

14. Steinbecker Osterlauf

Osterlauf 10 Km

Gesamtliste

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
1	1	1	78	422	Remus, Elmar	LC Solbad Ravensberg	M 35	00:35:39	00:35:39
2	1	2	94	389	Oelgemöller, Lars	TV Mettingen	M HK	00:37:51	00:37:51
3	1	1	64	446	Lokar, Claudia	Oer-Erkenschwick	W 50	00:38:56	00:38:56
4	1	3	86	366	Wickenbrock, Christoph	BSG Kreissparkasse	M 30	00:38:57	00:38:56
5	2	4	83	474	Westermann, Ingo	SV Teuto Riesenbeck	M 30	00:39:10	00:39:10
6	1	5	68	436	Konermann, Werner	Westfalia Hopsten	M 45	00:41:07	00:41:07
7	2	6	69	401	Dresselhaus, Uwe	SV Eintracht Neuenkirchen	M 45	00:41:23	00:41:22
8	1	7	76	429	Zieker, Enrico	TuS Eintracht Hinte	M 40	00:42:23	00:42:23
9	2	8	76	363	Christian, Möller	Run4fun-Greven	M 40	00:42:32	00:42:31
10	1	9	63	414	Lindemann, Holger	Tri As Hamm	M 50	00:42:35	00:42:18
11	2	10	96	392	Book, Lars Henrik	Hörstel - Bevergern	M HK	00:42:53	00:42:50
12	2	11	77	397	Runde, Stephan	KSK Steinfurt	M 35	00:43:57	00:43:56
13	1	2	58	467	Holtkötter, Anne	LSF Münster	W 55	00:44:00	00:43:57
14	3	12	73	482	Albers, Oliver		M 40	00:44:05	00:44:03
15	1	13	53	497	Grond, Josef	Marathon Steinfurt	M 60	00:44:09	00:44:08
16	1	3	93	455	Glandorf, Franziska	Grün-Weiß Steinbeck	W HK	00:44:21	00:44:20
17	1	4	85	370	Dommel, Andrea	Dörpen	W 30	00:44:39	00:44:37
18	1	5	67	440	Ludwig, Sabine	Spiridon Haltern	W 45	00:45:07	00:45:06
19	3	14	84	383	Borrmann, Sascha-Manuel	Marathon Ibbenbüren	M 30	00:45:34	00:45:21
20	3	15	90	418	Azizy, Sohail Ahmad	Recke	M HK	00:45:46	00:45:44
21	1	16	59	386	Ordelheide, Heinrich	TUS Brockhagen	M 55	00:46:00	00:45:59
22	2	17	64	431	Glasmeier, Andreas	Ibbenbüren	M 50	00:46:02	00:45:55
23	1	6	72	480	Kuczmik, Karin	LG Emsdetten	W 40	00:46:04	00:46:03
24	4	18	76	483	Schnieders, Markus	Marathon Ibbenbüren	M 40	00:46:08	00:46:06
25	3	19	63	458	Sand, Martin	Grün-Weiß Steinbeck	M 50	00:46:18	00:46:13
26	4	20	96	395	Wieggers, Jan	SUS Neuenkirchen	M HK	00:46:27	00:46:25
27	5	21	73	396	Paluschek, Maik	Team Goethe	M 40	00:46:27	00:46:26
28	4	22	65	425	Hoffrogge, Dieter	SC Spelle-Venhaus	M 50	00:46:36	00:46:33
29	6	23	74	419	Böttcher, Daniel	Münster	M 40	00:47:06	00:46:58
30	1	7	77	430	Bielefeld , Katja	Bramscher Rumläufer	W 35	00:47:20	00:47:18
31	3	24	70	432	Bonke, Heribert	ETuS Rheine	M 45	00:47:23	00:47:20
32	5	25	91	408	Rieke, Torben	OKE Group GmbH	M HK	00:47:24	00:47:20
33	5	26	63	495	Schriever, Norbert	Marathon Ibbenbüren	M 50	00:47:30	00:47:19
34	3	27	81	448	Dobrzinski, Sebastian	SC Altenrheine	M 35	00:47:34	00:47:32
35	4	28	70	456	Roß, Dietmar	SC Altenrheine	M 45	00:47:38	00:47:36
36	6	29	91	457	Ostendorf, Stefan	SV Teuto Riesenbeck	M HK	00:47:48	00:47:46
37	6	30	65	415	Schröer, Martin	Tri-As Hamm	M 50	00:47:51	00:47:48
38	2	31	61	416	Thale, Reinhard	SV Quitt Ankum	M 55	00:47:52	
39	2	8	72	434	Oevermann, Ruth	Bramscher Rumläufer	W 40	00:48:12	00:48:10
40	7	32	63	459	Mueller, Christian	Sportler 4 A Childrens World	M 50	00:48:22	00:48:20
41	8	33	66	473	Windoffer, Hermann		M 50	00:48:33	00:48:29
42	9	34	66	403	Schargott, Dieter	OKE Group GmbH	M 50	00:48:48	00:48:44
43	10	35	62	427	Kerk, Thomas	SV Dickenberg	M 50	00:48:54	00:48:48
44	7	36	73	453	Mansfeld, Arnold		M 40	00:48:59	00:48:45
45	3	37	59	469	Mäuer, Jürgen	SV Dickenberg	M 55	00:49:15	00:49:05
46	2	9	79	479	Goosmann, Miriam	SV Esche	W 35	00:49:20	00:49:17
47	1	38	51	433	Jürgens, Frank	Post SV Gütersloh	M 65	00:49:26	00:49:24
48	2	39	56	449	Brinkmann, Klaus	Vereinslos	M 60	00:49:47	00:49:38
49	3	10	80	404	Franke, Jessica	OKE Group GmbH	W 35	00:50:13	00:50:08

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
50	1	40	41	413	Frense, Horst	VfL Oldenburg	M 75	00:50:26	00:50:25
51	2	11	68	424	Hoffrogge, Marita	SC Spelle-Venhaus	W 45	00:50:33	00:50:28
52	11	41	63	131	Lampe, Jürgen	SC Falke Saerbeck	M 50	00:50:41	00:50:31
53	4	12	79	460	Rohlmann, Daniela	SC Hörstel	W 35	00:50:42	00:50:38
54	2	13	90	461	Harms, Christiane	OTB Osnabrück	W HK	00:50:54	00:50:51
55	2	42	51	464	Vismann, Josef	SV-Dickenberg	M 65	00:50:56	00:50:46
56	4	43	60	492	Zdarsky, Günther	FC Lasi	M 55	00:51:10	00:51:03
57	2	44	40	412	Harms, Hermann Karl	VfL Oldenburg	M 75	00:51:12	
58	3	45	50	420	Reeker, Otto	SC Altenrheine	M 65	00:51:13	00:51:09
59	3	14	90	465	Visse, Verena	TuS Recke	W HK	00:51:36	00:51:27
60	1	46	0	391	Guhe, Elias	1HClbbenbüren	MJ U18	00:51:42	00:51:38
61	7	47	90	381	Brink, Sebastian	Hopsten	M HK	00:51:47	00:51:44
62	5	48	70	411	Potthoff, Frank	OKE Group GmbH	M 45	00:52:17	00:52:13
63	12	49	64	491	Blömker, Volker	TV Lengerich	M 50	00:52:32	00:52:25
64	2	15	63	478	Kleimeyer, Karin	SC Hörstel	W 50	00:52:34	00:52:28
65	4	16	93	423	Nöring, Maike	Volltage	W HK	00:52:59	00:52:53
66	3	50	54	375	kemper, Siegfried	LC Solbad Ravensberg	M 60	00:53:44	00:53:41
67	4	51	78	405	Fichtner, Thorsten	OKE Group GmbH	M 35	00:54:11	00:53:59
68	5	17	94	406	Rekers, Vanessa	OKE Group GmbH	W HK	00:54:11	00:53:59
69	13	52	63	463	Pöttker, Jürgen	Marathon Ibbenbüren	M 50	00:54:13	00:54:03
70	4	53	56	466	Brix, Michael	TV Hohne	M 60	00:54:23	00:54:20
71	3	18	63	428	Kerk, Ruth	SV Dickenberg	W 50	00:54:47	00:54:42
72	14	54	62	481	Wiethölter, Uwe	SV Dickenberg	M 50	00:55:07	00:55:02
73	6	55	67	451	Grosse-Berg, Ludger	TuS Recke	M 45	00:55:12	00:55:05
74	7	56	71	476	Hagemann, Stefan	SC Hörstel	M 45	00:55:13	00:55:07
75	1	19	46	435	Rother, Marion	LSF Münster	W 70	00:55:23	00:55:18
76	2	20	58	442	Wegmann, Aloysia	SC Altenrheine	W 55	00:55:32	00:55:27
77	1	21	54	452	Rieskamp, Irmgard	grün weiß steinbeck	W 60	00:55:39	00:55:32
78	15	57	66	454	Posnanski, Thomas		M 50	00:55:40	00:55:28
79	5	58	80	472	Vogelsang, Daniel	LG Schmitz Katze	M 35	00:55:43	00:55:31
80	2	22	85	376	Katharina, Kemper	LC Solbad Ravensberg	W 30	00:55:47	00:55:43
81	8	59	96	486	Wood Jnr, David		M HK	00:55:47	00:55:39
82	9	60	91	487	Wood, Chris		M HK	00:55:49	00:55:40
83	16	61	64	437	Zahnen , Johannes	SV Dickenberg	M 50	00:55:58	00:55:47
84	3	23	68	484	Liedmeier, Marion	Laufftreff Dickenberg	W 45	00:56:15	00:56:04
85	3	24	72	382	Seelhöfer, Christiane	Hasbergen	W 40	00:56:18	00:56:05
86	3	25	86	394	Rieke, Andrea	Grün-Weiß Steinbeck	W 30	00:56:21	00:56:12
87	8	62	67	490	Bolke, Ludger		M 45	00:56:22	00:56:14
88	4	26	86	393	Rocho, Stephanie	Grün-Weiß Steinbeck	W 30	00:56:24	00:56:15
89	6	63	79	462	Rieskamp, Stefan		M 35	00:56:26	00:56:17
90	4	27	62	477	Schmit, Andrea	SC Hörstel	W 50	00:56:32	00:56:26
91	2	28	53	468	Lutz, Ruth	LSF Münster	W 60	00:56:37	00:56:28
92	4	64	51	493	Altehülsing, Laurenz	Laufzentrum Rheine	M 65	00:56:51	00:56:43
93	5	29	65	494	Niemeyer, Silvia		W 50	00:56:52	00:56:44
94	9	65	69	485	Becke, Christian	SV Teuto Riesenbeck	M 45	00:57:32	00:57:24
95	5	66	47	475	Dykstra, Georg	SC Hörstel	M 65	00:58:17	00:58:10
96	1	67	98	489	Wood, James		MJ U20	00:58:43	00:58:35
97	10	68	69	488	Wood, David		M 45	00:58:43	00:58:34
98	5	69	61	372	Wienninger, Dieter	ohne	M 55	00:58:49	00:58:36
99	17	70	62	471	Wessling, Norbert	TV Mettingen	M 50	00:59:25	00:59:11
100	8	71	74	371	Spenthof, Maik		M 40	00:59:32	00:59:22
101	9	72	75	378	Tenambergen, Andre	Recke	M 40	00:59:32	00:59:22

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
102	5	30	86	444	Visse, Sandra	Grün-Weiß Steinbeck	W 30	00:59:56	00:59:46
103	6	31	66	409	Schürmann, Claudia	OKE Group GmbH	W 50	01:00:36	01:00:30
104	11	73	69	410	Witzlack, Klaus	OKE Group GmbH	M 45	01:00:36	01:00:30
105	7	32	65	387	Wiegers, Lisa	SUS Neuenkirchen	W 50	01:00:52	01:00:45
106	3	33	54	447	Frohne, Hella	Team laufen os de	W 60	01:01:09	01:01:02
107	4	34	70	374	Roß, Sabine	SC Altenrheine	W 45	01:01:39	01:01:34
108	3	35	60	400	Flüthmann, Agnes	SuS 09 Neuenkirchen	W 55	01:01:50	01:01:42
109	6	74	47	388	Horst , Johannes	TV Georgsmarienhütte	M 65	01:02:57	01:02:46
110	10	75	73	450	Wesselmann, Daniel	Grün Weiß Steinbeck	M 40	01:03:20	01:03:10
111	10	76	87	377	Walter, Dominik	LC Solbad Ravensberg	M HK	01:03:31	01:03:26
112	5	36	77	470	Schwieterjann, Melanie	SV Dickenberg	W 35	01:04:05	01:03:53
113	5	37	71	380	Raffius, Nicole	Ibbenbüren	W 45	01:06:25	01:06:18