

# 6. Ibbenbürener Klippenlauf

## Klippenlauf 24,7 Km

## Gesamtliste

| Platz | AK Platz | M/W | Jg | St.Nr | Name/Vorname             | Verein                          | AK.  | Brutto   | Netto    |
|-------|----------|-----|----|-------|--------------------------|---------------------------------|------|----------|----------|
| 1     | 1        | 1   | 82 | 1693  | Wagemaker, Simon         | SVA Salzbergen                  | M 35 | 01:32:43 | 01:32:42 |
| 2     | 1        | 2   | 69 | 2159  | Biehl, Marcus            | Laufladen Endspurt              | M 45 | 01:33:41 | 01:33:40 |
| 3     | 1        | 3   | 83 | 1648  | Titgemeyer , Markus      | TV Georgsmarienhütte            | M 30 | 01:35:19 | 01:35:18 |
| 4     | 2        | 4   | 84 | 1465  | Pugge, Daniel            | Power of Bacon                  | M 30 | 01:41:30 | 01:41:29 |
| 5     | 1        | 5   | 75 | 1718  | Wennemars, Erben         | Stokvisdennen                   | M 40 | 01:41:37 | 01:41:36 |
| 6     | 2        | 6   | 81 | 2140  | Bertolini, Gabriel       | Detmold                         | M 35 | 01:41:42 | 01:41:35 |
| 7     | 3        | 7   | 78 | 2286  | Brinkmann, Marc          | TRI OSC Osnabrück               | M 35 | 01:42:28 | 01:42:25 |
| 8     | 2        | 8   | 77 | 1316  | Lehmann, Achim           | SV Teuto Riesenbeck             | M 40 | 01:42:48 | 01:42:46 |
| 9     | 3        | 9   | 77 | 2208  | Böttick, Carsten         | LC Nordhorn                     | M 40 | 01:44:46 | 01:44:43 |
| 10    | 4        | 10  | 74 | 1773  | Vogt, Christian          | Jede Oma zählt                  | M 40 | 01:46:37 | 01:46:33 |
| 11    | 3        | 11  | 84 | 1684  | Voppen, Maik             | OLC '93                         | M 30 | 01:46:43 | 01:46:41 |
| 12    | 4        | 12  | 80 | 2417  | de Nie, Sandy            | LC Nordhorn                     | M 35 | 01:47:07 | 01:47:04 |
| 13    | 4        | 13  | 85 | 2395  | Busse, Eike              | Detmold                         | M 30 | 01:48:33 | 01:48:26 |
| 14    | 1        | 14  | 89 | 2481  | Diederich, Christian     | Teuto Runner                    | M HK | 01:48:43 | 01:48:41 |
| 15    | 5        | 15  | 73 | 1216  | Jäger, Jörg              | SV Teuto Riesenbeck             | M 40 | 01:49:03 | 01:48:59 |
| 16    | 1        | 16  | 64 | 1590  | Spreitz, Volker          | TSVE 1890 Bielefeld e.V.        | M 50 | 01:49:45 | 01:49:42 |
| 17    | 2        | 17  | 70 | 1235  | Kempf, Robert            | Rob Sports                      | M 45 | 01:51:12 | 01:51:07 |
| 18    | 6        | 18  | 75 | 1381  | Miethe, Frank            | SV Teuto Riesenbeck             | M 40 | 01:51:15 | 01:51:10 |
| 19    | 7        | 19  | 73 | 2166  | Bierbaum, Tino           | Jede Oma zählt                  | M 40 | 01:51:23 | 01:51:20 |
| 20    | 2        | 20  | 65 | 2056  | Bales, Stefan            | LSF Münster                     | M 50 | 01:51:32 | 01:51:28 |
| 21    | 8        | 21  | 77 | 1116  | Grube, Karsten           | Borgholzhausen                  | M 40 | 01:51:49 | 01:51:46 |
| 22    | 5        | 22  | 85 | 1230  | Kappelhoff, Christof     | Haltern am See                  | M 30 | 01:52:04 | 01:51:57 |
| 23    | 3        | 23  | 64 | 1387  | Möller, Marc             | Lauftreff Ganderkesee           | M 50 | 01:52:26 | 01:52:22 |
| 24    | 3        | 24  | 68 | 2555  | Dudek, Christian         | SC Altenrheine                  | M 45 | 01:52:29 | 01:52:12 |
| 25    | 5        | 25  | 80 | 2613  | Feldschnieders, Mark     | LC Nordhorn                     | M 35 | 01:53:11 | 01:53:09 |
| 26    | 9        | 26  | 76 | 1393  | Mühlencord, Malte        | W+F Münster                     | M 40 | 01:53:18 | 01:53:07 |
| 27    | 4        | 27  | 72 | 1210  | Hussmann, Christoph      | VfL Fröndenberg / Hussmann Prof | M 45 | 01:53:20 | 01:53:17 |
| 28    | 4        | 28  | 65 | 1445  | Penno, Hermann           | BEWI run                        | M 50 | 01:53:26 | 01:53:21 |
| 29    | 10       | 29  | 76 | 1599  | Steffen, Markus          | SV Eintracht Neuenkirchen       | M 40 | 01:53:49 | 01:53:45 |
| 30    | 2        | 30  | 92 | 1589  | Spisla, Dominik          | Sudbrack-Läufer Bielefeld       | M HK | 01:53:54 | 01:53:52 |
| 31    | 6        | 31  | 81 | 2483  | Diekenbrock, Timm        | SV Hullern 68                   | M 35 | 01:54:07 | 01:54:05 |
| 32    | 11       | 32  | 73 | 1578  | Siegbert, Michael        | Grün-Weiß Steinbeck             | M 40 | 01:54:11 | 01:54:06 |
| 33    | 6        | 33  | 86 | 1318  | Leifhelm, Michael        | Ostbevern                       | M 30 | 01:54:12 | 01:54:08 |
| 34    | 7        | 34  | 85 | 2368  | Buller, Dominik          | SG Teuto Handball               | M 30 | 01:54:13 | 01:53:52 |
| 35    | 5        | 35  | 70 | 2086  | Becks, Michael           | TV Friesen Telgte               | M 45 | 01:54:39 | 01:54:35 |
| 36    | 1        | 1   | 92 | 1610  | Straeten, Frederike Anne | LG Brillux Münster              | W HK | 01:54:40 | 01:54:37 |
| 37    | 12       | 36  | 74 | 1475  | Reichert, Christian      | Sudbrack-Läufer Bielefeld       | M 40 | 01:54:50 | 01:54:48 |
| 38    | 6        | 37  | 68 | 1619  | Stuckmann, Thomas        | TSVE 1890 Bielefeld             | M 45 | 01:55:00 | 01:54:32 |
| 39    | 5        | 38  | 67 | 1702  | Weber, Andreas           | TV Borken                       | M 50 | 01:55:16 | 01:54:57 |
| 40    | 8        | 39  | 86 | 1553  | Schulenberg, Andre       | VfR Voxtrup                     | M 30 | 01:55:20 | 01:55:02 |
| 41    | 9        | 40  | 83 | 1743  | Witteveen, Eduard        |                                 | M 30 | 01:55:24 | 01:55:22 |
| 42    | 7        | 41  | 78 | 1274  | Kramer, Nils             | VfR Voxtrup                     | M 35 | 01:55:35 | 01:55:21 |
| 43    | 1        | 2   | 78 | 1231  | Kappenberg, Jana         | LSF Münster                     | W 35 | 01:55:42 | 01:55:39 |
| 44    | 8        | 42  | 78 | 1119  | Gühlstorf, Gunnar        | VfR Voxtrup                     | M 35 | 01:55:53 | 01:55:34 |
| 45    | 9        | 43  | 81 | 1576  | Kriegs, Manuel           | Sports Place Münster            | M 35 | 01:55:57 | 01:55:50 |
| 46    | 10       | 44  | 87 | 1630  | Teller, Patrick          | TSG 07 Burg Gretesch            | M 30 | 01:56:13 | 01:55:56 |
| 47    | 10       | 45  | 80 | 1152  | Helmich, Jan             | Rheine                          | M 35 | 01:56:20 | 01:55:55 |
| 48    | 11       | 46  | 85 | 2630  | Gebhardt, Jens           | Oerlinghausen                   | M 30 | 01:56:21 | 01:56:14 |
| 49    | 13       | 47  | 75 | 1604  | Lagemann, Maik           | LG Emsdetten                    | M 40 | 01:56:40 | 01:56:29 |

| Platz | AK Platz | M/W | Jg | St.Nr | Name/Vorname          | Verein                            | AK.  | Brutto   | Netto    |
|-------|----------|-----|----|-------|-----------------------|-----------------------------------|------|----------|----------|
| 50    | 6        | 48  | 66 | 1993  | Becker, Detlef        | Rennschweine Greffen              | M 50 | 01:56:48 | 01:56:43 |
| 51    | 3        | 49  | 89 | 1234  | Kedziora, Dennis      | VfR Voxtrup                       | M HK | 01:56:53 | 01:56:37 |
| 52    | 1        | 50  | 57 | 1298  | Küpker, Heinz         | BSG Kraftwerke Lingen             | M 60 | 01:57:00 | 01:56:55 |
| 53    | 7        | 51  | 70 | 1157  | Herbert , Stephan     | Marathon Steinfurt                | M 45 | 01:57:08 | 01:57:00 |
| 54    | 8        | 52  | 72 | 1651  | Tormöhlen , Jörn      | Ibbenbüren                        | M 45 | 01:57:09 | 01:56:57 |
| 55    | 9        | 53  | 68 | 2510  | Dijkslag, Gerrit      | AVA70                             | M 45 | 01:57:25 | 01:57:19 |
| 56    | 10       | 54  | 68 | 1681  | Voltz, Stefan         | VfR Voxtrup                       | M 45 | 01:57:43 | 01:57:24 |
| 57    | 11       | 55  | 69 | 2358  | Brüseke, Andreas      | TV Hohne                          | M 45 | 01:57:52 | 01:57:49 |
| 58    | 11       | 56  | 78 | 1671  | Veldboer, Robin       | OLC '93                           | M 35 | 01:58:19 | 01:58:17 |
| 59    | 12       | 57  | 68 | 1744  | Woeltjes, Denis       | AVA70                             | M 45 | 01:58:25 | 01:58:20 |
| 60    | 14       | 58  | 74 | 1217  | Janzen, Berthold      | SG Welper Triathlon               | M 40 | 01:58:28 | 01:58:19 |
| 61    | 7        | 59  | 67 | 1425  | Oestmann, Robert      | Lauftreff Ganderkesee             | M 50 | 01:58:31 | 01:58:26 |
| 62    | 12       | 60  | 81 | 2057  | Bärenfänger, Bastian  | Düsseldorf                        | M 35 | 01:58:33 | 01:58:22 |
| 63    | 12       | 61  | 84 | 1348  | Lüttkemöller , Daniel | LG Emsdetten                      | M 30 | 01:58:50 | 01:58:44 |
| 64    | 13       | 62  | 71 | 1183  | Hoffmann, Kai         | TC Grün-Weiß Mesum                | M 45 | 01:58:51 | 01:58:39 |
| 65    | 15       | 63  | 75 | 1727  | Wesselmann, Ansgar    | Grün-Weiß Steinbeck               | M 40 | 01:58:56 | 01:58:41 |
| 66    | 4        | 64  | 89 | 2566  | Dyllong, Thomas       | Bielefeld                         | M HK | 01:59:00 | 01:58:36 |
| 67    | 13       | 65  | 82 | 1128  | Hackmann, Armin       | Jede Oma zählt                    | M 35 | 01:59:02 | 01:58:35 |
| 68    | 14       | 66  | 72 | 1532  | Schmeink, Stefan      | Mercedes Herbrand                 | M 45 | 01:59:08 | 01:59:01 |
| 69    | 15       | 67  | 68 | 2618  | Frankenberg, Richard  | TV Georgsmarienhütte              | M 45 | 01:59:15 | 01:58:52 |
| 70    | 13       | 68  | 86 | 1360  | Szardenings, Carsten  |                                   | M 30 | 01:59:16 | 01:58:53 |
| 71    | 16       | 69  | 73 | 1153  | Hemesath, Jürgen      | LG Emsdetten                      | M 40 | 01:59:24 | 01:59:18 |
| 72    | 2        | 70  | 55 | 1466  | Purk, Eugen           | Laufsport Senden                  | M 60 | 01:59:31 | 01:59:27 |
| 73    | 14       | 71  | 83 | 1435  | Paetzke, Sebastian    | SV Teuto Riesenbeck               | M 30 | 01:59:37 | 01:59:33 |
| 74    | 3        | 72  | 57 | 2137  | Berndstrotmann, Karl  | SuS Olfen                         | M 60 | 02:00:04 | 01:59:58 |
| 75    | 16       | 73  | 70 | 2340  | Brunsfeld, Harald     | Flecken Lauenau/Deister           | M 45 | 02:00:06 | 01:59:17 |
| 76    | 17       | 74  | 77 | 1447  | Peters, Frank         | SV Teuto Riesenbeck               | M 40 | 02:00:14 | 02:00:02 |
| 77    | 14       | 75  | 80 | 1672  | Veldboer, Dirk        | Teuto Runner                      | M 35 | 02:00:19 | 01:59:15 |
| 78    | 17       | 76  | 72 | 1103  | Görlich, Reiner       | TV Hohne                          | M 45 | 02:00:24 | 02:00:20 |
| 79    | 8        | 77  | 67 | 1717  | Wendker, Thomas       | BSV Ostbevern                     | M 50 | 02:00:26 | 02:00:08 |
| 80    | 15       | 78  | 81 | 1260  | Kokkelink, Marc       | OLC 93                            | M 35 | 02:00:38 | 02:00:35 |
| 81    | 18       | 79  | 72 | 1280  | Kreling, Thomas       | Hörstel                           | M 45 | 02:01:03 | 02:00:43 |
| 82    | 15       | 80  | 84 | 1275  | Krampe, Sebastian     | WSU Tri-Team Warendorf            | M 30 | 02:01:11 | 02:01:07 |
| 83    | 9        | 81  | 64 | 1319  | Leißing, Andreas      | LSF Münster                       | M 50 | 02:01:12 | 02:00:45 |
| 84    | 16       | 82  | 79 | 1295  | Brandt, Sebastian     | W&H Laufgruppe                    | M 35 | 02:01:24 | 02:00:56 |
| 85    | 10       | 83  | 63 | 1252  | Kleine, Johannes      | Marathon Ibbenbüren               | M 50 | 02:01:34 | 02:01:30 |
| 86    | 11       | 84  | 67 | 1548  | Schrant, Jürgen       | SV Bokeloh                        | M 50 | 02:01:45 | 02:01:32 |
| 87    | 19       | 85  | 70 | 2264  | Brink, Jan            | SV Cosmos Getelo                  | M 45 | 02:01:54 | 02:01:43 |
| 88    | 12       | 86  | 64 | 2591  | Elstrodt, Dieter      | TV Mettingen                      | M 50 | 02:01:55 | 02:01:41 |
| 89    | 20       | 87  | 68 | 1180  | Hintemann, Andreas    | SuS Stadtlohn                     | M 45 | 02:02:12 | 02:02:07 |
| 90    | 21       | 88  | 72 | 1311  | Latocha, Marek        | Jede Oma zählt                    | M 45 | 02:02:34 | 02:02:25 |
| 91    | 16       | 89  | 83 | 1368  | Menger, Frank         | Ibbenbüren                        | M 30 | 02:02:37 | 02:02:16 |
| 92    | 1        | 90  | 60 | 1391  | Moritz, Ernst Günther | Hannover Athletics                | M 55 | 02:02:45 | 02:02:41 |
| 93    | 22       | 91  | 69 | 1219  | Jeremies, Wolfgang    | eat my dust, meppen               | M 45 | 02:02:47 | 02:02:39 |
| 94    | 17       | 92  | 84 | 1508  | Sandherm, Christian   | Hannover                          | M 30 | 02:02:49 | 02:02:40 |
| 95    | 13       | 93  | 67 | 2619  | Frenzel, Volker       | Melle                             | M 50 | 02:02:49 | 02:02:38 |
| 96    | 17       | 94  | 82 | 2215  | Brandt, Jens          | Team Schnibu                      | M 35 | 02:03:03 | 02:02:49 |
| 97    | 18       | 95  | 83 | 1473  | Störchel, Peter       |                                   | M 30 | 02:03:04 | 02:02:49 |
| 98    | 2        | 96  | 59 | 1579  | Siegel, Norbert       | Laufsport Senden                  | M 55 | 02:03:06 | 02:02:59 |
| 99    | 18       | 97  | 73 | 1538  | Schmidt , Frank       |                                   | M 40 | 02:03:16 | 02:03:01 |
| 100   | 19       | 98  | 74 | 2624  | FROHNE, Marko         | Sportler 4 a childrens world e.V. | M 40 | 02:03:39 | 02:03:33 |
| 101   | 14       | 99  | 66 | 1739  | Wille, Thomas         | LG Emsdetten                      | M 50 | 02:03:48 | 02:03:34 |

| Platz | AK Platz | M/W | Jg | St.Nr | Name/Vorname             | Verein                       | AK.  | Brutto   | Netto    |
|-------|----------|-----|----|-------|--------------------------|------------------------------|------|----------|----------|
| 102   | 15       | 100 | 67 | 1699  | Wargers, Martin          | FC Stella Bevergern          | M 50 | 02:03:56 | 02:03:40 |
| 103   | 23       | 101 | 72 | 1709  | Wehmeyer, Ralf           | SV Uffeln                    | M 45 | 02:04:27 | 02:04:05 |
| 104   | 20       | 102 | 73 | 2102  | Bentlin, Mario           | Jede Oma zählt               | M 40 | 02:04:51 | 02:04:44 |
| 105   | 24       | 103 | 71 | 1482  | Respondek, Oliver        | Laufftreff Ganderkesee       | M 45 | 02:05:04 | 02:04:59 |
| 106   | 3        | 104 | 62 | 1722  | Woltring, Stefan         | SVC Laggenbeck               | M 55 | 02:05:15 | 02:05:04 |
| 107   | 4        | 105 | 62 | 1302  | Finkeldey, Detlef        | SUDBRACK-Läufer Bielefeld    | M 55 | 02:05:17 | 02:04:52 |
| 108   | 25       | 106 | 70 | 2061  | Bartkowski, Markus       | SUS Phönix Bielefeld         | M 45 | 02:05:19 | 02:04:50 |
| 109   | 18       | 107 | 80 | 1281  | Kretschmann, Johannes    | SV Stuttgart Rot             | M 35 | 02:05:37 | 02:05:15 |
| 110   | 19       | 108 | 80 | 2191  | Bolay, Christian         | SV Stuttgart Rot             | M 35 | 02:05:37 | 02:05:14 |
| 111   | 16       | 109 | 64 | 2420  | de Rouw, Ronald          | Haaksbergen                  | M 50 | 02:05:38 | 02:05:26 |
| 112   | 26       | 110 | 68 | 1228  | Kallenbach, Joachim      | LV Oelde                     | M 45 | 02:05:56 | 02:05:46 |
| 113   | 17       | 111 | 65 | 1442  | Pechler, Edward          | Loopgroep Bedum              | M 50 | 02:06:22 | 02:06:10 |
| 114   | 5        | 112 | 62 | 1412  | Landwehr, Ulrich         | OSC-LKG                      | M 55 | 02:06:23 | 02:06:00 |
| 115   | 27       | 113 | 70 | 2639  | Giesecke, Jürgen         | SV-Dickenberg                | M 45 | 02:06:39 | 02:06:30 |
| 116   | 28       | 114 | 69 | 1286  | Kröger, Benfried         | SuS Legden                   | M 45 | 02:06:41 | 02:05:56 |
| 117   | 6        | 115 | 61 | 1347  | Lütkemeyer, Paul         | SV Teuto Riesenbeck          | M 55 | 02:06:41 | 02:06:22 |
| 118   | 19       | 116 | 87 | 1146  | Heider, Sebastian        |                              | M 30 | 02:06:46 | 02:06:39 |
| 119   | 20       | 117 | 83 | 1440  | Paul, Niestroj           | Tsve Bielefeld               | M 30 | 02:06:58 | 02:06:31 |
| 120   | 18       | 118 | 64 | 1752  | Maag, Theodor            | Grün-Weiß Steinbeck          | M 50 | 02:07:05 | 02:06:49 |
| 121   | 29       | 119 | 68 | 2149  | Beugholt, Thorsten       | LG Oerlinghausen             | M 45 | 02:07:06 | 02:07:00 |
| 122   | 30       | 120 | 70 | 1106  | Gövert, Norbert          | SuS Olfen                    | M 45 | 02:07:20 | 02:06:53 |
| 123   | 2        | 3   | 82 | 1653  | Tritschoks-Wahle, Svenja | Minden                       | W 35 | 02:07:24 | 02:07:02 |
| 124   | 19       | 121 | 67 | 1701  | Warner, Michael          | BSG Sparkasse Osnabrück      | M 50 | 02:07:29 | 02:07:06 |
| 125   | 20       | 122 | 82 | 1105  | Götten, Michael          | Team Erdinger Alkoholfrei    | M 35 | 02:07:32 | 02:07:14 |
| 126   | 3        | 4   | 78 | 1758  | Queren, Steffi           | OSC                          | W 35 | 02:07:35 | 02:07:22 |
| 127   | 31       | 123 | 72 | 1528  | Schleinhege, Thorsten    | Rsc Papenburg                | M 45 | 02:07:35 | 02:07:30 |
| 128   | 5        | 124 | 89 | 1471  | Reckers, Marius          | DURCHGEPEITSCHT.             | M HK | 02:07:40 | 02:07:23 |
| 129   | 21       | 125 | 76 | 2612  | Feige, Matthias          | LG Marienfeld                | M 40 | 02:07:42 | 02:07:16 |
| 130   | 20       | 126 | 67 | 1265  | Kordsmeyer, Michael      | Stella Bevergern             | M 50 | 02:07:42 | 02:07:28 |
| 131   | 32       | 127 | 72 | 1406  | Neuwald, Dirk            | Ibbenbüren                   | M 45 | 02:07:49 | 02:07:33 |
| 132   | 33       | 128 | 68 | 1765  | Borgmann, Mirco          | TV Friesen Telgte            | M 45 | 02:08:09 | 02:07:38 |
| 133   | 21       | 129 | 85 | 1420  | Nordemann, Frank         | Osnabrück                    | M 30 | 02:08:44 | 02:08:35 |
| 134   | 34       | 130 | 72 | 1385  | Mochalski, Dirk          | Umschweife                   | M 45 | 02:08:45 | 02:08:07 |
| 135   | 21       | 131 | 66 | 1372  | Mergelmeyer, Hans-Bernd  | TuS Borgloh                  | M 50 | 02:08:46 | 02:08:21 |
| 136   | 1        | 5   | 75 | 1476  | Reichert, Susanne        | Sudbrack-Läufer Bielefeld    | W 40 | 02:09:01 | 02:08:57 |
| 137   | 22       | 132 | 66 | 1204  | Hufenreuter, Albert      | Lufthansa BSV Hamburg        | M 50 | 02:09:08 | 02:08:57 |
| 138   | 35       | 133 | 68 | 1546  | Schossig, Hagen          | SC Altenrheine               | M 45 | 02:09:18 | 02:08:58 |
| 139   | 7        | 134 | 62 | 1200  | Hovest, Ludger           | Laufftreff Ostbevern         | M 55 | 02:09:30 | 02:09:05 |
| 140   | 36       | 135 | 68 | 1503  | Rutledge, Kai            | TV Deilinghofen              | M 45 | 02:09:40 | 02:09:11 |
| 141   | 23       | 136 | 67 | 1556  | Schulte, Werner          | Zoofreunde Kopenhagen        | M 50 | 02:09:42 | 02:09:28 |
| 142   | 24       | 137 | 66 | 2163  | Bien, Rainer             | SV Teuto Riesenbeck          | M 50 | 02:09:48 | 02:09:32 |
| 143   | 37       | 138 | 69 | 1251  | Kleffmann, Bernd         | Rennschweine Greffen         | M 45 | 02:09:50 | 02:09:46 |
| 144   | 22       | 139 | 83 | 1469  | Rasmußen, Jörn           | Tri Ducks Dorsten            | M 30 | 02:10:01 | 02:09:19 |
| 145   | 21       | 140 | 81 | 1367  | Menger, Andre            | BSG KSK Steinfurt            | M 35 | 02:10:12 | 02:09:53 |
| 146   | 8        | 141 | 62 | 1140  | Häusler, Ralf            | LiVe- Laufftreff in Versmold | M 55 | 02:10:19 | 02:09:30 |
| 147   | 4        | 142 | 57 | 1706  | Wegener, Rainer          | Hattinger Hügelläufer        | M 60 | 02:10:21 | 02:10:18 |
| 148   | 23       | 143 | 84 | 1603  | Stermann, Benjamin       | Crespel & Deiters            | M 30 | 02:10:27 | 02:09:42 |
| 149   | 25       | 144 | 65 | 1732  | Wichers, Jan Albert      | Stokvisdennen                | M 50 | 02:10:28 | 02:10:26 |
| 150   | 22       | 145 | 82 | 1755  | Zobel, Christian         | Münster                      | M 35 | 02:10:29 | 02:09:42 |
| 151   | 23       | 146 | 82 | 1277  | Zöllner, Marcel          | LT Bittermark                | M 35 | 02:10:45 | 02:10:35 |
| 152   | 26       | 147 | 64 | 1276  | Jug, Toni                | VFL Ahaus                    | M 50 | 02:10:46 | 02:10:36 |
| 153   | 22       | 148 | 76 | 1184  | Höflich, Tobias          | SV Cheruskia Laggenbeck      | M 40 | 02:10:49 | 02:10:43 |

| Platz | AK Platz | M/W | Jg | St.Nr | Name/Vorname          | Verein                  | AK.   | Brutto   | Netto    |
|-------|----------|-----|----|-------|-----------------------|-------------------------|-------|----------|----------|
| 154   | 24       | 149 | 78 | 2386  | Büscher, Christoph    | SV Teuto Riesenbeck     | M 35  | 02:11:03 | 02:10:48 |
| 155   | 25       | 150 | 79 | 1497  | Rücker, Jens          | TV Hohne                | M 35  | 02:11:07 | 02:11:03 |
| 156   | 26       | 151 | 80 | 2083  | Beckhaus, Thomas      | Legden                  | M 35  | 02:11:13 | 02:11:05 |
| 157   | 27       | 152 | 65 | 2573  | Eder, Thomas          | TLV Rünthe              | M 50  | 02:11:15 | 02:10:54 |
| 158   | 9        | 153 | 61 | 2508  | Herbers, Andreas      | SVA Salzbergen          | M 55  | 02:11:17 | 02:10:48 |
| 159   | 38       | 154 | 70 | 1580  | Skubschewski, Ralf    | Laufsport Senden        | M 45  | 02:11:26 | 02:11:22 |
| 160   | 23       | 155 | 75 | 1223  | Kaczmarczyk, Leo      | Bad Essen               | M 40  | 02:11:29 | 02:11:17 |
| 161   | 24       | 156 | 87 | 1224  | Kahle, Jan            | Altenlingen             | M 30  | 02:11:29 | 02:11:17 |
| 162   | 6        | 157 | 92 | 1451  | Pieper, Dennis        | LG Emsdetten            | M HK  | 02:11:30 | 02:11:12 |
| 163   | 7        | 158 | 88 | 1354  | Berghaus, Jürgen      | Tri Team Steinfurt      | M HK  | 02:11:30 | 02:10:59 |
| 164   | 1        | 6   | 70 | 1494  | Romberg, Petra        | SC Altenrheine          | W 45  | 02:11:36 | 02:11:18 |
| 165   | 10       | 159 | 61 | 1237  | Kemptner, Thomas      | Lauftreff Wilhelmshaven | M 55  | 02:11:40 | 02:10:59 |
| 166   | 28       | 160 | 63 | 1612  | Hövel, Helmut         | SV Teuto Riesenbeck     | M 50  | 02:11:43 | 02:11:25 |
| 167   | 1        | 7   | 64 | 1700  | Warner, Stephanie     | Laufsport Senden        | W 50  | 02:11:47 | 02:11:44 |
| 168   | 27       | 161 | 81 | 2523  | Dobrzinski, Sebastian | SC Altenrheine          | M 35  | 02:11:54 | 02:11:35 |
| 169   | 39       | 162 | 69 | 1257  | Knecht, Karsten       | Erdinger Alkoholfrei    | M 45  | 02:11:56 | 02:11:02 |
| 170   | 40       | 163 | 71 | 2111  | Farwick, Andreas      | TV Georgsmarienhütte    | M 45  | 02:12:04 | 02:11:56 |
| 171   | 24       | 164 | 73 | 1344  | Luten, Erik           | Runners Stadskanaal     | M 40  | 02:12:14 | 02:11:29 |
| 172   | 28       | 165 | 79 | 1624  | Szameitat, Wolfgang   | Jede Oma zählt          | M 35  | 02:12:20 | 02:12:12 |
| 173   | 29       | 166 | 79 | 2616  | Jung, David           | VfR Voxtrup             | M 35  | 02:12:21 | 02:11:49 |
| 174   | 30       | 167 | 82 | 1595  | Stauff, Andreas       | VfR Voxtrup             | M 35  | 02:12:21 | 02:11:49 |
| 175   | 41       | 168 | 68 | 1195  | Hoppe, Ulrich         | SC Falke Saerbeck       | M 45  | 02:12:22 | 02:11:48 |
| 176   | 42       | 169 | 71 | 2063  | Heidl, Stefan         | Marathon Steinfurt      | M 45  | 02:12:25 | 02:11:55 |
| 177   | 31       | 170 | 79 | 2576  | eertman, bas          | ootmarsum               | M 35  | 02:12:26 | 02:12:23 |
| 178   | 2        | 8   | 72 | 1371  | Mergelmeyer, Britta   | TuS Borgloh             | W 45  | 02:12:32 | 02:12:08 |
| 179   | 25       | 171 | 74 | 1245  | Kisse, Stefan         | LG Marienfeld           | M 40  | 02:12:32 | 02:12:00 |
| 180   | 32       | 172 | 80 | 2312  | Brockmann, Benedikt   | LC Solbad Ravensberg    | M 35  | 02:12:39 | 02:11:58 |
| 181   | 11       | 173 | 61 | 1352  | Mann, Klaus           | Billerbecker Läufer     | M 55  | 02:12:42 | 02:12:23 |
| 182   | 1        | 9   | 87 | 2022  | Althoff, Kirsten      | FoKuS Selm              | W 30  | 02:12:57 | 02:12:06 |
| 183   | 33       | 174 | 78 | 1329  | Löchte, Volker        | Teuto Runner            | M 35  | 02:12:59 | 02:12:04 |
| 184   | 25       | 175 | 85 | 2623  | Freitag, Ronaldo      | Teuto Runner            | M 30  | 02:12:59 | 02:12:01 |
| 185   | 12       | 176 | 59 | 1647  | Timmerhuis, Henri     | Sisu Almelo             | M 55  | 02:13:05 | 02:12:33 |
| 186   | 5        | 177 | 55 | 1577  | Siedler, Wolfgang     | asg weitwärts           | M 60  | 02:13:08 | 02:12:51 |
| 187   | 29       | 178 | 64 | 1222  | Just, Roland          | Marathon Raesfeld       | M 50  | 02:13:23 | 02:13:16 |
| 188   | 1        | 179 | 97 | 2403  | Daßmann, Malte        | Feuerwehr Ibbenbüren    | M U23 | 02:13:43 | 02:13:32 |
| 189   | 43       | 180 | 69 | 1645  | Tietz, Udo            | SV Bokeloh              | M 45  | 02:13:45 | 02:13:22 |
| 190   | 26       | 181 | 86 | 2076  | Beckhaus, Stefan      | MFG Legden              | M 30  | 02:13:45 | 02:13:36 |
| 191   | 34       | 182 | 82 | 2150  | Bewermeier, Sebastian | LC Wiedenbrück          | M 35  | 02:13:49 | 02:13:39 |
| 192   | 13       | 183 | 59 | 1488  | Riemeyer, Günter      | Emden LG                | M 55  | 02:13:50 | 02:13:21 |
| 193   | 44       | 184 | 70 | 2214  | Bramlage, Clemens     | Arminia Rechterfeld     | M 45  | 02:13:56 | 02:12:59 |
| 194   | 1        | 10  | 61 | 1479  | Herrmann, Beate       | TuS Altenberge 09       | W 55  | 02:13:56 | 02:13:14 |
| 195   | 2        | 11  | 63 | 1264  | König, Ingrid         | SC Altenrheine          | W 50  | 02:14:05 | 02:13:49 |
| 196   | 2        | 12  | 87 | 1383  | Miller, Kimberly      | TSG 07 Burg Gretesch    | W 30  | 02:14:06 | 02:13:37 |
| 197   | 14       | 185 | 59 | 1965  | Albers, Werner        | LG Emsdetten            | M 55  | 02:14:19 | 02:14:04 |
| 198   | 15       | 186 | 59 | 1646  | Tillack, Hans         | LG Emsdetten            | M 55  | 02:14:19 | 02:14:02 |
| 199   | 30       | 187 | 64 | 1484  | Richter, Peter        | LG Oerlinghausen        | M 50  | 02:14:22 | 02:14:17 |
| 200   | 45       | 188 | 68 | 1248  | Klasing, Jürgen       | TV Mesum                | M 45  | 02:14:34 | 02:14:24 |
| 201   | 35       | 189 | 79 | 2634  | Geilmann, Ingo        | VeggieAthletes          | M 35  | 02:14:47 | 02:14:18 |
| 202   | 31       | 190 | 65 | 1661  | Uphoff, Peter         | SV Teuto Riesenbeck     | M 50  | 02:14:59 | 02:14:45 |
| 203   | 32       | 191 | 66 | 1362  | Mäuer, Udo            | SV-Dickenberg           | M 50  | 02:15:01 | 02:14:23 |
| 204   | 46       | 192 | 71 | 1380  | Miethe, Ralf          | TV Mesum                | M 45  | 02:15:01 | 02:14:50 |
| 205   | 47       | 193 | 70 | 1304  | Lammsfuß, Peter       |                         | M 45  | 02:15:10 | 02:14:45 |

| Platz | AK Platz | M/W | Jg | St.Nr | Name/Vorname             | Verein                             | AK.  | Brutto   | Netto    |
|-------|----------|-----|----|-------|--------------------------|------------------------------------|------|----------|----------|
| 206   | 8        | 194 | 89 | 2398  | Bussmann, Manuel         | Utrecht                            | M HK | 02:15:27 | 02:14:46 |
| 207   | 16       | 195 | 59 | 2084  | Beckmann, Stefan         | TV Borken                          | M 55 | 02:15:39 | 02:15:17 |
| 208   | 3        | 13  | 63 | 1236  | Kempkes, Christiane      | TV Borken                          | W 50 | 02:15:40 | 02:15:20 |
| 209   | 9        | 196 | 91 | 2099  | Benneker, Guus           | Rotterdam runner                   | M HK | 02:15:44 | 02:15:07 |
| 210   | 33       | 197 | 67 | 1131  | Haeske, Volker           | SuS Olfen                          | M 50 | 02:16:02 | 02:15:22 |
| 211   | 48       | 198 | 68 | 1680  | Voigt, Hartmut           | TV Georgsmarienhütte               | M 45 | 02:16:02 | 02:15:40 |
| 212   | 10       | 199 | 88 | 1631  | Temme, Eike              | freeXactive                        | M HK | 02:16:28 | 02:16:00 |
| 213   | 49       | 200 | 72 | 1478  | Reimelt, Thomas          | Stella Bevergern                   | M 45 | 02:16:42 | 02:16:30 |
| 214   | 50       | 201 | 71 | 2385  | Busboom, wilfried        | Jümmelopers                        | M 45 | 02:16:42 | 02:15:59 |
| 215   | 36       | 202 | 78 | 2426  | Ahlers, Sascha           | LG Uplengen                        | M 35 | 02:16:46 | 02:15:58 |
| 216   | 2        | 14  | 93 | 2362  | Buff, Anna               | Active Sportshop Osnabrück         | W HK | 02:16:47 | 02:16:20 |
| 217   | 51       | 203 | 72 | 1335  | Löwer, Marcus            | SV Brackwede                       | M 45 | 02:16:49 | 02:16:36 |
| 218   | 3        | 15  | 71 | 1547  | Schrant, Heike           | SV Bokeloh                         | W 45 | 02:16:53 | 02:16:29 |
| 219   | 52       | 204 | 71 | 2323  | Bruder, Achim            | SV Teuto Riesenbeck                | M 45 | 02:17:02 | 02:16:38 |
| 220   | 4        | 16  | 71 | 1365  | Meier, Sandra            | Osnabruecker SC                    | W 45 | 02:17:06 | 02:15:57 |
| 221   | 11       | 205 | 90 | 1356  | Stöttner, Moritz         | SV Dickenberg                      | M HK | 02:17:09 | 02:16:42 |
| 222   | 53       | 206 | 69 | 2558  | Dulle, Norbert           | Jede Oma zählt                     | M 45 | 02:17:15 | 02:16:23 |
| 223   | 37       | 207 | 82 | 1313  | Laumann, Michael         | Greffen                            | M 35 | 02:17:16 | 02:16:02 |
| 224   | 54       | 208 | 69 | 1533  | Wüst, Christian          |                                    | M 45 | 02:17:19 | 02:16:48 |
| 225   | 34       | 209 | 67 | 2156  | Bieber, Andy             | Andymoni Team: Allroad             | M 50 | 02:17:19 | 02:16:38 |
| 226   | 12       | 210 | 92 | 1551  | Schröer, Alexander       | Riesenbeck                         | M HK | 02:17:21 | 02:16:13 |
| 227   | 38       | 211 | 80 | 2301  | Brischke, Marc           | Münster                            | M 35 | 02:17:34 | 02:16:27 |
| 228   | 26       | 212 | 76 | 1268  | Köster, Henning          | SV Rot-Weiß Sutthausen             | M 40 | 02:17:35 | 02:16:30 |
| 229   | 27       | 213 | 76 | 1187  | Holl, Stephan            |                                    | M 40 | 02:17:35 | 02:17:05 |
| 230   | 55       | 214 | 69 | 1537  | Schmidt, Bernd           | LG Oerlinghausen                   | M 45 | 02:17:37 | 02:17:29 |
| 231   | 28       | 215 | 73 | 2097  | Sommerkamp, Frank        | Grün Weiß-Steinbeck                | M 40 | 02:17:44 | 02:16:41 |
| 232   | 35       | 216 | 65 | 1559  | Schulze, Klaus           | LSF Oldenburg                      | M 50 | 02:17:48 | 02:16:58 |
| 233   | 29       | 217 | 73 | 1677  | Vieth, Markus            | Buebies                            | M 40 | 02:17:50 | 02:17:45 |
| 234   | 30       | 218 | 73 | 1208  | Humberg, Benedikt        | Lauftreff Hohenholte               | M 40 | 02:17:52 | 02:16:52 |
| 235   | 36       | 219 | 66 | 1756  | Zumdieck, Norbert        | LG Ems Warendorf                   | M 50 | 02:17:56 | 02:17:40 |
| 236   | 17       | 220 | 60 | 1501  | Rulff, Jörg              | SuS Olfen                          | M 55 | 02:17:56 | 02:17:13 |
| 237   | 56       | 221 | 69 | 1530  | Schlunke, Oliver         | Engelskirchen                      | M 45 | 02:17:59 | 02:17:23 |
| 238   | 13       | 222 | 88 | 1463  | Preckel, Dennis          | SUS Selbstläufer                   | M HK | 02:18:04 | 02:17:17 |
| 239   | 4        | 17  | 65 | 2106  | Berelsmann, Andrea       | TV Georgsmarienhütte               | W 50 | 02:18:16 | 02:17:52 |
| 240   | 1        | 223 | 50 | 1345  | Lütke Schelhowe, Hermann | DJK Dyckburg-Münster               | M 65 | 02:18:19 | 02:17:22 |
| 241   | 31       | 224 | 73 | 1632  | Temmen, Jürgen           | SVA Salzbergen                     | M 40 | 02:18:24 | 02:17:54 |
| 242   | 37       | 225 | 63 | 1570  | Schwerbrock, Dirk        | Run4Fun Greven e.V.                | M 50 | 02:18:27 | 02:17:05 |
| 243   | 18       | 226 | 58 | 1627  | Taylor, John             | LSF Münster                        | M 55 | 02:18:31 | 02:18:03 |
| 244   | 57       | 227 | 68 | 2042  | Bachmann, Volker         | Ibbenbüren                         | M 45 | 02:18:32 | 02:18:02 |
| 245   | 38       | 228 | 65 | 1382  | Mike, Sonntag            | MC-Pirate e.V.                     | M 50 | 02:18:46 | 02:17:43 |
| 246   | 58       | 229 | 69 | 1594  | Starr, Günther           | SC Melle 03                        | M 45 | 02:18:52 | 02:18:31 |
| 247   | 19       | 230 | 61 | 1339  | Lukas-Nülle, Uwe         | VfR Voxtrup Sportler 4 a childrens | M 55 | 02:19:01 | 02:18:39 |
| 248   | 39       | 231 | 64 | 1665  | van der Knaap, Erik      | SV Cosmos Getelo                   | M 50 | 02:19:04 | 02:18:53 |
| 249   | 39       | 232 | 82 | 1288  | Egbers, Christian        | SV Wietmarschen                    | M 35 | 02:19:05 | 02:18:32 |
| 250   | 32       | 233 | 73 | 1263  | Komischke, Michael       | Run4fun-Greven e.V.                | M 40 | 02:19:08 | 02:17:46 |
| 251   | 40       | 234 | 65 | 1656  | Uckelmann, Bernhard      | LG Marienfeld                      | M 50 | 02:19:08 | 02:18:35 |
| 252   | 40       | 235 | 80 | 1218  | Jelier, Adri             | Voorthuizen                        | M 35 | 02:19:09 | 02:18:30 |
| 253   | 59       | 236 | 68 | 1320  | Wallbaum, Heiner         | LippeRunners Werne e. V.           | M 45 | 02:19:13 | 02:18:21 |
| 254   | 20       | 237 | 62 | 1199  | Hövel, Walter            | SC Falke Saerbeck                  | M 55 | 02:19:13 | 02:18:38 |
| 255   | 60       | 238 | 70 | 1363  | Brathe, Georg            | Spiridon Haltern                   | M 45 | 02:19:13 | 02:18:21 |
| 256   | 61       | 239 | 70 | 1741  | Wilm, Konstantin         | SV Teuto Riesenbeck                | M 45 | 02:19:15 | 02:18:59 |
| 257   | 33       | 240 | 73 | 2632  | Geerds, Jörg             | TUS Neuenhaus                      | M 40 | 02:19:15 | 02:18:26 |

| Platz | AK Platz | M/W | Jg | St.Nr | Name/Vorname             | Verein                            | AK.     | Brutto   | Netto    |
|-------|----------|-----|----|-------|--------------------------|-----------------------------------|---------|----------|----------|
| 258   | 62       | 241 | 72 | 2209  | Braemer, Lars            | TV Jahn Walsrode                  | M 45    | 02:19:18 | 02:19:06 |
| 259   | 5        | 18  | 64 | 2290  | Brinkmann, Wilma         | TSVE 1890 Bielefeld               | W 50    | 02:19:21 | 02:18:59 |
| 260   | 27       | 242 | 85 | 1272  | Kraatz, Franz            |                                   | M 30    | 02:19:29 | 02:19:20 |
| 261   | 14       | 243 | 91 | 1751  | Zander, Michael          | freeXactive                       | M HK    | 02:19:30 | 02:19:04 |
| 262   | 34       | 244 | 77 | 2603  | Evers, Frank             | LG Coesfeld                       | M 40    | 02:19:35 | 02:18:52 |
| 263   | 35       | 245 | 73 | 1182  | Hoffmann, Carsten        | Laufen rund um Münster            | M 40    | 02:19:35 | 02:18:31 |
| 264   | 63       | 246 | 72 | 1190  | Höllmann, Stefan         | Lauftreff Olympia Uelsen          | M 45    | 02:19:44 | 02:19:08 |
| 265   | 6        | 19  | 66 | 2539  | Döking-Goerke, Moni      | Teuto Runner                      | W 50    | 02:19:47 | 02:18:43 |
| 266   | 5        | 20  | 68 | 1736  | Wiemer, Stefanie         | Sportler 4 a childrens world e.V. | W 45    | 02:19:48 | 02:19:10 |
| 267   | 36       | 247 | 73 | 1185  | Hoge, Tobias             | Hüggelflitzer                     | M 40    | 02:20:00 | 02:19:32 |
| 268   | 41       | 248 | 64 | 1713  | Welkener, Jürgen         | Just for fun                      | M 50    | 02:20:06 | 02:19:38 |
| 269   | 15       | 249 | 89 | 1225  | Kahlich, Joseph          | Northwood Runners                 | M HK    | 02:20:07 | 02:19:10 |
| 270   | 42       | 250 | 66 | 1474  | Reichelt, Volker         | Osnabrück                         | M 50    | 02:20:12 | 02:19:33 |
| 271   | 43       | 251 | 66 | 1682  | von Hagen, Uli           | TVE GREVEN TRIATHLON              | M 50    | 02:20:15 | 02:19:42 |
| 272   | 6        | 252 | 56 | 2112  | Berg, Martin             | Lauftreff Gremmendorf             | M 60    | 02:20:19 | 02:19:26 |
| 273   | 6        | 21  | 72 | 2130  | Berkath, Petra           | TV Jahn Walsrode                  | W 45    | 02:20:22 | 02:20:10 |
| 274   | 21       | 253 | 60 | 1586  | Spanier, Ekkehard        | Weyher Lauftreff                  | M 55    | 02:20:24 | 02:19:24 |
| 275   | 7        | 22  | 72 | 1426  | Oevermann, Ruth          | Bramscher Rumläufer               | W 45    | 02:20:27 | 02:19:55 |
| 276   | 41       | 254 | 78 | 2446  | Deuker, Guido            | SuS Legden                        | M 35    | 02:20:32 | 02:20:22 |
| 277   | 44       | 255 | 64 | 2152  | Bickendorf , Josef       | Running Friends Bedburg           | M 50    | 02:20:35 | 02:19:58 |
| 278   | 7        | 256 | 57 | 1622  | Suerland, Klaus          | Laufsport Senden                  | M 60    | 02:20:39 | 02:20:22 |
| 279   | 22       | 257 | 59 | 1491  | Niehoff, Hubertus        |                                   | M 55    | 02:20:50 | 02:20:06 |
| 280   | 45       | 258 | 64 | 1111  | Grimme, Harald           | LG Emsdetten                      | M 50    | 02:20:54 | 02:20:19 |
| 281   | 23       | 259 | 60 | 1136  | Hannink, Peter           | Wierden                           | M 55    | 02:20:54 | 02:20:22 |
| 282   | 46       | 260 | 67 | 1172  | Heuvelman, Bas           | Streu                             | M 50    | 02:20:54 | 02:20:14 |
| 283   | 24       | 261 | 60 | 1664  | van den Berg, Jürgen     | SV Teuto Riesenbeck               | M 55    | 02:20:59 | 02:20:43 |
| 284   | 25       | 262 | 59 | 1396  | Müller, Andreas          | SuS Olfen                         | M 55    | 02:20:59 | 02:19:52 |
| 285   | 64       | 263 | 71 | 1122  | Gutierrez-Canas, Ignacio | bremen                            | M 45    | 02:21:02 | 02:20:24 |
| 286   | 2        | 23  | 73 | 1108  | Grabau, Ilka             | LC Solbad Ravensberg              | W 40    | 02:21:04 | 02:20:19 |
| 287   | 47       | 264 | 63 | 1485  | Richter, Paul            | VFL Lingen                        | M 50    | 02:21:06 | 02:20:05 |
| 288   | 37       | 265 | 77 | 1470  | Rautenberg, Jens         | connectiv! #LaeuftBeiUns          | M 40    | 02:21:09 | 02:20:15 |
| 289   | 1        | 24  | 49 | 1197  | Horst, Hannelore         | TV Georgsmarienhütte              | W 65    | 02:21:12 | 02:20:36 |
| 290   | 48       | 266 | 66 | 2251  | Brink, Arend             | SCHON Union Emlichheim            | M 50    | 02:21:13 | 02:20:39 |
| 291   | 3        | 25  | 89 | 1733  | Schulenberg, Marion      | TUS Bramsche                      | W HK    | 02:21:26 | 02:20:57 |
| 292   | 3        | 26  | 83 | 1226  | Barlage, Susi            | aktive sportshop os               | W 30    | 02:21:26 | 02:20:58 |
| 293   | 65       | 267 | 69 | 2582  | Eichler, Thomas          | LG Oerlinghausen                  | M 45    | 02:21:37 | 02:21:30 |
| 294   | 49       | 268 | 67 | 2227  | Brege, Bernd             | LC Nordhorn                       | M 50    | 02:21:44 | 02:21:38 |
| 295   | 50       | 269 | 63 | 1762  | Beckers, Rainer          | Lc Wiedenbrück                    | M 50    | 02:21:52 | 02:21:22 |
| 296   | 26       | 270 | 61 | 1369  | Menzel, Jürgen           | Marathon Steinfurt                | M 55    | 02:22:03 | 02:21:48 |
| 297   | 8        | 27  | 70 | 1560  | Schumann, Moni           | Die VitaSol Krabbelgruppe         | W 45    | 02:22:06 | 02:21:16 |
| 298   | 42       | 271 | 79 | 1678  | Viße, Martin             | DJK Arminia Ibbenbüren            | M 35    | 02:22:11 | 02:21:46 |
| 299   | 38       | 272 | 76 | 1432  | Ottink, Mirco            | Schüttorf                         | M 40    | 02:22:18 | 02:21:02 |
| 300   | 1        | 273 | 0  | 1124  | Haagstra, Lj             | Sbn                               | M Jgd B | 02:22:23 | 02:22:02 |
| 301   | 27       | 274 | 59 | 1346  | Lütke Schute, Siegfried  | TuS Hilstrup                      | M 55    | 02:22:24 | 02:21:53 |
| 302   | 51       | 275 | 63 | 2039  | Aschern , Klaus          | RSC Visbek                        | M 50    | 02:22:28 | 02:21:30 |
| 303   | 28       | 276 | 61 | 1566  | Schwarz, Alfred          | Wildeshauser Lauftreff            | M 55    | 02:22:29 | 02:21:57 |
| 304   | 29       | 277 | 60 | 1509  | Sanner, Reinhard         | TV Georgsmarienhütte              | M 55    | 02:22:37 | 02:22:11 |
| 305   | 16       | 278 | 89 | 2374  | Bünder, Nils             | Osnabrück                         | M HK    | 02:22:37 | 02:22:28 |
| 306   | 2        | 279 | 49 | 2282  | Brinkhues, Bernd         | SC Altenrheine                    | M 65    | 02:22:38 | 02:22:20 |
| 307   | 3        | 280 | 50 | 1493  | Rolf, Ebbing             | Marathon Steinfurt                | M 65    | 02:22:41 | 02:22:28 |
| 308   | 66       | 281 | 72 | 1243  | Kipar, Mirco             | SV Gladbeck 13                    | M 45    | 02:22:45 | 02:21:56 |
| 309   | 4        | 28  | 78 | 1458  | Poppe, Claudia           | SVA Salzbergen                    | W 35    | 02:22:46 | 02:22:15 |

| Platz | AK Platz | M/W | Jg | St.Nr | Name/Vorname          | Verein                          | AK.  | Brutto   | Netto    |
|-------|----------|-----|----|-------|-----------------------|---------------------------------|------|----------|----------|
| 310   | 7        | 29  | 66 | 1328  | Linnemannstöns , Anja | LC Wiedenbrück                  | W 50 | 02:22:46 | 02:22:19 |
| 311   | 39       | 282 | 74 | 1748  | Wöste, Rolf           | Lauffreunde Emsland             | M 40 | 02:22:47 | 02:21:35 |
| 312   | 52       | 283 | 63 | 1388  | Möllers, Peter        | DJK Dyckburg Münster            | M 50 | 02:22:50 | 02:21:46 |
| 313   | 8        | 30  | 67 | 1725  | Wesseler, Anja        | LG Emsdetten                    | W 50 | 02:22:54 | 02:22:40 |
| 314   | 40       | 284 | 75 | 1593  | Standke, Martin       | Feuerwehr Borgholzhausen        | M 40 | 02:22:59 | 02:21:56 |
| 315   | 30       | 285 | 61 | 1392  | Muche, Rainer         |                                 | M 55 | 02:23:07 | 02:22:14 |
| 316   | 2        | 31  | 61 | 1409  | Niehaus, Hildegard    | Jede Oma zählt                  | W 55 | 02:23:12 | 02:22:05 |
| 317   | 53       | 286 | 67 | 1767  | Kahle, Jan            |                                 | M 50 | 02:23:18 | 02:22:41 |
| 318   | 3        | 32  | 60 | 2409  | de Buhr, Herta        | Fortuna Logabirum               | W 55 | 02:23:22 | 02:22:35 |
| 319   | 54       | 287 | 64 | 1634  | ter Fehr, Heino       | Fortuna Logabirum               | M 50 | 02:23:23 | 02:22:34 |
| 320   | 67       | 288 | 68 | 1303  | Lammers, Martin       | TV Lengerich                    | M 45 | 02:23:25 | 02:22:56 |
| 321   | 31       | 289 | 61 | 1117  | Grüger, Magnus        | LSF Münster                     | M 55 | 02:23:31 | 02:22:49 |
| 322   | 68       | 290 | 68 | 1143  | Hegemann, Bernd       | SG Gruner+Jahr e.V.             | M 45 | 02:23:34 | 02:23:10 |
| 323   | 55       | 291 | 63 | 1618  | Strototte, Martin     | LG Marienfeld                   | M 50 | 02:23:37 | 02:23:11 |
| 324   | 8        | 292 | 55 | 1698  | Wanstrath, Johannes   | Osnabrück                       | M 60 | 02:23:41 | 02:23:19 |
| 325   | 69       | 293 | 72 | 1168  | Hess, Rene            | tecRacer                        | M 45 | 02:23:41 | 02:23:05 |
| 326   | 70       | 294 | 70 | 1438  | Pante, Holger         | Crossout Outdoor Training       | M 45 | 02:23:46 | 02:23:36 |
| 327   | 56       | 295 | 67 | 1673  | Veltmaat, Frank       | LC Nordhorn                     | M 50 | 02:23:46 | 02:22:57 |
| 328   | 57       | 296 | 65 | 1113  | Wachsmann, Rainer     | Marathon Steinfurt              | M 50 | 02:23:47 | 02:23:04 |
| 329   | 58       | 297 | 63 | 1757  | Zwicker, Achim        |                                 | M 50 | 02:23:48 | 02:22:48 |
| 330   | 71       | 298 | 68 | 1644  | Tiemann, Andreas      | Marathon Steinfurt              | M 45 | 02:23:52 | 02:23:37 |
| 331   | 4        | 33  | 61 | 1461  | Potthoff, Doris       | LC Solbad Ravensberg            | W 55 | 02:23:57 | 02:23:11 |
| 332   | 59       | 299 | 66 | 1331  | Lohmann, Hubertus     | SuS Olfen                       | M 50 | 02:24:01 | 02:23:26 |
| 333   | 28       | 300 | 84 | 2583  | Elbers, Manuel        | ASC Osnabrück Tigers            | M 30 | 02:24:06 | 02:23:04 |
| 334   | 9        | 301 | 56 | 1249  | Klaus-Peter, Kastrup  | TSVE 1890 Bielefeld             | M 60 | 02:24:09 | 02:23:33 |
| 335   | 32       | 302 | 60 | 1132  | Hagemann, Dieter      | SC Hörstel                      | M 55 | 02:24:13 | 02:23:34 |
| 336   | 72       | 303 | 69 | 1323  | Lienesch, Dietmar     | Ibbenbüren                      | M 45 | 02:24:19 | 02:23:45 |
| 337   | 29       | 304 | 86 | 1123  | Güttler, Thorsten     | SV Teuto Riesenbeck             | M 30 | 02:24:36 | 02:24:17 |
| 338   | 73       | 305 | 69 | 1487  | Riehs, Sven           | Lg Thalheim                     | M 45 | 02:24:37 | 02:24:00 |
| 339   | 9        | 34  | 68 | 1614  | Streich, Stefanie     | TV Georgsmarienhütte            | W 45 | 02:24:38 | 02:24:10 |
| 340   | 60       | 306 | 65 | 1521  | Schemann, Michael     | TSVE 1890 Bielefeld             | M 50 | 02:24:45 | 02:24:05 |
| 341   | 74       | 307 | 70 | 1326  | Lindemann, Udo        | Hopsten                         | M 45 | 02:24:55 | 02:24:13 |
| 342   | 33       | 308 | 61 | 2465  | Diebecker, Sepp       | FC Schnittchenclub n.e.V.       | M 55 | 02:24:58 | 02:24:42 |
| 343   | 34       | 309 | 60 | 2528  | Dohe, Jürgen          |                                 | M 55 | 02:24:58 | 02:24:09 |
| 344   | 30       | 310 | 87 | 2467  | Diebecker, Jan        | FC Schnittchenclub n.e.V.       | M 30 | 02:24:58 | 02:24:43 |
| 345   | 17       | 311 | 93 | 1764  | Benzmann, Philip      |                                 | M HK | 02:24:59 | 02:23:58 |
| 346   | 75       | 312 | 69 | 1629  | Tegeger, Uwe          | SVA Salzbergen                  | M 45 | 02:25:10 | 02:24:40 |
| 347   | 61       | 313 | 66 | 1545  | Schoppe, Jürgen       | TV Mettingen                    | M 50 | 02:25:17 | 02:24:16 |
| 348   | 43       | 314 | 78 | 1247  | Klagge, Sven          | Münster                         | M 35 | 02:25:21 | 02:24:31 |
| 349   | 35       | 315 | 60 | 1688  | Vosskötter, Ralf      | FC Schütthorff 09 Laufabteilung | M 55 | 02:25:44 | 02:24:32 |
| 350   | 76       | 316 | 69 | 1376  | Mess, Herbert         | Sus Legden                      | M 45 | 02:25:46 | 02:25:03 |
| 351   | 62       | 317 | 67 | 1220  | Jürgens, Wolfgang     | Wildeshauser Lauftreff          | M 50 | 02:25:49 | 02:25:08 |
| 352   | 63       | 318 | 65 | 1641  | Theisges, Dirk        | TV Deilinghofen                 | M 50 | 02:25:56 | 02:25:25 |
| 353   | 77       | 319 | 72 | 1109  | Grammann, Markus      | Melle                           | M 45 | 02:25:59 | 02:25:20 |
| 354   | 64       | 320 | 65 | 2441  | Dettmer , Thorsten    | Leinerstift e.V.                | M 50 | 02:26:01 | 02:25:03 |
| 355   | 44       | 321 | 78 | 1285  | Kroboth, Daniel       | Hunteburger SV                  | M 35 | 02:26:09 | 02:25:06 |
| 356   | 65       | 322 | 64 | 1512  | Sauer, Wigand         | SuS Olfen                       | M 50 | 02:26:10 | 02:25:36 |
| 357   | 78       | 323 | 69 | 1636  | Terhorst, Dirk        | LG Emsdetten                    | M 45 | 02:26:11 | 02:26:00 |
| 358   | 18       | 324 | 94 | 1439  | Parkin, Dean          |                                 | M HK | 02:26:34 | 02:25:32 |
| 359   | 79       | 325 | 69 | 1628  | te Wildt, Michael     | SC Altenrheine                  | M 45 | 02:26:34 | 02:25:32 |
| 360   | 45       | 326 | 80 | 2173  | Blankemeyer, Bastian  | Marathon Ibbenbüren             | M 35 | 02:26:35 | 02:25:35 |
| 361   | 66       | 327 | 63 | 2017  | Althaus, Paul         | Hattinger Hügelläufer           | M 50 | 02:26:48 | 02:26:16 |

| Platz | AK Platz | M/W | Jg | St.Nr | Name/Vorname           | Verein                    | AK.  | Brutto   | Netto    |
|-------|----------|-----|----|-------|------------------------|---------------------------|------|----------|----------|
| 362   | 80       | 328 | 71 | 1194  | Hönerlage , Marc       | Teuto Runner              | M 45 | 02:26:58 | 02:25:59 |
| 363   | 81       | 329 | 72 | 2094  | Bell, Michael          | TV Mettingen              | M 45 | 02:27:02 | 02:25:46 |
| 364   | 67       | 330 | 67 | 2592  | Engemann, Dirk         | Witten                    | M 50 | 02:27:07 | 02:26:50 |
| 365   | 5        | 35  | 80 | 1158  | Herdemann , Tina       | Ibbenbüren                | W 35 | 02:27:08 | 02:26:54 |
| 366   | 68       | 331 | 66 | 1626  | Bootser, Eric          | LG Uplengen               | M 50 | 02:27:08 | 02:26:19 |
| 367   | 10       | 36  | 68 | 2245  | Bremer, Bettina        | LC Solbad Ravensberg      | W 45 | 02:27:08 | 02:26:38 |
| 368   | 4        | 332 | 51 | 1620  | Studt, Jochen          |                           | M 65 | 02:27:09 | 02:26:46 |
| 369   | 82       | 333 | 72 | 1178  | Hilmes, Carsten        | Lauffreunde Emsland       | M 45 | 02:27:16 | 02:26:08 |
| 370   | 69       | 334 | 66 | 2266  | Brink, Helmut          | Sv Bokeloh                | M 50 | 02:27:34 | 02:26:42 |
| 371   | 70       | 335 | 65 | 1403  | Neuhaus, Walter        | PC Telgte                 | M 50 | 02:27:35 | 02:26:39 |
| 372   | 71       | 336 | 65 | 1244  | Kippenbrock, Horst     | LG Emsdetten              | M 50 | 02:27:36 | 02:26:41 |
| 373   | 36       | 337 | 60 | 1761  | Heeke, Antonius        | Team Goethe               | M 55 | 02:27:42 | 02:26:29 |
| 374   | 46       | 338 | 81 | 1386  | Moldenhauer, Christian |                           | M 35 | 02:27:44 | 02:27:01 |
| 375   | 83       | 339 | 71 | 1543  | Schnieber, Karsten     | TVE Greven Triathlon      | M 45 | 02:27:45 | 02:27:12 |
| 376   | 72       | 340 | 64 | 1686  | Vossebeld, Eduard      | Holten NL                 | M 50 | 02:27:47 | 02:27:39 |
| 377   | 11       | 37  | 71 | 1407  | Nickholz, Simone       | LV Oelde                  | W 45 | 02:27:47 | 02:27:07 |
| 378   | 41       | 341 | 74 | 1246  | Kissel, Paul           | Feuerwehr BI-MT           | M 40 | 02:27:52 | 02:26:39 |
| 379   | 37       | 342 | 58 | 1201  | Höwer, Peter           | Tri Finish Münster        | M 55 | 02:27:52 | 02:26:38 |
| 380   | 84       | 343 | 70 | 2193  | Bonke, Heribert        | ETuS Rheine               | M 45 | 02:27:55 | 02:27:03 |
| 381   | 73       | 344 | 65 | 1096  | Glas, Maarten          | Runners Stadskanaal       | M 50 | 02:27:55 | 02:27:08 |
| 382   | 6        | 38  | 82 | 1437  | Panhorst, Simone       | LG Oerlinghausen          | W 35 | 02:27:55 | 02:27:49 |
| 383   | 74       | 345 | 67 | 1621  | Suelmann, Reinhard     | Osnabrück                 | M 50 | 02:27:55 | 02:26:38 |
| 384   | 7        | 39  | 80 | 1870  | Adrian, Kathrin        | NoseKäng                  | W 35 | 02:27:55 | 02:26:42 |
| 385   | 38       | 346 | 59 | 1633  | Tenberg, Helmut        | TV Mettingen              | M 55 | 02:27:55 | 02:26:52 |
| 386   | 39       | 347 | 62 | 1322  | Lienen, Dieter         | LG Oerlinghausen          | M 55 | 02:27:59 | 02:27:49 |
| 387   | 85       | 348 | 72 | 1330  | Löckemann, Markus      | LG Emsdetten              | M 45 | 02:27:59 | 02:27:47 |
| 388   | 42       | 349 | 74 | 2471  | Dieckerhoff, Stefan    | VfR Voxtrup               | M 40 | 02:28:12 | 02:27:39 |
| 389   | 12       | 40  | 68 | 1366  | Mellies, Susanne       | THC Westerkappeln         | W 45 | 02:28:15 | 02:27:35 |
| 390   | 86       | 350 | 69 | 1205  | Hülsmann, Jürgen       | RSC Visbek                | M 45 | 02:28:17 | 02:27:20 |
| 391   | 75       | 351 | 64 | 1206  | Hülsmann, Ralf         |                           | M 50 | 02:28:20 | 02:27:18 |
| 392   | 47       | 352 | 78 | 1233  | Kathrein, Carsten      | Münster                   | M 35 | 02:28:27 | 02:28:19 |
| 393   | 43       | 353 | 74 | 2272  | Brinker, Thorsten      | Ibbenbüren                | M 40 | 02:28:33 | 02:27:55 |
| 394   | 76       | 354 | 65 | 1705  | Weber, Bernd           | Verl                      | M 50 | 02:28:34 | 02:27:53 |
| 395   | 5        | 41  | 58 | 1266  | Körner-Downes, Monika  | TG Lage                   | W 55 | 02:28:35 | 02:28:22 |
| 396   | 77       | 355 | 65 | 2597  | Erken, Ferdinand       | LT Waldschleicher Lohne   | M 50 | 02:28:36 | 02:28:02 |
| 397   | 87       | 356 | 72 | 1373  | Mergelmeyer, Thorsten  | SV Viktoria Gesmold e.V.  | M 45 | 02:28:38 | 02:28:16 |
| 398   | 13       | 42  | 70 | 1606  | Stockmann , Claudia    | Emsstern Rheine           | W 45 | 02:28:40 | 02:28:20 |
| 399   | 78       | 357 | 66 | 1162  | Hermelbracht, Jürgen   | TRISPEED Marienfeld       | M 50 | 02:28:48 | 02:28:40 |
| 400   | 40       | 358 | 61 | 1161  | Hermann, Fliß          | LSF Münster               | M 55 | 02:28:52 | 02:28:28 |
| 401   | 79       | 359 | 64 | 1151  | Helle, Friedrich       | Lage                      | M 50 | 02:29:00 | 02:28:32 |
| 402   | 80       | 360 | 66 | 1654  | Trittel, Stephan       | Bad Iburg                 | M 50 | 02:29:06 | 02:28:32 |
| 403   | 81       | 361 | 66 | 1214  | Ilsemann, Jan          | Lehrte                    | M 50 | 02:29:10 | 02:28:31 |
| 404   | 44       | 362 | 74 | 1662  | Uphoff, Matthias       | SC Sperlingsgrund         | M 40 | 02:29:10 | 02:28:29 |
| 405   | 10       | 363 | 57 | 1625  | Tappe, Friedhelm       | Haster Renntrner          | M 60 | 02:29:11 | 02:28:25 |
| 406   | 82       | 364 | 65 | 1637  | Terschluse, Michael    | SuS Stadtlohn             | M 50 | 02:29:21 | 02:28:22 |
| 407   | 3        | 43  | 77 | 1284  | Krimphove, Judith      | LG Emsdetten              | W 40 | 02:29:28 | 02:29:18 |
| 408   | 45       | 365 | 77 | 2615  | Florien, Markus        | Laufftreff Sassenberg     | M 40 | 02:29:32 | 02:28:44 |
| 409   | 88       | 366 | 68 | 1583  | Sommerfeld, Klaus      | Lingen                    | M 45 | 02:29:33 | 02:28:27 |
| 410   | 83       | 367 | 64 | 1424  | Oelgemöller, Dieter    | PC Telgte                 | M 50 | 02:29:43 | 02:28:48 |
| 411   | 31       | 368 | 84 | 1638  | Tewes, Christian       | Laufftreff Greven Aktuell | M 30 | 02:29:49 | 02:28:50 |
| 412   | 14       | 44  | 71 | 1588  | Speelman, Joke         | Runners Stadskanaal       | W 45 | 02:30:04 | 02:29:22 |
| 413   | 84       | 369 | 67 | 1587  | Speelman, Jan          | Runners Stadskanaal       | M 50 | 02:30:07 | 02:29:24 |



| Platz | AK Platz | M/W | Jg | St.Nr | Name/Vorname          | Verein                        | AK.  | Brutto   | Netto    |
|-------|----------|-----|----|-------|-----------------------|-------------------------------|------|----------|----------|
| 414   | 4        | 45  | 75 | 1708  | Wehmeier, Michaela    | LG Oerlinghausen              | W 40 | 02:30:09 | 02:30:03 |
| 415   | 85       | 370 | 65 | 1707  | Wehmeier, Olaf        | LG Oerlinghausen              | M 50 | 02:30:09 | 02:30:02 |
| 416   | 89       | 371 | 69 | 2184  | Bohlken, Matthias     | HP                            | M 45 | 02:30:13 | 02:28:57 |
| 417   | 90       | 372 | 71 | 1524  | Scheve, Michael       | Laufftreff SV Olympia Uelsen  | M 45 | 02:30:13 | 02:29:37 |
| 418   | 32       | 373 | 87 | 1174  | Heyder, Max           | Piensport                     | M 30 | 02:30:23 | 02:29:50 |
| 419   | 86       | 374 | 66 | 1292  | Kuhlmann, Christoph   | Laufsport Senden              | M 50 | 02:30:44 | 02:29:46 |
| 420   | 41       | 375 | 59 | 1278  | Kreeft, Martin        | HAC'63                        | M 55 | 02:30:57 | 02:30:47 |
| 421   | 42       | 376 | 58 | 2123  | Berghuis, Jans        | HAC'63                        | M 55 | 02:31:00 | 02:30:48 |
| 422   | 46       | 377 | 74 | 2509  | Dijkman, Wouter       | MPM hengelo                   | M 40 | 02:31:05 | 02:30:47 |
| 423   | 47       | 378 | 77 | 1112  | Groeneveld, Herman    | MPM Hengelo                   | M 40 | 02:31:06 | 02:30:47 |
| 424   | 5        | 379 | 51 | 1768  | Frohne, Franz-Josef   | Team Laufen-Os.de             | M 65 | 02:31:06 | 02:30:52 |
| 425   | 91       | 380 | 70 | 1271  | Kötter, Mario         |                               | M 45 | 02:31:12 | 02:30:02 |
| 426   | 87       | 381 | 63 | 2055  | Baldrich, Frank       | LippeRunners                  | M 50 | 02:31:15 | 02:30:06 |
| 427   | 92       | 382 | 69 | 1536  | Schmidt, Ingo         | Lippe-Runners, Werne          | M 45 | 02:31:15 | 02:30:05 |
| 428   | 5        | 46  | 75 | 2125  | Niedick, Tanja        | Team Erdinger Alkoholfrei     | W 40 | 02:31:20 | 02:30:54 |
| 429   | 33       | 383 | 84 | 2562  | Voet, Thomas          |                               | M 30 | 02:31:24 | 02:30:06 |
| 430   | 88       | 384 | 67 | 1307  | Lange, Jörg           | LC Solbad Ravensberg          | M 50 | 02:31:34 | 02:30:30 |
| 431   | 9        | 47  | 67 | 1126  | Haarhues, Christiane  | FC Schüttorf 09               | W 50 | 02:31:35 | 02:30:20 |
| 432   | 89       | 385 | 65 | 1177  | Hilgefort, Karsten    | Quakenbrücker SC99            | M 50 | 02:31:38 | 02:30:53 |
| 433   | 6        | 48  | 74 | 1261  | Kolar, Miriam         | LSF Münster                   | W 40 | 02:31:47 | 02:31:15 |
| 434   | 11       | 386 | 53 | 1468  | Raschke, Ludger       | SV Dickenberg                 | M 60 | 02:31:49 | 02:31:12 |
| 435   | 93       | 387 | 70 | 1400  | Neuhaus, Stefan       | Team Oltax                    | M 45 | 02:31:50 | 02:31:33 |
| 436   | 48       | 388 | 76 | 1500  | Ruhr, Stefan          | VW Brandschutz Emden          | M 40 | 02:32:02 | 02:31:05 |
| 437   | 6        | 49  | 59 | 1156  | Hennigs, Liane        | Laufftreff VfR Voxtrup        | W 55 | 02:32:13 | 02:31:52 |
| 438   | 43       | 389 | 62 | 1240  | Kerk, Thomas          | Feuerwehr Ibbenbüren          | M 55 | 02:32:15 | 02:31:02 |
| 439   | 90       | 390 | 64 | 2068  | Bauschulte, Rolf      | Marathon Ibbenbüren           | M 50 | 02:32:16 | 02:31:30 |
| 440   | 94       | 391 | 70 | 1615  | Strelow, Eckhard      | bridget's barbecue buddies    | M 45 | 02:32:20 | 02:31:02 |
| 441   | 49       | 392 | 77 | 1561  | Schürenkamp, Peter    | Laufftreff Sassenberg         | M 40 | 02:32:23 | 02:31:34 |
| 442   | 8        | 50  | 81 | 1379  | Mielitz, Stefanie     |                               | W 35 | 02:32:27 | 02:31:25 |
| 443   | 7        | 51  | 76 | 1188  | Hollensteiner, Katja  | LC 92 Bad Salzuflen           | W 40 | 02:32:38 | 02:32:12 |
| 444   | 48       | 393 | 80 | 1289  | Kubierske, Jörg       | SuS Legden                    | M 35 | 02:32:38 | 02:32:29 |
| 445   | 15       | 52  | 70 | 1221  | Just, Angelika        | Marathon Raesfeld             | W 45 | 02:32:58 | 02:32:27 |
| 446   | 95       | 394 | 70 | 1514  | Saueressig, Marcus    | Teuto Runner                  | M 45 | 02:33:01 | 02:31:56 |
| 447   | 96       | 395 | 69 | 1749  | Wrocklage, Ralf       | Ibbenbüren                    | M 45 | 02:33:12 | 02:32:15 |
| 448   | 97       | 396 | 68 | 1490  | Rietfort, Hermann     | SuS Stadtlohn                 | M 45 | 02:33:20 | 02:32:21 |
| 449   | 44       | 397 | 60 | 1668  | van der Wolde, Klaas  | Runners Stadskanaal           | M 55 | 02:33:26 | 02:32:38 |
| 450   | 91       | 398 | 67 | 1155  | Hennecke, Michael     | VfL Lingen                    | M 50 | 02:33:34 | 02:32:33 |
| 451   | 10       | 53  | 67 | 1283  | Krey, Reinhilde       | TV Jahn Rheine                | W 50 | 02:33:43 | 02:32:30 |
| 452   | 92       | 399 | 66 | 1674  | Venjakob, Dirk        | Lohne                         | M 50 | 02:33:46 | 02:32:54 |
| 453   | 93       | 400 | 63 | 2621  | Friedrich, Wolfgang   | Leinerstift e.V.              | M 50 | 02:33:48 | 02:32:48 |
| 454   | 9        | 54  | 78 | 1685  | Vorndamme, Britta     | Hiddenhausen                  | W 35 | 02:33:55 | 02:32:56 |
| 455   | 7        | 55  | 61 | 1687  | Vosskötter, Margrit   | FC Schüttorf 09 Laufabteilung | W 55 | 02:33:55 | 02:32:43 |
| 456   | 98       | 401 | 68 | 1343  | Lüppe, Rüdiger        | FC Schüttorf 09               | M 45 | 02:33:55 | 02:32:58 |
| 457   | 8        | 56  | 74 | 1507  | Sandbote, Ines        | TVE Greven Triathlon          | W 40 | 02:33:56 | 02:33:11 |
| 458   | 1        | 402 | 47 | 1324  | Lienland, Franz-Josef | LSF Oldenburg                 | M 70 | 02:33:56 | 02:32:30 |
| 459   | 9        | 57  | 76 | 1422  | O'Connor, Steffi      | BSG JVA Herford               | W 40 | 02:34:03 | 02:32:46 |
| 460   | 99       | 403 | 69 | 1384  | Mischke, Klaus        | BSG JVA Herford               | M 45 | 02:34:04 | 02:32:47 |
| 461   | 11       | 58  | 66 | 1377  | Meyer, Petra          | Grün-Weiß Steinbeck           | W 50 | 02:34:13 | 02:33:05 |
| 462   | 1        | 59  | 54 | 1679  | Voges, Jutta          | TV Georgsmarienhütte          | W 60 | 02:34:14 | 02:33:12 |
| 463   | 100      | 404 | 70 | 1734  | Wieberg, Dirk         | LG Emsdetten                  | M 45 | 02:34:14 | 02:33:27 |
| 464   | 101      | 405 | 70 | 1154  | Hempfen, Klaus        | LSF Oldenburg                 | M 45 | 02:34:18 | 02:33:27 |
| 465   | 4        | 60  | 87 | 1163  | Hermes, Erika         | Laufftreff SW Osterfeine      | W 30 | 02:34:19 | 02:33:13 |

| Platz | AK Platz | M/W | Jg | St.Nr | Name/Vorname           | Verein                         | AK.     | Brutto   | Netto    |
|-------|----------|-----|----|-------|------------------------|--------------------------------|---------|----------|----------|
| 466   | 50       | 406 | 75 | 2332  | Brune-Suszka, Andre    | Lauftreff SW Osterfeine        | M 40    | 02:34:20 | 02:33:13 |
| 467   | 5        | 61  | 83 | 1414  | Nienaber, Christine    | Lauftreff SW Osterfeine        | W 30    | 02:34:20 | 02:33:14 |
| 468   | 102      | 407 | 71 | 1695  | Walz, Marc             | Hannover                       | M 45    | 02:34:21 | 02:33:38 |
| 469   | 2        | 62  | 52 | 1740  | Wille, Monika          | Lauftreff Lauenhagen           | W 65    | 02:34:24 | 02:33:47 |
| 470   | 45       | 408 | 60 | 1504  | Rzehulka, Torsten      | Die VitaSol Krabbelgruppe      | M 55    | 02:34:26 | 02:33:33 |
| 471   | 12       | 409 | 57 | 1499  | Ruholl, Norbert        | SuS Olfen                      | M 60    | 02:34:29 | 02:33:47 |
| 472   | 10       | 63  | 75 | 1211  | Ickerodt, Anika        | SuS Olfen                      | W 40    | 02:34:46 | 02:33:55 |
| 473   | 10       | 64  | 82 | 1696  | Wanink, Jessica        |                                | W 35    | 02:34:49 | 02:33:30 |
| 474   | 103      | 410 | 69 | 1213  | Iker, Christian        | LG Emsdetten Tri-Team          | M 45    | 02:34:50 | 02:34:31 |
| 475   | 104      | 411 | 68 | 1167  | Hesping, Ralf          | SC Altenrheine                 | M 45    | 02:34:54 | 02:33:42 |
| 476   | 105      | 412 | 68 | 1712  | Weiß, Wilfried         | Marathon Steinfurt             | M 45    | 02:34:55 | 02:33:44 |
| 477   | 106      | 413 | 72 | 2617  | Forster, Jürgen        | Borbecker Raketen              | M 45    | 02:35:17 | 02:34:39 |
| 478   | 107      | 414 | 69 | 1215  | Jackisch, Uwe          | SV Rasensport                  | M 45    | 02:35:17 | 02:34:36 |
| 479   | 108      | 415 | 69 | 1457  | Ponick, Alexander      | Run4fun Greven e.V.            | M 45    | 02:35:23 | 02:34:18 |
| 480   | 109      | 416 | 70 | 1101  | Goldkamp, Jörg         | AAC Rubby                      | M 45    | 02:35:26 | 02:34:09 |
| 481   | 19       | 417 | 91 | 2549  | Dressler, Patrick      | Münster                        | M HK    | 02:35:43 | 02:34:55 |
| 482   | 110      | 418 | 70 | 1120  | Günther, Stephan       | Team Laufrausch Oldenburg      | M 45    | 02:35:43 | 02:34:34 |
| 483   | 111      | 419 | 68 | 2629  | Gebhardt, Martin       | VfL Eintracht Hannover         | M 45    | 02:35:43 | 02:34:43 |
| 484   | 112      | 420 | 71 | 1296  | Kunert, Stefan         | Havixbeck                      | M 45    | 02:35:44 | 02:34:49 |
| 485   | 34       | 421 | 84 | 1735  | Wiekling, Gunnar       | Bad Bentheim                   | M 30    | 02:35:51 | 02:34:34 |
| 486   | 94       | 422 | 67 | 2195  | Boolke, Matthias       | SVG Hauenhorst e.V.            | M 50    | 02:36:05 | 02:35:08 |
| 487   | 113      | 423 | 70 | 1134  | Hampel, Marcus         | LG Emsdetten                   | M 45    | 02:36:15 | 02:35:22 |
| 488   | 11       | 65  | 74 | 1527  | Schlaugk, Birgit       | Team Laufrausch Oldenburg      | W 40    | 02:36:23 | 02:35:13 |
| 489   | 16       | 66  | 68 | 1486  | Riehs, Angela          | Lg Thalheim                    | W 45    | 02:36:23 | 02:35:48 |
| 490   | 17       | 67  | 71 | 1759  | Marin, Ute             | TV Mettingen                   | W 45    | 02:36:23 | 02:35:13 |
| 491   | 49       | 424 | 78 | 1719  | Lammerskitten, Michael |                                | M 35    | 02:36:28 | 02:36:02 |
| 492   | 18       | 68  | 72 | 1460  | Potthast, Hiltrud      | HC Moormerland                 | W 45    | 02:36:35 | 02:35:45 |
| 493   | 95       | 425 | 67 | 1421  | Nospickel, Markus      | TV Mettingen                   | M 50    | 02:36:39 | 02:35:28 |
| 494   | 96       | 426 | 66 | 1766  | Völkert, Clemens       | Lauffreunde Emsland            | M 50    | 02:36:48 | 02:35:34 |
| 495   | 20       | 427 | 91 | 1721  | Wentzien, Marcel       | connectiv! #LaeuftBeiUns       | M HK    | 02:36:51 | 02:35:56 |
| 496   | 12       | 69  | 74 | 1659  | Ull-Tietz, Melanie     | SV Bokeloh                     | W 40    | 02:37:05 | 02:36:33 |
| 497   | 19       | 70  | 68 | 1642  | Thien, Waltraud        | SV Bokeloh / EWTO Melle        | W 45    | 02:37:05 | 02:36:12 |
| 498   | 13       | 428 | 53 | 1569  | Schwenk, Jürgen        | Lauftreff Hohenholte           | M 60    | 02:37:37 | 02:36:57 |
| 499   | 12       | 71  | 66 | 2179  | Blum, Alexandra        | Teuto Runner                   | W 50    | 02:37:38 | 02:36:33 |
| 500   | 46       | 429 | 61 | 2182  | Blum, Bernd            | Teuto Runner                   | M 55    | 02:37:39 | 02:36:36 |
| 501   | 14       | 430 | 53 | 1448  | Peters, Wolfgang       | Laufsport Senden               | M 60    | 02:37:47 | 02:37:22 |
| 502   | 47       | 431 | 59 | 1430  | Ottensmann, Manfred    | PC Telgte                      | M 55    | 02:37:51 | 02:36:54 |
| 503   | 97       | 432 | 63 | 1728  | Weßling, Michael       | Wilfried Jeurink Stiftung      | M 50    | 02:37:54 | 02:37:16 |
| 504   | 50       | 433 | 82 | 1258  | Koch, Bastian          | FC Schüttorf 09                | M 35    | 02:37:55 | 02:36:39 |
| 505   | 51       | 434 | 79 | 1489  | Rieskamp , Stefan      | Ibbenbüren                     | M 35    | 02:37:58 | 02:37:25 |
| 506   | 98       | 435 | 65 | 1652  | Tost, Stefan           | SC Altenrheine                 | M 50    | 02:37:59 | 02:36:49 |
| 507   | 51       | 436 | 77 | 2310  | Brockmann, Torsten     | Autonomes Laufkombinat Münster | M 40    | 02:38:11 | 02:37:19 |
| 508   | 1        | 72  | 99 | 2382  | Burmeister, Ihmke      | Heidmühler FC                  | W Jgd A | 02:38:14 | 02:37:38 |
| 509   | 48       | 437 | 58 | 2381  | Burmeister, Kai        | Heidmühler FC                  | M 55    | 02:38:15 | 02:37:39 |
| 510   | 52       | 438 | 76 | 1375  | Mertens, Alexander     | SV Eintracht Neuenkirchen      | M 40    | 02:38:18 | 02:37:25 |
| 511   | 49       | 439 | 62 | 2635  | Georg, Oster           | SoDa Laggenbeck                | M 55    | 02:38:34 | 02:37:48 |
| 512   | 53       | 440 | 75 | 1255  | Kloppenburger, Michael | LG Uplengen                    | M 40    | 02:38:34 | 02:38:15 |
| 513   | 99       | 441 | 63 | 2114  | Berger, Ortwin         | Hurricane Holsen               | M 50    | 02:38:47 | 02:38:14 |
| 514   | 100      | 442 | 64 | 1170  | Heßler, Holger         | TLV Rünthe                     | M 50    | 02:38:52 | 02:37:57 |
| 515   | 50       | 443 | 62 | 1760  | Benneker, Benno        | LAAC Twente                    | M 55    | 02:38:55 | 02:38:15 |
| 516   | 101      | 444 | 63 | 2631  | Geerdink, Ton          | Sisu Almelo                    | M 50    | 02:38:55 | 02:38:17 |
| 517   | 114      | 445 | 68 | 1374  | Merschmeier, Stefan    | Ibbenbüren                     | M 45    | 02:39:06 | 02:37:59 |

| Platz | AK Platz | M/W | Jg | St.Nr | Name/Vorname            | Verein                    | AK.  | Brutto   | Netto    |
|-------|----------|-----|----|-------|-------------------------|---------------------------|------|----------|----------|
| 518   | 102      | 446 | 65 | 1253  | Klinge, Markus          | SC Altenrheine            | M 50 | 02:39:07 | 02:37:58 |
| 519   | 13       | 73  | 77 | 1446  | Perini, Deborah         | SuS Olfen                 | W 40 | 02:39:10 | 02:38:19 |
| 520   | 14       | 74  | 75 | 1389  | Mönnig, Anke            | TSG 07 Burg Gretesch      | W 40 | 02:39:11 | 02:38:20 |
| 521   | 103      | 447 | 65 | 2401  | Cselenyi, Laszlo        | TSVE 1890 Bielefeld       | M 50 | 02:39:16 | 02:38:33 |
| 522   | 20       | 75  | 69 | 1723  | Werthmüller, Francis    |                           | W 45 | 02:39:19 | 02:38:56 |
| 523   | 51       | 448 | 59 | 1404  | Neumann, Bertram        | Lauftreff Nottuln         | M 55 | 02:39:27 | 02:39:00 |
| 524   | 104      | 449 | 66 | 2192  | Bolles, Stefan          | LT Waldschleicher Lohne   | M 50 | 02:39:29 | 02:38:22 |
| 525   | 52       | 450 | 80 | 1401  | Neuhaus, Daniel         |                           | M 35 | 02:39:32 | 02:38:23 |
| 526   | 105      | 451 | 67 | 1259  | Mentrup, Ralph          | Run4Fun Greven e.V.       | M 50 | 02:39:37 | 02:38:15 |
| 527   | 115      | 452 | 69 | 1394  | Müller, Mike            | SVG Hauenhorst e.V.       | M 45 | 02:39:39 | 02:38:41 |
| 528   | 21       | 76  | 68 | 1291  | Kuhlmann, Birgit        | Laufsport Senden          | W 45 | 02:39:42 | 02:38:42 |
| 529   | 22       | 77  | 70 | 2431  | Depenbrock, Peggy       | Lg Oerlinghausen          | W 45 | 02:39:43 | 02:39:35 |
| 530   | 35       | 453 | 83 | 1297  | Kupka, Martin           | LG Oerlinghausen          | M 30 | 02:39:44 | 02:39:35 |
| 531   | 23       | 78  | 69 | 1623  | Süllwold , Anja         | LG Oerlinghausen          | W 45 | 02:39:44 | 02:39:36 |
| 532   | 15       | 454 | 57 | 2136  | Bernd, Zantop           | LG Oerlinghausen          | M 60 | 02:39:44 | 02:39:36 |
| 533   | 4        | 79  | 89 | 1171  | Heuer, Swenja           | IRTe                      | W HK | 02:39:52 | 02:39:32 |
| 534   | 116      | 455 | 68 | 2512  | Dirks, Michael          | ETuS Rheine               | M 45 | 02:40:17 | 02:39:19 |
| 535   | 106      | 456 | 64 | 2284  | Brinkmann, Klaus        | ETuS Rheine               | M 50 | 02:40:18 | 02:39:27 |
| 536   | 117      | 457 | 68 | 2458  | Deutermann, Oliver      | Die VitaSol Krabbelgruppe | M 45 | 02:40:19 | 02:39:27 |
| 537   | 53       | 458 | 79 | 1657  | Uekötter, Sascha        | SC Altenrheine            | M 35 | 02:40:23 | 02:39:17 |
| 538   | 16       | 459 | 54 | 2620  | Blieffert, Manfred      | Jede Oma zählt            | M 60 | 02:40:24 | 02:39:17 |
| 539   | 52       | 460 | 59 | 1364  | May, Thomas             | LSF Münster               | M 55 | 02:40:26 | 02:39:18 |
| 540   | 107      | 461 | 65 | 1611  | Sträter, Jan            | Quakenbrück               | M 50 | 02:40:26 | 02:39:40 |
| 541   | 53       | 462 | 61 | 2503  | Oeder, Harald           | Hägermeister              | M 55 | 02:40:27 | 02:39:40 |
| 542   | 108      | 463 | 65 | 1099  | Sand, Heico             | Teuto Runner              | M 50 | 02:40:38 | 02:39:31 |
| 543   | 13       | 80  | 64 | 1596  | Steeb , Bea             | Die VitaSol Krabbelgruppe | W 50 | 02:40:41 | 02:39:48 |
| 544   | 8        | 81  | 62 | 1949  | Agnes, Schulze Bisping  | Billerbecker Läufer       | W 55 | 02:41:05 | 02:40:44 |
| 545   | 17       | 464 | 54 | 1676  | Vernauer, Günter        | Georgsmarinehütte         | M 60 | 02:41:16 | 02:40:13 |
| 546   | 54       | 465 | 75 | 2334  | Brüning, Markus         | LG Rheine-Elte            | M 40 | 02:41:23 | 02:40:09 |
| 547   | 11       | 82  | 79 | 1241  | Kettelgerdes, Monika    | Training bringt was       | W 35 | 02:41:23 | 02:40:26 |
| 548   | 15       | 83  | 75 | 1763  | Anja, Diekhans          |                           | W 40 | 02:41:26 | 02:40:28 |
| 549   | 109      | 466 | 65 | 1349  | Magh, Thomas            | Bottroper Tocos           | M 50 | 02:41:27 | 02:40:48 |
| 550   | 14       | 84  | 66 | 2155  | Bickmann, Birgit        | Münster                   | W 50 | 02:41:29 | 02:40:20 |
| 551   | 24       | 85  | 71 | 2146  | Beugholt, Heike         | LG Oerlinghausen          | W 45 | 02:41:30 | 02:41:16 |
| 552   | 12       | 86  | 78 | 1353  | Mann, Michaela          | LG Oerlinghausen          | W 35 | 02:41:31 | 02:41:16 |
| 553   | 110      | 467 | 64 | 1526  | Schirmeyer, Dr. Stefan  | VfL Pinneberg             | M 50 | 02:41:34 | 02:40:34 |
| 554   | 15       | 87  | 66 | 1459  | Pösentrup, Martina      | LSF Münster               | W 50 | 02:41:37 | 02:40:54 |
| 555   | 118      | 468 | 71 | 1279  | Kreilkamp, Rainer       | SF Nordvelen              | M 45 | 02:41:53 | 02:41:19 |
| 556   | 54       | 469 | 59 | 1181  | Hirsch, Reiner          | BSG König Brauerei        | M 55 | 02:42:11 | 02:41:37 |
| 557   | 36       | 470 | 87 | 1300  | Kwasinski , Thomas      | Osnabrück                 | M 30 | 02:42:20 | 02:41:37 |
| 558   | 37       | 471 | 85 | 1568  | Schwegmann, Bernd       | N/A                       | M 30 | 02:42:21 | 02:41:36 |
| 559   | 119      | 472 | 69 | 2628  | Geberzahn, Thomas       | Elz                       | M 45 | 02:42:27 | 02:41:06 |
| 560   | 13       | 88  | 78 | 1338  | Luijtink-Lammens, Lydia | AV34                      | W 35 | 02:42:32 | 02:41:55 |
| 561   | 54       | 473 | 79 | 1337  | Luijtink, Johannes      | AV34                      | M 35 | 02:42:32 | 02:41:55 |
| 562   | 14       | 89  | 79 | 2402  | Cwojdzinski, Martina    | LSF Münster               | W 35 | 02:42:35 | 02:41:27 |
| 563   | 111      | 474 | 66 | 2087  | Becks, Stefan           | TV Hohne                  | M 50 | 02:42:40 | 02:41:36 |
| 564   | 16       | 90  | 65 | 1308  | Lange, Manuela          | Warburg SV 1884           | W 50 | 02:42:45 | 02:41:44 |
| 565   | 55       | 475 | 77 | 1242  | Kiefert , Frank         | Gütersloh                 | M 40 | 02:43:12 | 02:42:25 |
| 566   | 38       | 476 | 87 | 1649  | Riemann, Jens           | LG Oerlinghausen          | M 30 | 02:43:20 | 02:43:10 |
| 567   | 112      | 477 | 63 | 1310  | Gratz, Stephan          | Turbine Tönsberg          | M 50 | 02:43:29 | 02:42:36 |
| 568   | 18       | 478 | 56 | 1477  | Reiker, Andreas         | SF Nordvelen              | M 60 | 02:43:32 | 02:42:57 |
| 569   | 2        | 91  | 56 | 1541  | Schneedhorst, Ute       | asg-weitwärts             | W 60 | 02:43:35 | 02:43:04 |

| Platz | AK Platz | M/W | Jg | St.Nr | Name/Vorname           | Verein                             | AK.     | Brutto   | Netto    |
|-------|----------|-----|----|-------|------------------------|------------------------------------|---------|----------|----------|
| 570   | 113      | 479 | 66 | 2521  | Dittner, Michael       | SV Bokeloh / EWTO Melle            | M 50    | 02:43:57 | 02:43:02 |
| 571   | 114      | 480 | 67 | 1415  | Nienhaus, Paul         | SC Altenrheine                     | M 50    | 02:44:01 | 02:42:48 |
| 572   | 55       | 481 | 79 | 2064  | Baumhöver, Daniel      | runpack                            | M 35    | 02:44:21 | 02:44:13 |
| 573   | 55       | 482 | 59 | 2392  | Busekros , Lüder       | SV Hepstedt-Breddorf               | M 55    | 02:44:25 | 02:43:06 |
| 574   | 6        | 483 | 49 | 1745  | Wolfrom, Peter         | LT SCHOPPENSTECHER                 | M 65    | 02:44:37 | 02:43:18 |
| 575   | 25       | 92  | 72 | 1558  | Schulz, Lisa           | SC Altenrheine                     | W 45    | 02:44:40 | 02:44:19 |
| 576   | 120      | 484 | 69 | 1550  | Schröder, Rainer       | TV Mettingen                       | M 45    | 02:45:00 | 02:43:50 |
| 577   | 1        | 485 | 98 | 2119  | Niermann, Markus       |                                    | M Jgd A | 02:45:02 | 02:44:31 |
| 578   | 56       | 486 | 76 | 1464  | Pröhl, Oliver          | Münster                            | M 40    | 02:46:03 | 02:45:31 |
| 579   | 115      | 487 | 63 | 1441  | Pech-Larisch, Tassilo  | Turbine Tönsberg Team Erdinger     | M 50    | 02:46:09 | 02:45:15 |
| 580   | 19       | 488 | 57 | 1301  | Lambers, Karl - Heinz  | SV Drensteinfurt                   | M 60    | 02:46:22 | 02:45:22 |
| 581   | 16       | 93  | 77 | 1453  | Poczatek, Jolanta      | DJK Stadtlohn                      | W 40    | 02:46:40 | 02:45:36 |
| 582   | 56       | 489 | 58 | 1967  | Albers, Herbert        |                                    | M 55    | 02:46:43 | 02:45:38 |
| 583   | 2        | 490 | 47 | 1417  | Niesen, Wilfried       | Ladbergen                          | M 70    | 02:46:55 | 02:45:56 |
| 584   | 6        | 94  | 84 | 2638  | Gier, Alexandra        |                                    | W 30    | 02:47:24 | 02:47:03 |
| 585   | 3        | 491 | 45 | 1418  | Trierweiler, Dieter    | TG Lage                            | M 70    | 02:47:31 | 02:47:04 |
| 586   | 26       | 95  | 70 | 1164  | Hermesen, Heike        | FC Schüttorf 09                    | W 45    | 02:47:40 | 02:46:26 |
| 587   | 121      | 492 | 69 | 1462  | Potthoff , Peter       | SV Oldendorf                       | M 45    | 02:47:50 | 02:47:03 |
| 588   | 20       | 493 | 57 | 1416  | Nientiedt , Klaus      | DJK Dyckburg Münster               | M 60    | 02:48:03 | 02:46:51 |
| 589   | 27       | 96  | 69 | 1616  | Stroot, Sonja          | FC Schüttorf 09                    | W 45    | 02:48:03 | 02:46:48 |
| 590   | 17       | 97  | 67 | 1605  | Völkert, Silvia        | Lauffreunde Emsland                | W 50    | 02:48:03 | 02:46:48 |
| 591   | 21       | 494 | 92 | 1544  | Siekmann, Timo         | LG Oerlinghausen                   | M HK    | 02:49:05 | 02:48:53 |
| 592   | 122      | 495 | 72 | 2460  | Kleimeyer, Andre       |                                    | M 45    | 02:49:14 | 02:49:12 |
| 593   | 57       | 496 | 73 | 1895  | Adrian-Emkow, Markus   | NoseKäng                           | M 40    | 02:49:57 | 02:48:43 |
| 594   | 18       | 98  | 64 | 1506  | Säfken, Michaela       | TG Lage                            | W 50    | 02:50:11 | 02:49:45 |
| 595   | 116      | 497 | 63 | 1325  | Lindemann, Jörg        | OSC Osnabrück                      | M 50    | 02:50:18 | 02:49:27 |
| 596   | 56       | 498 | 78 | 1332  | Londa, Andre           |                                    | M 35    | 02:51:02 | 02:49:50 |
| 597   | 123      | 499 | 71 | 2433  | Bühlich, Martin        |                                    | M 45    | 02:51:42 | 02:50:34 |
| 598   | 124      | 500 | 71 | 1991  | Albrecht, Carsten      | Nordhorn                           | M 45    | 02:52:07 | 02:50:51 |
| 599   | 117      | 501 | 67 | 2514  | Dite, Frank            | Marathon Steinfurt                 | M 50    | 02:52:41 | 02:51:30 |
| 600   | 57       | 502 | 61 | 1107  | Graap, Martin          | LSF Münster                        | M 55    | 02:53:12 | 02:52:17 |
| 601   | 125      | 503 | 72 | 1581  | Snippe, Berthold       | Uelsen                             | M 45    | 02:54:04 | 02:53:21 |
| 602   | 58       | 504 | 58 | 1282  | Kretzschmar, Andreas   | Osnabrück                          | M 55    | 02:54:07 | 02:53:21 |
| 603   | 28       | 99  | 71 | 1520  | Scheerer, Bine         | busy bee                           | W 45    | 02:54:54 | 02:53:50 |
| 604   | 58       | 505 | 75 | 1370  | Merchel, Tom           | TLV Rünthe                         | M 40    | 02:56:03 | 02:55:08 |
| 605   | 29       | 100 | 69 | 2550  | Dröge, Claudia         | TLV Rünthe                         | W 45    | 02:56:04 | 02:55:09 |
| 606   | 7        | 506 | 51 | 1207  | Hülsmeier, Werner      | SV Teuto Riesenbeck                | M 65    | 02:56:13 | 02:54:53 |
| 607   | 8        | 507 | 48 | 1525  | Schipper, Sjaak        | ATC'75                             | M 65    | 02:56:30 | 02:55:50 |
| 608   | 17       | 101 | 73 | 1449  | Petra, Frisse          | Laufftreff Hohenholte              | W 40    | 02:57:01 | 02:55:55 |
| 609   | 30       | 102 | 69 | 1192  | Homann, Jutta          | LSF Münster                        | W 45    | 02:57:16 | 02:56:23 |
| 610   | 59       | 508 | 75 | 1540  | Schmittwilken, Jörg    | Emsdetten                          | M 40    | 02:57:23 | 02:56:27 |
| 611   | 2        | 509 | 97 | 2404  | Weber, Lukas           |                                    | M U23   | 02:58:02 | 02:57:45 |
| 612   | 3        | 510 | 96 | 1703  | Weber, Florian         |                                    | M U23   | 02:58:11 | 02:57:54 |
| 613   | 9        | 511 | 51 | 2013  | Altehülsing, Laurenz   | Laufzentrum Rheine                 | M 65    | 02:59:54 | 02:58:48 |
| 614   | 18       | 103 | 77 | 1334  | Lorenz, Tanja          | Veldhausen                         | W 40    | 02:59:56 | 02:58:45 |
| 615   | 57       | 512 | 79 | 1427  | Oink, Andreas          | SV Veldhausen                      | M 35    | 02:59:57 | 02:58:45 |
| 616   | 118      | 513 | 63 | 2548  | Dr. Kremmin, Hannes    | Lokomotive Petersfehn              | M 50    | 02:59:59 | 02:59:42 |
| 617   | 126      | 514 | 68 | 1314  | Laznik, Christoph      | SV TriCity Darmstadt               | M 45    | 03:01:51 | 03:01:07 |
| 618   | 119      | 515 | 63 | 2318  | Brouwer, anne          | Hengelo                            | M 50    | 03:02:05 | 03:01:09 |
| 619   | 59       | 516 | 58 | 1262  | Köllesch, Ingo         | Lauffreunde Emsland                | M 55    | 03:05:35 | 03:04:28 |
| 620   | 5        | 104 | 94 | 1340  | Lukas-Nülle, Katharina | VfR Voxtrup Sportler 4 a childrens | W HK    | 03:07:36 | 03:07:13 |
| 621   | 19       | 105 | 74 | 1582  | Snippe, Gunda          | Uelsen                             | W 40    | 03:08:32 | 03:07:52 |

| Platz | AK Platz | M/W | Jg | St.Nr | Name/Vorname       | Verein       | AK.  | Brutto   | Netto    |
|-------|----------|-----|----|-------|--------------------|--------------|------|----------|----------|
| 622   | 20       | 106 | 76 | 1189  | Höllmann, Nicole   | Uelsen       | W 40 | 03:08:32 | 03:07:51 |
| 623   | 31       | 107 | 68 | 1193  | Hönerlage, Annette | Teuto Runner | W 45 | 03:18:05 | 03:17:03 |
| 624   | 10       | 517 | 51 | 1402  | Neuhaus, Dirk      |              | M 65 | 03:19:04 | 03:17:55 |
| 625   | 120      | 518 | 66 | 1269  | Köster , André     | ISC-Münster  | M 50 | 03:23:32 | 03:22:38 |