team	00:10:03	00:33:26	00:23:38	01:07:07	M 45	2	00:00:00
26	763	Anders, Maik	TSG 07 Burg Gretesch	00:11:10	00:35:04	00:21:03	01:07:17	M 40	1	00:00:00
27	684	Hilt, Simon	LG Emsdetten Tri-Team	00:12:22	00:35:38	00:19:24	01:07:24	M 20	3	00:00:00
28	799	Jakisch, Thomas	WSU-Tri-Team Warendorf	00:10:06	00:33:32	00:23:50	01:07:28	M 55	5	00:00:00
29	750	Hilt, Rainer	LTC Follow Me	00:13:18	00:34:37	00:19:36	01:07:31	M 50	5	00:00:00
30	771	Pütz, Guido	SUS Darne Triathlon	00:11:53	00:34:22	00:21:26	01:07:41	M 40	2	00:00:00
31	686	Nobbe, Markus	TVE Greven Triathlon	00:11:38	00:34:28	00:21:47	01:07:53	M 45	3	00:00:00
32	642	Brinkmann, Jürgen	SC Altenrheine	00:10:57	00:35:21	00:21:51	01:08:09	M 55	6	00:00:00
33	819	Stöckel, Frank	TSG 07 Burg Gretesch	00:12:18	00:35:22	00:20:29	01:08:09	M 50	6	00:00:00
34	675	Taube, Siegfried	Tri Team Dissen	00:09:42	00:36:07	00:22:22	01:08:11	M 50	7	00:00:00
35	616	Denne, Bastian	RSC Ochtrup	00:11:02	00:36:30	00:20:45	01:08:17	M 20	4	00:00:00
36	732	Richter, Ingo	Marathon Ibbenbüren	00:13:04	00:34:55	00:20:23	01:08:22	M 45	4	00:00:00
37	789	Laermann, Laura	Mönchengladbacher LG	00:12:43	00:37:10	00:18:38	01:08:31	W 20	2	00:00:00
38	704	Merting, Peter	Salzbergen	00:12:20	00:35:00	00:21:12	01:08:32	M 40	3	00:00:00
39	759	Ahrens, Markus	VfL Lingen	00:13:40	00:35:24	00:19:33	01:08:37	M 35	4	00:00:00
40	898	Pontius, Marcel	SG Wüste 98	00:12:01	00:36:33	00:20:04	01:08:38	M 35	5	00:00:00
41	815	Pagenkämper, Frank	kein Verein	00:12:03	00:33:36	00:23:04	01:08:43	M 45	5	00:00:00
42	879	Lemper, Andre	LG Emedetten	00:09:32	00:34:13	00:25:00	01:08:45	M 20	5	00:00:00
43	843	Klug, Marcel	W+F Münster	00:09:56	00:37:18	00:21:39	01:08:53	M 25	2	00:00:00
44	784	Cordes, Christine	TSG Lennestadt	00:12:16	00:35:50	00:21:29	01:09:35	W 30	2	00:00:00
45	617	Ernsting, Alexander	SCAltenrheine	00:10:24	00:34:20	00:24:59	01:09:43	M 35	6	00:00:00
46	828	ter Bahne, Lars	LC Nordhorn	00:13:31	00:33:46	00:22:30	01:09:47	M 40	4	00:00:00
47	621	Goda, Stefan	Marathon Ibbenbüren	00:15:56	00:35:48	00:18:09	01:09:53	M 45	6	00:00:00
48	911	Lemke, Christian	ohne	00:13:15	00:34:46	00:21:55	01:09:56	M 25	3	00:00:00
49	780	Ratering, Andreas	VFL Weiße Elf Nordhorn	00:13:33	00:33:45	00:22:46	01:10:04	M 55	7	00:00:00
50	764	Beckmann, Michael		00:12:30	00:34:55	00:22:39	01:10:04	M 35	7	00:00:00

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Platz	St.Nr.	Name/Vorname	Verein	Schwim.	Rad	Laufen	Zeit	AK	Platz	Zeitstraf
51	745	Brünenkamp, Christoph	LV Tristar Oelde	00:11:32	00:35:54	00:22:41	01:10:07	M 30	7	00:00:00
52	883	Flüthmann, Joachim	TV Gronau	00:12:49	00:34:46	00:22:36	01:10:11	M 55	8	00:00:00
53	619	Stöckel, Kilian	TSG 07 Burg Gretesch	00:09:10	00:35:27	00:25:36	01:10:13	M 20	6	00:00:00
54	792	Knospe, Janin	ASC Ahlen	00:11:08	00:36:34	00:22:52	01:10:34	W 35	1	00:00:00
55	907	Kastner, Alexander	Münster	00:11:19	00:37:05	00:22:11	01:10:35	M 25	4	00:00:00
56	705	Deters, Lars	Tri Finish Münster	00:12:19	00:35:37	00:22:39	01:10:35	M 40	5	00:00:00
57	866	Olde Monnikhof, Nikki	Triathlon Club Twente	00:12:41	00:36:32	00:21:22	01:10:35	W 25	1	00:00:00
58	791	Flottmann, Wolfgang	Tri Team Dissen	00:10:40	00:38:13	00:21:44	01:10:37	M 55	9	00:00:00
59	693	Wilke, Guido	SC Altenrheine	00:12:22	00:35:39	00:22:38	01:10:39	M 50	8	00:00:00
60	743	Witte, Ingo	jede Oma zählt	00:13:35	00:34:18	00:22:50	01:10:43	M 40	6	00:00:00
61	886	Albermann, Laura		00:09:39	00:40:16	00:20:51	01:10:46	W 20	3	00:00:00
62	629	Hesping, Ralf	SC Altenrheine	00:12:39	00:35:22	00:22:53	01:10:54	M 45	7	00:00:00
63	683	Watta, Matthias	SC-Altenrheine	00:10:22	00:37:05	00:23:32	01:10:59	M 50	9	00:00:00
64	876	Wijnnoven, Bert	Haselünner SV	00:12:56	00:34:42	00:23:21	01:10:59	M 55	10	00:00:00
65	676	Kraus, Grudrun	ASC Ahlen	00:12:33	00:35:44	00:22:49	01:11:06	W 55	1	00:00:00
66	910	Kosakowski, Rolf	ohne	00:12:06	00:38:05	00:21:03	01:11:14	M 45	8	00:00:00
67	710	Deifuß, Holger	FC Nordkirchen	00:12:46	00:36:45	00:21:58	01:11:29	M 45	9	00:00:00
68	712	Heidotting, Oliver	LG Emsdetten Tri-Team	00:11:00	00:37:04	00:23:28	01:11:32	M 45	10	00:00:00
69	903	Bußmann, Marc	LSF Muenster	00:11:41	00:36:56	00:22:55	01:11:32	M 35	8	00:00:00
70	609	Biekötter, Kerstin	Marathon Ibbenbüren	00:13:30	00:36:26	00:21:40	01:11:36	W 25	2	00:00:00
71	895	Bordewick, Svenja	ohne	00:09:03	00:40:25	00:22:12	01:11:40	W 20	4	00:00:00
72	848	Asche, Dr. Thorsten	-	00:12:17	00:38:05	00:21:19	01:11:41	M 45	11	00:00:00
73	908	Latt, Christian	TDV	00:13:02	00:35:51	00:23:00	01:11:53	M 40	7	00:00:00
74	892	Diecksmeier, Silke	ASC Ahlen	00:11:17	00:39:18	00:21:31	01:12:06	W 35	2	00:00:00
75	781	Breitkopf, Jürgen	-	00:14:40	00:34:20	00:23:07	01:12:07	M 55	11	00:00:00
76	769	Ruffing, Andre	GBS Grafschaft Bentheim	00:13:12	00:36:56	00:22:07	01:12:15	M 30	8	00:00:00
77	912	Bensch, Waldemar	Etus Rheine	00:13:28	00:36:51	00:21:57	01:12:16	M 40	8	00:00:00
78	607	Berg, Sebastian	Blau Weiß Niederkrüchten	00:12:42	00:35:21	00:24:14	01:12:17	M 25	5	00:00:00
79	620	Fortmann, Ludger	LC Nordhorn	00:11:12	00:37:50	00:23:16	01:12:18	M 60	2	00:00:00
80	844	Dr. Julius, Patrick	Hoppel Hoppel Wadelhei	00:13:07	00:35:40	00:23:34	01:12:21	M 45	12	00:00:00
81	804	Feldkämper, Stefan	kein Verein	00:12:44	00:37:54	00:21:45	01:12:23	M 45	13	00:00:00
82	814	Lindemann, Markus	Radclub Münster e.V.	00:14:12	00:35:28	00:22:50	01:12:30	M 45	14	00:00:00
83	890	Witte, Andreas	Stella Bevergern	00:11:26	00:36:44	00:24:28	01:12:38	M 45	15	00:00:00
84	751	Schwarte, Dieter	QSC 99 Quakenbrueck	00:13:04	00:37:22	00:22:14	01:12:40	M 50	10	00:00:00
85	640	Knecht, Karsten	Team Erdinger alkoholfrei	00:14:22	00:36:58	00:21:35	01:12:55	M 45	16	00:00:00
86	752	Penz, Klaus	TC 08 Münster	00:13:50	00:35:59	00:23:09	01:12:58	M 50	11	00:00:00
87	772	Rosen, Hans-Hermann	SC Osterbrock	00:13:06	00:37:53	00:22:01	01:13:00	M 40	9	00:00:00
88	850	Meyer, Frank	FC St. Pauli Triathlon	00:13:33	00:37:08	00:22:27	01:13:08	M 45	17	00:00:00
89	641	Köther, Dirk	-	00:13:59	00:35:54	00:23:32	01:13:25	M 45	18	00:00:00
90	711	Meß, Herbert	Su S Legden	00:13:09	00:38:19	00:22:09	01:13:37	M 45	19	00:00:00
91	754	Cordes, Ulla	RW Kirchhundem	00:12:52	00:37:29	00:23:25	01:13:46	W 55	2	00:00:00
92	728	Lindemann, Jutta	Marathon Ibbenbüren	00:11:53	00:39:52	00:22:06	01:13:51	W 35	3	00:00:00
93	741	Pauli, Markus	Tri Sport Team Verl	00:12:59	00:34:26	00:26:28	01:13:53	M 45	20	00:00:00
94	624	Gosink, Holger	GSV Ringe Vechtecruser	00:13:16	00:37:13	00:23:27	01:13:56	M 40	10	00:00:00
95	755	Halbmeyer, Torsten	Oldenburger Ruderverein	00:15:49	00:36:02	00:22:14	01:14:05	M 30	9	00:00:00
96	608	Berg, Theresa	OSC Waldniel	00:13:06	00:39:37	00:21:32	01:14:15	W 20	5	00:00:00
97	700	Brinkmann, Klaus	ETuS Rheine	00:13:01	00:37:59	00:23:16	01:14:16	M 50	12	00:00:00
98	872	Büscher, Susanne	1. TCO Die Bären	00:10:51	00:37:13	00:26:15	01:14:19	W 50	1	00:00:00
99	606	Berg, Matthias	Athletik Waldniel	00:13:08	00:39:34	00:21:50	01:14:32	M 55	12	00:00:00
100	655	Nagel, Andre	ASC Ahlen	00:12:00	00:38:43	00:23:50	01:14:33	M 20	7	00:00:00

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Platz	St.Nr.	Name/Vorname	Verein	Schwim.	Rad	Laufen	Zeit	AK	Platz	Zeitstraf
101	634	Hüsing, Rainer	Marathon Steinfurt	00:13:38	00:36:35	00:24:23	01:14:36	M 55	13	00:00:00
102	900	Veltrup, Markus	LG Emsdetten Triteam	00:11:10	00:38:31	00:24:56	01:14:37	M 50	13	00:00:00
103	731	Müller, Kerstin	Marathon Ibbenbüren	00:11:23	00:41:11	00:22:07	01:14:41	W 30	3	00:00:00
104	657	Niemeier, Frank	Tri.-Köche-Team-OWL.de	00:12:18	00:36:45	00:25:39	01:14:42	M 45	21	00:00:00
105	701	Hoffsimmer, Hubert	TV Rodenkirchen Triathlo	00:14:53	00:35:39	00:24:18	01:14:50	M 50	14	00:00:00
106	703	Strücker, Dorothee	Spelle	00:11:02	00:39:03	00:24:48	01:14:53	W 45	1	00:00:00
107	689	Schönhoff, Thomas	Kein Verein	00:11:47	00:36:10	00:26:57	01:14:54	M 45	22	00:00:00
108	698	Tewes, Rüdiger	Salzbergen	00:11:47	00:36:10	00:26:57	01:14:54	M 45	23	00:00:00
109	622	Goldkamp, Jörg	AAC Rubby	00:14:25	00:37:05	00:23:29	01:14:59	M 45	24	00:00:00
110	869	Pütz, Tanja	SUS Darne Triathlon	00:14:13	00:38:17	00:22:36	01:15:06	W 40	1	00:00:00
111	637	Klaas, Heinz-Bernd	kein	00:11:07	00:36:56	00:27:06	01:15:09	M 40	11	00:00:00
112	739	Kullik, Oliver	Recklinghausen	00:12:53	00:37:00	00:23:17	01:15:10	M 45	25	00:02:00
113	694	Szymiczek, Thomas	DJK 09 Mülheim	00:12:17	00:37:46	00:25:15	01:15:18	M 50	15	00:00:00
114	889	Staggenborg, Arnold	Teuto Riesenbeck	00:12:01	00:38:40	00:24:46	01:15:27	M 60	3	00:00:00
115	896	Hopster, Annika	ohne	00:12:55	00:39:16	00:23:19	01:15:30	W 20	6	00:00:00
116	894	Schuchert, Frank	Puls 200 e.V.	00:14:20	00:37:50	00:23:25	01:15:35	M 20	8	00:00:00
117	746	Meyers, Steffi	M.Gladbacher TV 1848 e.	00:11:42	00:37:41	00:26:13	01:15:36	W 50	2	00:00:00
118	761	Uthmann, Tobias	t	00:11:50	00:37:09	00:26:38	01:15:37	M 35	9	00:00:00
119	716	Albers, Kristina	TSVE Bielefeld 1890	00:12:32	00:40:16	00:22:57	01:15:45	W 40	2	00:00:00
120	747	Franke, Michael	-	00:13:37	00:36:38	00:25:34	01:15:49	M 50	16	00:00:00
121	845	Bischof, Knut	Nordhorn	00:14:44	00:36:26	00:24:46	01:15:56	M 45	26	00:00:00
122	602	Artmeyer, Jan Henrik	TV Grün-Weiß-Flüren	00:13:07	00:39:12	00:23:41	01:16:00	M 20	9	00:00:00
123	878	Gode, Mark	SV Bad Laer	00:13:39	00:37:04	00:25:17	01:16:00	M 40	12	00:00:00
124	891	Rembert, Richard	VFL Lönigen	00:14:30	00:40:15	00:21:16	01:16:01	M 50	17	00:00:00
125	679	Veltmaat, Frank	LC Nordhorn	00:14:11	00:39:28	00:22:29	01:16:08	M 50	18	00:00:00
126	681	Verlage, Daniel	Marathon Ibbenbüren	00:15:26	00:39:46	00:21:07	01:16:19	M 35	10	00:00:00
127	853	Schulte-Rosier, Bernd	--	00:14:15	00:39:13	00:22:51	01:16:19	M 40	13	00:00:00
128	782	Hille, Wibke	TriFinish Münster	00:12:18	00:39:03	00:25:03	01:16:24	W 30	4	00:00:00
129	787	Kähler, Hinrich	Concordia Langen	00:13:46	00:37:55	00:24:55	01:16:36	M 60	4	00:00:00
130	658	Ortmann, Lena	TSVE 1890 Bielefeld e.V.	00:11:02	00:39:29	00:26:06	01:16:37	W 20	7	00:00:00
131	744	Sasse, Joachim	TUS St. Arnold	00:14:27	00:37:52	00:24:30	01:16:49	M 45	27	00:00:00
132	851	Runte, Karsten	TriTeam TG Lage	00:15:14	00:38:06	00:23:36	01:16:56	M 45	28	00:00:00
133	656	Neher, Fergus	RSG Emsdetten	00:14:04	00:37:37	00:25:17	01:16:58	M 50	19	00:00:00
134	837	Reinitz, Thomas	TSC Eintracht Dortmund	00:13:38	00:39:31	00:23:55	01:17:04	M 55	14	00:00:00
135	811	Kogge, Thomas	Tri Finish Münster	00:13:20	00:38:34	00:25:11	01:17:05	M 45	29	00:00:00
136	794	pietrykowski, anja	tv georgsmarienhütte	00:12:59	00:39:33	00:24:37	01:17:09	W 40	3	00:00:00
137	615	Büdden , Thomas	TSG BURG GRETESCH	00:14:36	00:40:03	00:22:32	01:17:11	M 45	30	00:00:00
138	734	Jansing, Matthias	Marathon Ibbenbüren	00:12:25	00:37:54	00:26:54	01:17:13	M 30	10	00:00:00
139	836	Strotmeier, Franz Josef	WSU Tri-Team Warendorf	00:12:53	00:39:22	00:25:01	01:17:16	M 55	15	00:00:00
140	650	Lux, Sebastian	Osnabrück	00:16:37	00:38:00	00:22:45	01:17:22	M 30	11	00:00:00
141	807	Kammertöns, Hubert	TV Langenberg	00:13:19	00:39:14	00:24:52	01:17:25	M 60	5	00:00:00
142	817	Schöler, Burkhard	TSV Pelkum	00:13:46	00:39:06	00:24:34	01:17:26	M 55	16	00:00:00
143	852	Wargers, Christina	Stella Bevergern	00:13:59	00:39:38	00:23:51	01:17:28	W 20	8	00:00:00
144	695	Nobbe, Nadine	TVE Greven Triathlon	00:12:58	00:38:05	00:26:27	01:17:30	W 40	4	00:00:00
145	882	Altmann, Marion	DLRG Spelle	00:10:17	00:39:40	00:27:33	01:17:30	W 40	5	00:00:00
146	795	Janke, Sandra	Münster	00:13:05	00:39:23	00:25:10	01:17:38	W 40	6	00:00:00
147	765	Ruczynski, Bettina	TSG 07 Burg Gretesch	00:12:48	00:39:47	00:25:05	01:17:40	W 50	3	00:00:00
148	623	Gosink, Anne	Vechtecruiser	00:12:27	00:39:16	00:26:00	01:17:43	W 35	4	00:00:00
149	905	Brockmann, Anne	TVE Greven 1898	00:13:06	00:39:05	00:25:42	01:17:53	W 50	4	00:00:00
150	809	Kierstein, Daniel	VFL Lingen	00:13:35	00:39:36	00:24:56	01:18:07	M 35	11	00:00:00

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Volksdistanz

Platz	St.Nr.	Name/Vorname	Verein	Schwim.	Rad	Laufen	Zeit	AK	Platz	Zeitstraf
151	713	Thoridt, Kirsten	TV Rodenkirchen Triathlo	00:11:50	00:39:54	00:26:29	01:18:13	W 45	2	00:00:00
152	849	Pätzold, Michael	Castrop-Rauxel	00:14:43	00:39:59	00:23:36	01:18:18	M 45	31	00:00:00
153	846	Nott, Hans-Dieter	OSC Hamm				01:18:22	M 65	1	00:00:00
154	610	Bölker, Birgit	SC Altenrheine	00:14:07	00:38:14	00:26:06	01:18:27	W 50	5	00:00:00
155	840	Leiting, Sebastian	Saerbeck	00:13:01	00:39:02	00:26:28	01:18:31	M 20	10	00:00:00
156	645	Kynast, Pascal	Getec Racing	00:16:35	00:38:02	00:23:54	01:18:31	M 35	12	00:00:00
157	909	Laudage, Dirk	RTA-Altenberge	00:13:22	00:35:23	00:29:48	01:18:33	M 40	14	00:00:00
158	906	Wenning, Edna	TVE Greven Triathlon	00:13:44	00:38:40	00:26:17	01:18:41	W 40	7	00:00:00
159	899	Hinnah, Gerhard	SG Wüste 98	00:15:29	00:40:41	00:22:32	01:18:42	M 40	15	00:00:00
160	662	Rüger, Daniel	TriTeam Dissen	00:14:33	00:39:24	00:24:54	01:18:51	M 25	6	00:00:00
161	816	Pohlman, Harald	SCU Emlichheim	00:15:51	00:37:25	00:25:41	01:18:57	M 55	17	00:00:00
162	603	Averdung, Nadine	SV Teuto Riesenbeck	00:13:27	00:41:18	00:24:20	01:19:05	W 40	8	00:00:00
163	893	Diecksmeier, Carina	ASC Ahlen	00:13:37	00:39:54	00:25:38	01:19:09	W 25	3	00:00:00
164	776	Balderhaar, Jan Hindrik	Emlichheim	00:13:36	00:38:56	00:26:40	01:19:12	M 50	20	00:00:00
165	719	Brinker, Christina	-	00:13:46	00:38:58	00:26:32	01:19:16	W 25	4	00:00:00
166	803	Eick, Holger	Bielefeld	00:15:36	00:39:15	00:24:25	01:19:16	M 45	32	00:00:00
167	651	Masuch, Andreas	Laufen gegen Leiden e.V.	00:16:33	00:36:26	00:26:20	01:19:19	M 40	16	00:00:00
168	625	Grafe, Frank	TV Georgsmarienhütte				01:19:20	M 50	21	00:00:00
169	830	Caus, Kristian	Ig Beelen	00:15:18	00:38:00	00:26:16	01:19:34	M 60	6	00:00:00
170	654	Leismann, Michael	Arminia Ibbenbüren	00:14:17	00:39:39	00:25:47	01:19:43	M 45	33	00:00:00
171	697	Hartmann, Annik	LV Tristar Oelde	00:10:25	00:41:01	00:28:20	01:19:46	W 20	9	00:00:00
172	827	Öchsner, Klaus	Kraichgau Triathlon eV/T	00:14:34	00:37:56	00:27:20	01:19:50	M 55	18	00:00:00
173	818	Schubert, Ulf	MLKG Dortmund	00:14:57	00:38:28	00:26:26	01:19:51	M 45	34	00:00:00
174	897	Plagge, Sven	ohne	00:16:03	00:39:06	00:24:43	01:19:52	M 35	13	00:00:00
175	718	Neuhaus, Helmut	W+F Münster	00:13:49	00:38:34	00:27:31	01:19:54	M 65	2	00:00:00
176	760	Sterthaus, Peter	Team Sterthaus				01:19:54	M 35	14	00:00:00
177	839	Ansmann, Luka	Emsdetten	00:13:10	00:41:28	00:25:21	01:19:59	M 20	11	00:00:00
178	665	Santel, Claudia	TuS Recke	00:14:21	00:40:38	00:25:04	01:20:03	W 35	5	00:00:00
179	669	Schrameyer , Anne	DJK Arminia Ibbenbüren	00:14:18	00:41:04	00:24:41	01:20:03	W 30	5	00:00:00
180	667	Schlüter, Kim	LG Emsdetten Tri-Team	00:11:22	00:43:18	00:25:25	01:20:05	W 20	10	00:00:00
181	808	Karper, Christian	----	00:11:28	00:40:16	00:28:22	01:20:06	M 30	12	00:00:00
182	774	Aulkemeier, Fabian	TV Gronau	00:13:34	00:40:38	00:25:59	01:20:11	M 35	15	00:00:00
183	692	Gude, Ralf	LG Rheine-Elte	00:13:18	00:41:38	00:25:21	01:20:17	M 45	35	00:00:00
184	735	rohling, christian	tv georgsmarienhütte	00:16:16	00:37:30	00:26:32	01:20:18	M 45	36	00:00:00
185	885	Mitschke, Mattihas		00:14:56	00:38:45	00:26:37	01:20:18	M 55	19	00:00:00
186	753	Penz, Sabine	TC 08 Münster	00:13:51	00:37:57	00:28:40	01:20:28	W 45	3	00:00:00
187	632	Hurcks , Christian	Der Elvis	00:14:10	00:37:57	00:28:30	01:20:37	M 40	17	00:00:00
188	730	Straohmann, Dirk	Marathon Ibbenbüren	00:15:32	00:40:14	00:24:53	01:20:39	M 40	18	00:00:00
189	630	Heukamp, Birgit	LG Emsdetten Tri-Team	00:14:01	00:40:38	00:26:10	01:20:49	W 50	6	00:00:00
190	673	Strauch, Ingo	SV Dickenberg	00:14:03	00:40:37	00:26:10	01:20:50	M 50	22	00:00:00
191	870	Schulte-Rosier, Anke	--	00:13:16	00:40:05	00:27:37	01:20:58	W 40	9	00:00:00
192	748	Londa, Andre	Tüchtig Tüchtig Rennen !!	00:15:52	00:39:53	00:25:19	01:21:04	M 35	16	00:00:00
193	601	Arlom, Reinhard	RSG Emsdetten	00:14:52	00:39:12	00:27:14	01:21:18	M 60	7	00:00:00
194	702	Perrevort, Jan-Gerd	TV Gronau	00:18:42	00:40:06	00:22:31	01:21:19	M 25	7	00:00:00
195	877	Willers, Thomas	SV Bad Laer	00:14:59	00:40:10	00:26:10	01:21:19	M 40	19	00:00:00
196	699	Schöppner, Ilka	Lauffreunde Emsland e.V.	00:13:19	00:41:18	00:26:48	01:21:25	W 45	4	00:00:00
197	721	Hagemann, Dieter	SC Hörstel	00:16:25	00:39:54	00:25:08	01:21:27	M 55	20	00:00:00
198	841	Schmidt, Ralf	privat	00:12:54	00:40:28	00:28:22	01:21:44	M 50	23	00:00:00
199	783	Brox, Paul	BROXINIES	00:15:32	00:39:37	00:26:43	01:21:52	M 55	21	00:00:00
200	737	Riemann, Tassilo	Team Friedensreiter	00:11:55	00:40:19	00:29:40	01:21:54	M 30	13	00:00:00

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Volksdistanz

Platz	St.Nr.	Name/Vorname	Verein	Schwim.	Rad	Laufen	Zeit	AK	Platz	Zeitstraf
201	810	Kleinhaus, Wolfgang	TV Langenberg	00:15:11	00:38:29	00:28:23	01:22:03	M 50	24	00:00:00
202	725	Stermann, Ina	Marathon Ibbenbüren	00:14:07	00:40:54	00:27:06	01:22:07	W 30	6	00:00:00
203	738	Brüggemann, Christoph	Warendorf	00:12:15	00:41:45	00:28:15	01:22:15	M 25	8	00:00:00
204	715	Uphoff, Johanna	Emsdetten	00:13:24	00:42:06	00:26:49	01:22:19	W 25	5	00:00:00
205	672	Stein, Marianne	TV Werne Wasserfreunde	00:14:29	00:43:38	00:24:12	01:22:19	W 55	3	00:00:00
206	838	Eing, Martin	Friesen Telgte Basketball	00:13:24	00:42:13	00:26:45	01:22:22	M 40	20	00:00:00
207	871	Mense, Andrea	Herzebrock	00:12:31	00:40:12	00:29:53	01:22:36	W 45	5	00:00:00
208	835	Hollstein, Nadine	ohne Verein	00:14:01	00:41:46	00:27:12	01:22:59	W 25	6	00:00:00
209	824	Busch, Hendrik	Ibbenbüren	00:17:03	00:40:28	00:25:42	01:23:13	M 35	17	00:00:00
210	834	Müller, Juliane	ohne	00:13:24	00:44:06	00:25:44	01:23:14	W 25	7	00:00:00
211	823	Welzel, Wolfgang	BSG Springorum Bochum	00:15:52	00:43:48	00:23:37	01:23:17	M 50	25	00:00:00
212	638	Kleine, Kevin	TUS Recke	00:15:32	00:39:52	00:28:06	01:23:30	M 20	12	00:00:00
213	647	Lippinkhoff, Jan	Vos Bikes Losser NL	00:16:09	00:39:07	00:28:18	01:23:34	M 60	8	00:00:00
214	775	Schwarze, Katharina	Rennende Rosinen	00:13:55	00:44:51	00:25:03	01:23:49	W 25	8	00:00:00
215	618	Dörr, Michael	Roadrunner	00:15:48	00:41:13	00:27:06	01:24:07	M 30	14	00:00:00
216	793	van Wieren, Gebhard	Lauftreff SV Olympia Uels	00:16:18	00:42:18	00:25:37	01:24:13	M 50	26	00:00:00
217	797	Verwold, Holger	Tria Schüttorf	00:14:16	00:42:34	00:27:46	01:24:36	M 50	27	00:00:00
218	788	Richter, Mareike	-	00:12:52	00:41:40	00:30:08	01:24:40	W 25	9	00:00:00
219	865	Stauvermann, Hubert	Lippetal	00:15:59	00:41:54	00:26:48	01:24:41	M 60	9	00:00:00
220	779	Damkowski , Bernd	Tria Schüttorf	00:15:55	00:41:51	00:26:56	01:24:42	M 55	22	00:00:00
221	860	Lorbiecki, Heiko	--	00:15:26	00:41:02	00:28:25	01:24:53	M 50	28	00:00:00
222	881	Sommerkamp, Reinhard		00:16:41	00:41:14	00:27:12	01:25:07	M 50	29	00:00:00
223	826	Negraszus, Norbert	Make Lauf Not War	00:18:01	00:39:43	00:27:34	01:25:18	M 50	30	00:00:00
224	858	Jansen, Guido	CVJM Veldhausen	00:14:51	00:43:33	00:27:22	01:25:46	M 30	15	00:00:00
225	867	Hartung, Elisabeth	Tri Finish Münster	00:14:29	00:42:11	00:29:22	01:26:02	W 35	6	00:00:00
226	663	Runde, Detlev	Marathon Ibbenbüren	00:18:44	00:43:18	00:24:01	01:26:03	M 65	3	00:00:00
227	678	Tumbrink, Edgar	Lauftreff Hohenholte	00:15:39	00:41:25	00:29:12	01:26:16	M 45	37	00:00:00
228	829	Möllmann, Werner	OSC Damme	00:17:56	00:42:56	00:25:26	01:26:18	M 60	10	00:00:00
229	806	Gerdes, Matthias	Marathon Steinfurt	00:22:59	00:39:11	00:24:17	01:26:27	M 45	38	00:00:00
230	727	Gronemann, Torsten	Marathon Ibbenbüren	00:15:24	00:42:47	00:28:22	01:26:33	M 45	39	00:00:00
231	659	Pappert, Christian	privat	00:13:57	00:44:27	00:28:37	01:27:01	M 35	18	00:00:00
232	813	Leugers, Norbert	Marathon Steinfurt	00:19:28	00:41:18	00:26:18	01:27:04	M 45	40	00:00:00
233	801	Blome, Timo	Team BraveStarr	00:12:34	00:44:09	00:30:45	01:27:28	M 30	16	00:00:00
234	706	Röttgermann , Marc	Münster Bears	00:16:06	00:42:26	00:29:01	01:27:33	M 30	17	00:00:00
235	770	Habersack, Tobias	Münster Bears	00:16:08	00:42:29	00:28:56	01:27:33	M 30	18	00:00:00
236	875	Fischer, Dagmar	SV Sigiltra Sögel	00:14:01	00:45:30	00:28:28	01:27:59	W 40	10	00:00:00
237	724	Jackson, Claire	Marathon Ibbenbüren	00:16:42	00:41:55	00:29:53	01:28:30	W 45	6	00:00:00
238	635	Jänecke, Julia	-	00:14:47	00:44:46	00:29:00	01:28:33	W 25	10	00:00:00
239	888	Schmit, Nora	SC Hörstel	00:15:18	00:45:14	00:28:03	01:28:35	W 20	11	00:00:00
240	887	Schmit, Alfons	SC Hörstel	00:16:16	00:44:21	00:27:58	01:28:35	M 55	23	00:00:00
241	644	Kuhn, Anke	SC Füchtorf	00:14:34	00:44:31	00:29:50	01:28:55	W 45	7	00:00:00
242	631	Huil, Bernd	SC Hörstel	00:18:20	00:42:01	00:28:59	01:29:20	M 60	11	00:00:00
243	611	Brewe, Monika	TV Georgsmarienhütte	00:16:41	00:43:11	00:29:34	01:29:26	W 45	8	00:00:00
244	688	Bednorz, Norbert	Fastnacht Schultenort Hör	00:16:37	00:43:06	00:30:24	01:30:07	M 60	12	00:00:00
245	696	Nick, Bettina	PV Triathlon Witten	00:17:02	00:46:45	00:26:26	01:30:13	W 50	7	00:00:00
246	820	Vieth, Daniela	VFL Lingen	00:16:46	00:42:35	00:30:53	01:30:14	W 30	7	00:00:00
247	685	Senger, Karsten	FC St. Pauli	00:15:44	00:44:09	00:30:46	01:30:39	M 35	19	00:00:00
248	821	Vorwerk, Christel	WSU Warendorf	00:19:42	00:41:01	00:30:42	01:31:25	W 50	8	00:00:00
249	847	Lehmann, Stefan	Teuto Riesenbeck	00:16:26	00:47:23	00:28:12	01:32:01	M 30	19	00:00:00
250	626	Grote, Heiko	Zumtobel Group	00:16:11	00:44:32	00:31:49	01:32:32	M 40	21	00:00:00

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Volksdistanz

Platz	St.Nr.	Name/Vorname	Verein	Schwim.	Rad	Laufen	Zeit	AK	Platz	Zeitstraf
251	666	Schäfer, Joachim	Ohne	00:17:57	00:42:32	00:32:06	01:32:35	M 60	13	00:00:00
252	671	Stegemann, Nadine	- - -	00:17:06	00:43:16	00:33:27	01:33:49	W 25	11	00:00:00
253	668	Schmidt-Stolze, Stefanie	SV Teuto Riesenbeck	00:14:29	00:43:53	00:35:35	01:33:57	W 45	9	00:00:00
254	614	Büchter, Mathias	Bevergern	00:19:58	00:45:41	00:28:36	01:34:15	M 25	9	00:00:00
255	868	Heuing, Meike	Marathon Ibbenbüren	00:14:45	00:47:44	00:32:43	01:35:12	W 30	8	00:00:00
256	790	Jürgens, Klaus-Dieter	RW Kirchhundem	00:16:37	00:46:22	00:32:27	01:35:26	M 75	1	00:00:00
257	766	Völkert, Tilman Guido	LSF Münster	00:19:02	00:46:00	00:31:14	01:36:16	M 30	20	00:00:00
258	722	Kottmann, Rolf	LG Kotti	00:25:07	00:44:30	00:27:10	01:36:47	M 55	24	00:00:00
259	786	Steinforth, Ewald	Obersteinbeck	00:18:16	00:46:52	00:33:42	01:38:50	M 55	25	00:00:00
260	904	Frerking, Helmut	ITEMS	00:18:06	00:48:49	00:32:06	01:39:01	M 45	41	00:00:00
261	639	Kluck, Thomas	Tri.-Köche-Team-OWL.de	00:15:46	00:43:42	00:39:57	01:39:25	M 45	42	00:00:00
262	717	Völkert, Hinz	LSF Münster	00:24:32	00:43:41	00:32:03	01:40:16	M 65	4	00:00:00
263	796	Knecht, Petra	Team Erdinger Alkoholfrei	00:18:12	00:48:38	00:35:10	01:42:00	W 40	11	00:00:00
264	832	Stemick, Judith	Ruderverein Münster von	00:14:38	00:48:50	00:39:15	01:42:43	W 30	9	00:00:00
265	831	Klug, Gilbert	ohne	00:19:52	00:47:33	00:42:13	01:49:38	M 55	26	00:00:00