

5. Ibbenbürener Klippenlauf

Klippenlauf 24,7 Km

Altersklassenliste

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
M 30							
1	2379	Krampe, Sebastian	WSU Tri Team Warendorf	01:54:25	01:54:24	25	25
2	2115	Schulenberg, Andre	VfR Voxtrup	01:55:35	01:55:33	30	30
3	2578	de Beyer, André	LG Hempels unterm Sofa	01:56:02	01:55:51	35	35
4	1141	Steenhusen, Jan	Active Sportshop Osnabrück	01:57:58	01:57:30	49	49
5	2537	Kruse, Daniel	SC Melle 03	02:01:53	02:01:52	69	68
6	1151	Lünneman, Günter	Spelle Venhaus	02:04:51	02:04:10	97	93
7	2346	Brix, Christian	TV Hohne	02:10:11	02:09:51	147	139
8	1219	Foppe, Dustin	LG Hempels unterm Sofa	02:11:46	02:11:35	165	153
9	2015	Koch, Bastian	FC Schüttorf 09	02:12:37	02:12:30	173	161
10	2252	Bewermeier, Sebastian	LC Wiedenbrück	02:15:11	02:14:58	214	196
11	2610	Schweigatz, Daniel	Privatperson	02:15:54	02:15:21	220	202
12	1689	Caudepon, Jon	Bremen	02:15:59	02:15:41	222	204
13	1249	Winkler, Sven	Laufen statt Saufen	02:16:41	02:15:46	235	215
14	2045	Stermann, Benjamin	Crespel & Deiters	02:18:30	02:17:52	262	240
15	2162	Bekemann, Fabian	LG Oerlinghausen	02:19:38	02:19:12	276	251
16	2203	Kufeld, Johannes	Vereinslos	02:20:32	02:20:12	285	257
17	2394	Glasmeyer, Nils	Ibbenbüren	02:21:57	02:21:28	299	270
18	2598	Grunden, Gerrit	Berufskolleg Tecklenburger Lan	02:23:23	02:22:36	322	290
19	2274	Bewersdorff, Jan	Bielefeld	02:23:39	02:23:13	325	292
20	2171	Vos, Sebastian	Meppen	02:24:30	02:23:58	335	301
21	2308	Beckhaus, Stefan	MFG Legden	02:24:35	02:23:43	336	302
22	2082	Sterthaus, Jens	TV Mesum	02:25:45	02:25:28	347	313
23	2187	Deschner, Claudia	OSC-LKG	02:26:06	02:25:56	353	318
24	2337	Mangelmans, Christoph	Münster	02:26:25	02:25:34	358	323
25	2241	Kupka, Martin	LG Oerlinghausen	02:27:36	02:27:29	374	335
26	1398	Kraatz, Franz	Lotte	02:27:51	02:27:03	377	337
27	1399	Nordemann, Frank	Osnabrück	02:27:51	02:27:02	378	338
28	2025	Lübbers, Jens	Laufzentrum Rheine	02:28:16	02:27:36	380	340
29	2032	Niehaus, Christian	TV Mettingen	02:28:36	02:28:08	383	343
30	2444	Berlemann , Björn	Feuerwehr Lengerich	02:31:00	02:30:46	410	365
31	2424	Middendorf, Marco	Lauftreff SW Osterfeine	02:32:12	02:31:53	426	374
32	2479	Niehues, Markus	Lauftreff SW Osterfeine	02:32:12	02:31:51	427	375
33	2030	Kröger, Falko	UCB	02:35:01	02:34:20	462	400
M 35							
1	2197	Lehmann, Achim	SV Teuto Riesenbeck	01:40:07	01:40:07	1	1
2	2538	Böttick, Carsten	LC Nordhorn	01:46:17	01:46:17	6	6
3	2240	Feldschnieders, Mark	LC Nordhorn	01:48:44	01:48:44	8	8
4	2588	Diekenbrock, Timm	SV Hullern	01:52:16	01:52:02	15	15
5	1186	Hiebing, Sebastian	Team Erdinger Alkoholfrei	01:55:25	01:55:22	29	29
6	2490	Brandt, Sebastian	W&H Laufgruppe	01:56:56	01:56:40	45	45

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
7	1171	Adomat , Björn	Minden	01:58:13	01:58:00	50	50
8	2267	Kramer, Nils	VfR Voxtrup	01:58:37	01:58:12	55	55
9	2606	Fuchs, Andre	Handgepaeckguide.de	01:59:47	01:59:47	57	57
10	1683	Bloch, Marcus	Starlight Trails	02:00:06	02:00:03	58	58
11	2577	Bachmann, Dirk	SV Teuto Riesenbeck Alte Herre	02:00:10	02:00:02	59	59
12	2451	Arends, Henk	AV de Sprinter	02:01:33	02:01:02	65	64
13	2324	Peters, Frank	SV Teuto Riesenbeck	02:06:12	02:05:45	111	105
14	2261	de Nie, Sandy	LC Nordhorn	02:08:12	02:07:59	123	116
15	2474	Büscher, Christoph	SV Teuto Riesenbeck	02:08:33	02:08:17	127	120
16	2071	Müller, Benjamin	Münster	02:10:54	02:10:52	155	145
17	2547	Deddens, Christian	Osnabrück	02:12:21	02:11:51	170	158
18	2036	Evers, Frank	LG Coesfeld	02:13:27	02:12:51	182	170
19	2009	Crusius, Lars	Sockenräuber Osnabrück	02:14:35	02:14:27	203	188
20	2074	Glatzer, Oliver	Osnabruecker SC	02:15:30	02:14:26	216	198
21	2302	Florien, Markus	Lauftreff Feldmarksee	02:16:09	02:16:00	226	208
22	2356	Rücker, Jens	TV Hohne	02:16:32	02:16:30	232	212
23	1990	Wiebols, Herbert	Huftertjes	02:17:45	02:17:12	256	235
24	1626	Menger, Andre	BSG KSK Steinfurt	02:19:00	02:18:52	267	243
25	2604	Bolay, Christian		02:19:06	02:18:18	268	244
26	2131	Löchte, Volker	Teuto Runner	02:20:14	02:20:01	281	254
27	2569	Beckhaus, Thomas	Legden	02:20:36	02:19:45	287	259
28	2543	Brinkhaus, Jens	LC Nordhorn	02:22:29	02:21:41	308	277
29	2285	de Vries, Stefan	LG Uplengen-Ostfriesland	02:23:12	02:22:48	316	284
30	1989	Hiemstra, lieuwe jan	Huftertjes	02:23:31	02:22:58	323	291
31	1349	Gräwers, Markus	Team Stadtlohn	02:24:07	02:23:46	330	296
32	1832	Kochmann, Ingo	Run4Fun Greven	02:24:47	02:24:00	339	305
33	1691	Brockmann, Torsten	Münster	02:26:36	02:25:58	360	324
34	1523	Viße, Martin	DJK Arminia Ibbenbüren	02:27:10	02:26:47	368	329
35	2313	Schürenkamp, Peter	Lauftreff Sassenberg	02:29:56	02:29:46	398	354
36	2418	Köhne, Mathias	Bad Iburg	02:32:32	02:31:28	433	380
37	2303	Kubierske, Jörg	SUS Legden	02:32:43	02:31:52	436	382
38	1703	Di Martino, Mario	Kein	02:34:26	02:34:07	453	395
39	2345	Peters, Dominik	TV Hohne	02:37:44	02:36:20	482	412
40	1389	Althoff, Thorsten	RSV Münster/ RG Loheide	02:38:21	02:37:24	489	417
41	1673	Förster, André	Kunst Hilft Jugend e.V.	02:40:34	02:40:01	504	428
42	1600	Londa, Andre		02:41:02	02:40:40	508	431
43	2273	Heemann, Björn	Teutoburger Brauerei	02:41:03	02:40:31	509	432
44	2202	Schepers, Thomas	Rheine	02:41:10	02:40:23	510	433
45	2105	Wrobbel, Jörg	Warendorf	02:45:28	02:45:01	531	449
46	1992	Wevers, Robert	Huftertjes	02:48:48	02:48:16	555	467
47	2040	Huning, Dennis	Breitensportclub BSC e.V.	03:12:05	03:11:22	601	496
M 40							
1	2207	Schuler, Markus	freaks-of-running.de	01:40:46	01:40:47	2	2
2	2492	Vogt, Christian	Jede Oma zählt	01:47:36	01:47:35	7	7

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
3	2174	Jäger, Jörg	SV Teuto Riesenbeck	01:51:07	01:51:07	10	10
4	2607	Lippert, Frank	Bitburg	01:51:12	01:51:10	11	11
5	2305	Miethe, Frank	SV Teuto Riesenbeck	01:51:20	01:51:20	12	12
6	1753	Brokbals, Markus	SV Teuto Riesenbeck	01:52:35	01:52:35	17	17
7	2435	Reichert, Christian	Sudbrack-Läufer Bielefeld	01:53:32	01:53:31	21	21
8	2350	Görlich, Reiner	TV Hohne	01:53:51	01:53:48	22	22
9	2542	Hilker, Frank	Active Sportshop Osnabrück	01:54:36	01:54:34	26	26
10	2551	Otto, Daniel	SC Melle 03	01:54:47	01:54:46	27	27
11	2134	Schleinhege, Thorsten	RSC Papenburg	01:55:25	01:55:25	28	28
12	2452	Hussmann, Christoph	Hussmann Profilrollen Fröndenb	01:55:41	01:55:40	32	32
13	2478	Bauer, Alex	Montagebauer	01:55:51	01:55:49	33	33
14	2384	Siegbert, Michael	Grün-Weiß Steinbeck	01:56:09	01:56:08	37	37
15	1770	Borgmann, Mirco	TV Friesen Telgte	01:56:27	01:56:24	41	41
16	2300	Taute, Heinz	LG-Uplengen	01:58:15	01:57:51	51	51
17	2373	Schmeink, Stefan	Mercedes Herbrand	01:58:30	01:58:29	54	54
18	2572	Grotrian, Martin	moun10runners	02:00:47	02:00:40	61	61
19	2158	Schluchter, Thommy	Tri Team TuS Engter	02:01:05	02:00:52	62	62
20	1651	Frohne, Marko	Sportler 4 a childrens world e.V.	02:01:42	02:01:41	66	65
21	2440	Frankenberg, Jens	vereinslos	02:01:42	02:01:10	67	66
22	1922	Bentlin , Mario	Jede Oma zählt	02:01:47	02:01:40	68	67
23	1489	Floer, Stefan	LSF Greven	02:02:44	02:02:31	81	78
24	2495	Leewe, Christof	SV Teuto Riesenbeck	02:03:23	02:03:22	86	83
25	2416	Bien, Jochen	TriRaLa Kolping Püßelbüren	02:03:45	02:03:33	90	87
26	2243	Brink, Heino	SV Cosmos Getelo	02:04:33	02:04:28	96	92
27	2175	Höflich, Tobias	SVC Laggenbeck	02:05:01	02:04:57	98	94
28	2511	Hallau, Frank	Marathon Steinfurt	02:09:20	02:09:03	138	130
29	2609	Hemesath, Jürgen	LG Emsdetten	02:09:27	02:09:27	140	132
30	2234	Wehmeyer, Ralf	SV Uffeln	02:09:43	02:09:42	143	135
31	1684	Kipar, Mirco	SV Gladbeck 13	02:10:39	02:10:21	149	141
32	2594	Litschmann, Manfred	Tri Team Steinfurt	02:10:48	02:10:43	153	143
33	1945	Latocha, Marek	Jede Oma Zählt	02:11:40	02:11:33	163	151
34	2325	Goßling, Dominik	Marathon Steinfurt	02:12:46	02:12:32	175	163
35	2343	Berlekamp, Uwe	vereinslos	02:13:22	02:13:03	181	169
36	1350	de Ruiten, Jan	Rob Veer	02:14:00	02:13:40	192	178
37	2389	Reimelt, Thomas	Stella Bevergern	02:14:59	02:14:53	210	192
38	1583	Komischke, Michael	Run4fun-Greven e.V.	02:15:46	02:14:37	218	200
39	2552	Braemer, Lars	TV Jahn Walsrode	02:16:23	02:16:19	229	210
40	2014	Schaapman, Marten	Osnabrück	02:16:35	02:15:54	234	214
41	2258	Brinkmann, Tobias	Brochterbeck	02:16:47	02:16:20	238	218
42	2587	Fragge, Jörg	LT Gnadenlos	02:16:49	02:16:41	239	219
43	2043	Kisse, Stefan	LG Marienfeld	02:16:56	02:16:05	241	221
44	1266	Uphoff, Matthias	SC Sperlingsgrund	02:17:02	02:17:00	243	223
45	2216	Grammann, Markus	Melle	02:18:59	02:17:56	266	242
46	2299	Otte-Vinke, Mike	BSG Kreissparkasse Melle	02:21:06	02:20:22	290	262

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
47	1744	Ottink, Mirco	FC Schüttorf 09	02:22:29	02:21:40	309	278
48	1536	Löckemann, Markus	LG Emsdetten	02:23:03	02:23:01	313	281
49	1388	Meyer, Stefan	Dortmund	02:23:13	02:23:11	318	286
50	2249	Bröskamp, Heinz	ohne	02:23:18	02:23:00	320	288
51	2498	Frilling, Hendrik	LT Gnadenlos	02:24:04	02:23:52	329	295
52	1328	Pöhl, Andre	Detmold	02:24:10	02:23:45	331	297
53	2516	Ingo, Linnemann	SV Dickenberg	02:25:57	02:24:57	351	316
54	2372	Bollweg, Stefan	BSG Sparkasse Bielefeld	02:26:19	02:25:51	357	322
55	2570	Blume, Sebastian	Hardtseemafia Triathlon	02:27:15	02:26:16	370	331
56	2469	Bahlmann , Jan	Team Erdinger alkoholfrei	02:28:02	02:27:20	379	339
57	2586	Pröhl, Oliver	Münster	02:28:54	02:28:24	387	346
58	2180	Stockhoff, Mario	Harsewinkel	02:29:32	02:29:00	394	350
59	1996	Buitenhuis , Theo	Huftertjes	02:30:22	02:29:49	400	356
60	1473	Reiter, Stephan	VW Werk Emden Brandschutz	02:30:49	02:30:16	406	361
61	2436	May, Detlev	Münster	02:30:55	02:30:12	407	362
62	2239	Brüning, Markus	LG Rheine-Elte	02:33:14	02:32:14	441	385
63	1994	Dijkman, Wouter	Huftertjes	02:34:27	02:33:55	455	396
64	1995	Groeneveld, Herman	Huftertjes	02:34:27	02:33:56	456	397
65	1724	Ruhr, Stefan	VW Werk Emden Brandschutz	02:37:46	02:36:56	483	413
66	2023	Hess, Rene	tecRacer	02:37:54	02:37:13	485	414
67	1926	Januschkewitz, Stephan	kein	02:38:18	02:37:37	488	416
68	2172	Forster, Jürgen	Prost Brönninghausen	02:40:33	02:39:59	503	427
69	1854	Kirsfelds, Lars	Promillejäger	02:40:48	02:40:10	506	429
70	1998	Bührmann, Dieter	OSC-LKG	02:46:10	02:45:29	538	454
71	1511	Suliga, Pawel	Ibbenbüren	02:49:05	02:48:58	559	471
72	2348	Franke, Frank	TV Hohne	02:51:26	02:50:32	570	478
73	2437	Bohnsteffen, Axel	Bielefeld	03:06:39	03:05:47	595	493
74	1678	Blank, Sven	SC Altenrheine / LZ Rheine	03:10:25	03:09:40	600	495
M 45							
1	2236	Konermann, Michael	Rennschweine Greffen	01:49:36	01:49:35	9	9
2	2238	Wallmeier, Bernd	SV Teuto Riesenbeck	01:51:56	01:51:55	14	14
3	2277	Konermann, Werner	Westfalia Hopsten	01:53:14	01:53:12	19	19
4	2260	Künsken, Carsten	SV Hullern 68	01:53:21	01:53:06	20	20
5	1455	Schrant, Jürgen	SV Bokeloh	01:55:37	01:55:30	31	31
6	2010	Becks, Michael	TV Friesen Telgte	01:55:57	01:55:54	34	34
7	2262	Mischke, KLaus	BSG JVA Herford	01:56:04	01:56:05	36	36
8	2231	Brunsfeld, Harald	Team Heinz	01:56:13	01:56:09	38	38
9	2425	Voltz, Stefan	VfR Voxtrup	01:56:24	01:56:22	40	40
10	2553	Stuckmann, Thomas	TSVE 1890 Bielefeld	01:56:36	01:56:13	43	43
11	2347	Brüseke, Andreas	TV Hohne	01:57:01	01:56:59	46	46
12	2288	Landwehr, Andreas	Jede Oma zählt	01:57:39	01:57:32	47	47
13	1260	Wohlgezogen, Jörn	LG Wuppertal	02:02:05	02:01:58	71	70
14	2560	Schmiemann, Christian	Ibbenbüren	02:02:14	02:02:05	74	72
15	2219	Oestmann, Robert	Lauftreff Ganderkesee	02:02:19	02:02:07	75	73

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
16	2164	Jeremies, Wolfgang	eat my dust,meppen	02:02:33	02:02:29	79	76
17	2294	Auffenberg, Wolfgang	SC Altenrheine	02:03:05	02:02:53	83	80
18	1575	Suwelack, Karsten	run4fun Greven	02:03:09	02:03:06	84	81
19	2232	Kordsmeyer, Michael	Stella Bevergern	02:03:34	02:03:23	88	85
20	2224	Appelhans, Thomas	Schneckenjäger	02:03:54	02:03:36	91	88
21	1320	Gebhardt, Martin	VfL Eintracht Hannover	02:05:24	02:05:18	103	98
22	2095	Schulte, Werner	Zoofreunde Kopenhagen	02:05:39	02:05:38	107	101
23	2341	Levold, Felix	LSF Oldenburg	02:06:04	02:06:00	109	103
24	2029	Frenzel, Volker	Melle	02:06:10	02:06:02	110	104
25	2522	Rüther, Michael	TV Mettingen	02:06:26	02:06:20	113	107
26	2226	Respondek, Oliver	Lauftreff Ganderkesee	02:07:19	02:07:09	119	112
27	2246	Brinkhoff, Ralf	Run4Fun Dortmund	02:07:34	02:07:30	120	113
28	2198	Runge , Klaus_Peter	Schneckenpower	02:08:14	02:07:59	124	117
29	2002	Schnetgöke , Jürgen	SV Teuto Riesenbeck	02:08:17	02:08:12	125	118
30	1172	bartkowski, Markus	SUS Phönix Bielefeld	02:09:20	02:08:35	139	131
31	2366	Bußmann, Christoph	LC Restekiste	02:09:37	02:09:21	142	134
32	2212	Schroven, Frank	VfL Weiße Elf Nordhorn	02:09:55	02:08:54	144	136
33	2580	Middendorf, Uwe	LT Waldschleicher Lohne	02:09:55	02:09:06	145	137
34	1567	Wieskus, Michael	LG Coesfeld	02:10:53	02:10:19	154	144
35	1675	Abke, Reinhard	Lauffreunde Gremmendorf	02:11:32	02:10:58	160	148
36	1390	Tietz, Udo	SV Bokelo	02:11:41	02:11:35	164	152
37	2048	Miethe, Ralf	TV Mesum	02:12:44	02:12:29	174	162
38	2287	Wilm, Konstantin	SV Teuto Riesenbeck	02:12:50	02:12:26	176	164
39	2527	Hagen, Heinz	Jede Oma zählt	02:13:32	02:13:10	185	173
40	2330	Herbers, Andreas	SVA Salzbergen	02:13:47	02:13:23	189	176
41	2255	Eichler, Thomas	LG Oerlinghausen	02:13:51	02:13:24	191	177
42	2060	klasing, Jürgen	TV Mesum	02:14:04	02:13:50	193	179
43	1957	Steinkamp, Franz	Lauftreff SW Osterfeine	02:14:12	02:13:51	194	180
44	1614	Zurloh, Dirk	SV Ems Westbevern	02:14:12	02:14:08	195	181
45	2411	Rudolph, Eugen	SuS Neuenkirchen	02:14:18	02:14:07	196	182
46	2116	Dulle, Norbert	Jede Oma zählt	02:14:22	02:13:44	197	183
47	1620	Crocoll, Andreas		02:14:26	02:14:00	200	185
48	1221	Gutierrez-canas, Ignacio	Bremen	02:15:09	02:15:05	213	195
49	1121	Heidl, Stefan	Marathon Steinfurt	02:15:13	02:15:08	215	197
50	2306	souza, carlos	sockenräuber	02:15:56	02:15:50	221	203
51	2271	Gude, Ralf	LG Rheine-Elte	02:16:04	02:15:30	224	206
52	2406	Mönnig, Rainer	Osnabrück	02:16:05	02:15:46	225	207
53	2450	Bonke, Heribert	Rheine	02:16:20	02:15:49	228	209
54	2317	Aulke, Andreas	Ostbevern	02:16:43	02:16:40	236	216
55	2335	Wendker, Thomas	BSV Ostbevern	02:16:43	02:16:40	237	217
56	2342	Mattern, Jürgen	LG Totes Viertel Avenwedde	02:16:56	02:16:24	240	220
57	2388	Tiemann, Andreas	Marathon Steinfurt	02:16:59	02:16:26	242	222
58	2484	Knecht, Karsten	Team Erdinger alkohlfrei	02:17:10	02:16:29	244	224
59	2122	Arlt, Andreas	LSF Münster	02:17:23	02:17:17	248	228

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
60	2315	Bachmann, Volker	Ibbenbüren	02:17:25	02:17:09	249	229
61	2506	Schwalm, Torsten	BSV Bösel	02:17:28	02:16:32	251	231
62	2526	Budde, Thomas	TLV Rünthe	02:17:35	02:17:33	252	232
63	2491	Mersch, Jürgen	ETUS Rheine	02:17:51	02:17:14	257	236
64	2141	Heuvelman, Bas	Streu	02:17:57	02:17:43	259	237
65	2213	Beugholt, Thorsten	LG Oerlinghausen	02:18:00	02:17:33	261	239
66	1960	Günther, Stephan	Team Laufrausch Oldenburg	02:19:11	02:19:03	269	245
67	2364	Kleine, Andreas	Tus Recke	02:19:23	02:18:16	271	247
68	2250	Sprenger, Olaf	SC Melle 03	02:19:33	02:18:40	274	250
69	2201	Böcker, Kalle	VfL Ahaus	02:19:46	02:19:15	277	252
70	2442	Lammers, Stefan	Bergziegen Altenberge	02:20:05	02:19:29	280	253
71	2218	Grünkemeier, Holger	TV Wellingholzhausen	02:20:24	02:19:21	283	255
72	2304	Hintemann, Andreas	SuS Stadtlohn Laufabteilung	02:20:33	02:20:28	286	258
73	2369	Mörsch, Sascha	LT Haumannplatz Essen	02:21:06	02:20:37	289	261
74	2496	Kemper, Martin	LG-Emsdetten	02:21:44	02:21:21	296	267
75	1710	Rotthues, Jürgen		02:21:57	02:21:47	298	269
76	1540	Jackisch, Uwe	SV Rasensport	02:22:21	02:22:09	307	276
77	2575	Farwick, Andreas	TV Georgsmarienhütte	02:23:19	02:22:27	321	289
78	2311	Holtmeyer, Markus	BW Hollage	02:23:43	02:23:32	326	293
79	2093	Better, Alex	Zoofreunde Kopenhagen	02:23:49	02:23:45	328	294
80	1268	Brege, Bernd	LC Nordhorn	02:24:11	02:23:57	333	299
81	1820	Vanheiden, Ralf	Run4Fun Greven	02:24:47	02:24:00	338	304
82	2065	Lienesch, Dietmar	Ibbenbüren	02:25:31	02:24:38	344	310
83	2557	Bockbreder, Frank	Jede Oma zählt	02:26:06	02:25:39	352	317
84	2390	Nospickel, Markus	TV Mettingen	02:26:09	02:25:10	354	319
85	2058	Poggemann, Martin	SV Teuto Riesenbeck	02:26:15	02:26:06	356	321
86	1227	de Zeeuw, Peter	Kopslopers, Borne, NL	02:27:09	02:26:40	367	328
87	1527	Ponick, Alexander	Run4fun-Greven e.V.	02:27:14	02:26:31	369	330
88	2432	Kellermann, Hans-Bernd	Piesberger SV	02:27:17	02:26:23	371	332
89	2540	Riesenbeck, Hartwig	TSG Dissen	02:27:17	02:26:54	372	333
90	2430	Sommerfeld, Klaus	Lingen	02:27:20	02:26:34	373	334
91	1505	Suelmann, Reinhard	Piesberger SV	02:30:29	02:29:47	402	358
92	2189	Meyer, Carsten	Feuerwehr Lengerich	02:30:59	02:30:44	408	363
93	2242	Kipp, Thomas	Feuerwehr Lengerich	02:30:59	02:30:45	409	364
94	2103	Kleemann, Jürgen	Just_for_fun	02:31:11	02:30:28	411	366
95	1443	Kamer, Andreas	Marathon Steinfurt e.V.	02:31:11	02:30:19	412	367
96	1669	Wächter, Oliver	Team Seepferdchen	02:31:29	02:31:03	414	368
97	2132	Hennecke, Michael	VfL Lingen	02:31:36	02:30:40	416	369
98	2470	Schilling, Gregor	Bergziegen Altenberge	02:32:02	02:31:25	423	372
99	2448	Nienhaus, Paul	SC Altenrheine	02:32:13	02:31:13	428	376
100	1133	Schröder, Rainer	TV Mettingen	02:32:19	02:31:41	430	378
101	2186	Deschner, Lars	Osnabrück	02:32:25	02:31:04	432	379
102	1145	Körner, Karsten	Marathon Steinfurt	02:34:17	02:33:38	452	394
103	1765	Neuhaus, Stefan	Team Oltax	02:34:56	02:33:52	461	399

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
104	2135	Neuenbäumer, Thorsten	Oerlinghausen	02:37:15	02:36:36	474	409
105	2133	Sidorski-Koppka, Thomas	Promillejäger	02:37:15	02:36:36	475	410
106	2157	Ilgner, Uwe	Sendenhorst	02:38:24	02:37:20	490	418
107	2217	Schöner, Patrick	SC Melle	02:40:16	02:39:13	501	425
108	2142	Dite, Frank	marathon steinfurt	02:44:57	02:43:51	528	446
109	2396	Muerköster, Dirk	Münster	02:45:53	02:45:50	536	453
110	1752	Finke, Thilo	Lauffreunde Emsland	02:46:52	02:46:11	539	455
111	2599	Giesecke, Jürgen	SV Dickenberg	02:47:02	02:46:01	542	458
112	1804	Hermesen, Wilhelm	FC Schüttorf 09	02:47:15	02:46:51	546	461
113	1547	Schlingmann, Hans	Laufschule Janson	02:47:51	02:46:46	549	463
114	2292	Thomas, Uwe	Yun & Uwe	02:53:54	02:52:55	585	484
115	2110	Potthoff, Peter	SV Oldendorf	03:01:02	03:00:15	591	489
M 50							
1	2268	Wiesenmüller, Jens	TV Georgsmarienhütte	01:53:52	01:53:48	23	23
2	2007	Meier, Jörg	FC Nordkirchen	01:54:22	01:54:21	24	24
3	2423	Fischer, Gerd	Essen	01:56:33	01:56:09	42	42
4	2505	Pezeschgi, Sirius	LSF Münster	01:56:39	01:56:36	44	44
5	1775	Penno, Hermann	BEWI run	01:57:39	01:57:34	48	48
6	2223	Möller, Marc	Lauftreff Ganderkesee	01:58:17	01:58:05	52	52
7	2530	Wissing, Ansgar	LG Emsdetten	01:58:29	01:58:20	53	53
8	2107	Kaulbach , Stefan	Neunkirchen-Seelscheid	02:00:41	02:00:39	60	60
9	2109	van Norden, John	MPM	02:01:57	02:01:46	70	69
10	2601	Haverkock, Norbert	SuS Legden	02:02:29	02:02:21	77	75
11	2066	Alke, Burkhard	Rennschweine Greffen	02:02:43	02:02:35	80	77
12	2408	Elstrodt, Dieter	TV Mettingen	02:02:58	02:02:50	82	79
13	2183	Finkelmann, Ralf	TUS Hiltrup	02:03:22	02:03:17	85	82
14	2270	Vollmer, Ralf	Osnabrücker TB	02:03:40	02:03:12	89	86
15	2200	Hartmann, Uwe	Bippener SC-----	02:03:57	02:03:41	93	89
16	2088	Pohl, Martin	TV Georgsmarienhütte	02:04:09	02:03:56	94	90
17	2561	Igelbrink, Hans Peter	TV Georgsmarienhütte	02:04:09	02:03:53	95	91
18	1208	Just, Roland	Filz-Tilly-Running-Team	02:05:09	02:05:07	100	95
19	2037	Kootstra, Gert-Jan	RST Enschede	02:06:16	02:05:44	112	106
20	1180	Uphoff, Peter	SV Teuto Riesenbeck	02:06:48	02:06:44	115	109
21	2256	Bröker, Hermann	LG Emsdetten	02:08:04	02:07:49	121	114
22	1821	Hock, Thomas	DJK Armina Ibbenbüren	02:08:11	02:07:57	122	115
23	2176	Krumbeck, Christian	SC Falke Saerbeck	02:08:17	02:08:04	126	119
24	1190	Schmidtke, Rudi	Sport Ziel-Marathonteam	02:08:45	02:08:42	129	122
25	1214	Hufenreuter, Albert	Lufthansa BSV Hamburg	02:08:59	02:08:44	131	123
26	2259	van der Knaap, Erik	SV Cosmos Getelo	02:09:05	02:08:59	133	125
27	2233	Hilder, Robin	Lienen	02:09:17	02:08:59	136	128
28	1571	Schwerbrock, Dirk	Run 4 Fun Greven	02:09:18	02:09:13	137	129
29	2413	Praefke, Frank	Team BSG EVAG ESSEN	02:09:37	02:09:07	141	133
30	2247	Schwarte, Christian	LG Emsdetten	02:11:00	02:10:44	157	146
31	2008	Veismann, Hermann	W&H Laufgruppe	02:11:19	02:10:58	159	147

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
32	2204	Mario, Proske	LSF Münster	02:11:34	02:10:54	161	149
33	2151	Fudicar, Alexander	Marathon Ibbenbüren	02:12:23	02:12:08	171	159
34	2321	Exner, Thomas	TSVE Bielefeld	02:12:55	02:12:37	177	165
35	1279	Köster, André	Münster	02:13:21	02:12:43	179	167
36	2524	Eder, Thomas	TLV Rünthe	02:13:30	02:13:28	184	172
37	1240	Rose, Norbert	Lauffreunde Gremmendorf	02:13:46	02:13:11	188	175
38	1823	Friederich, Dirk	Jede Oma zählt	02:14:27	02:14:02	201	186
39	1792	Hövel, Helmut	SV Teuto Riesenbeck	02:14:29	02:14:24	202	187
40	2486	Gerhardus, Klaus	VfL Wehbach	02:15:00	02:14:10	211	193
41	2244	Richter, Paul	VfL Lingen	02:15:34	02:15:18	217	199
42	1451	Pischny, Reiner	Schermbeck	02:16:28	02:16:25	231	211
43	2279	Kedziora, Frank	VfR Voxtrup	02:17:27	02:17:02	250	230
44	1891	Diepenbrock, Thomas	Nordwalde	02:17:37	02:16:54	253	233
45	1726	Klomp maker, Arthur	Laufmitmir	02:18:52	02:18:19	265	241
46	2148	Hermelbracht, Jürgen	TRISPEED Marienfeld	02:19:33	02:19:28	273	249
47	2556	Beulting, Franz-Josef	Marathon Steinfurt	02:20:58	02:20:17	288	260
48	2415	Neuhaus, Walter	PC Telgte	02:21:38	02:20:55	293	264
49	1959	Kwiatkowski, Wilfried	Autonomes Laufkombinat Münst	02:21:38	02:21:00	294	265
50	2489	Kippenbrock, Horst	LG Emsdetten	02:22:05	02:21:28	302	271
51	1291	Göbel, Uwe	Rheine	02:22:16	02:21:50	304	273
52	1875	Sonntag, Mike	MC-Pirate e.V.	02:22:16	02:21:48	305	274
53	2405	Zumdieck, Norbert	WSU TriTeam Warendorf	02:22:20	02:21:37	306	275
54	1381	Rösler, Andreas	LT Wischlingen Dortmund	02:23:14	02:23:12	319	287
55	1206	Trittel, Stephan	Bad Iburg	02:24:10	02:23:48	332	298
56	2480	Striethorst, Martin	TV Georgsmarienhütte	02:24:20	02:23:29	334	300
57	2165	Geerdink, Ton	Streu	02:24:50	02:24:41	340	306
58	1737	Bresler, Guido	Marathon Steinfurt	02:25:05	02:24:06	342	308
59	2296	Stenzel, Michael	Marathon Steinfurt	02:25:42	02:25:01	346	312
60	2326	Brink, Helmut	SV Bokeloh	02:25:53	02:25:42	350	315
61	2532	LEbus, Rüdiger	Münster	02:26:48	02:25:46	363	326
62	1176	Sackmann, Thomas	BSG AGRAVIS Raiffeisen AG	02:27:41	02:26:52	375	336
63	1209	Thiele, Ma Jo	Team Erdinge Alkoholfrei	02:28:31	02:27:55	382	342
64	2222	Brink, Arend	SC Union Emlichheim	02:28:37	02:28:29	384	344
65	2089	Weiligmann, Manfred	LSF Greven	02:28:47	02:28:32	385	345
66	2169	Kerk, Thomas	Feuerwehr Ibbenbüren	02:29:10	02:28:11	391	348
67	1469	Lüngen, Markus	Osnabrück	02:30:15	02:29:30	399	355
68	1175	Morisse, Karsten	LC Solbad Ravensberg	02:30:29	02:29:47	401	357
69	2016	Mäuer, Udo	SV-Dickenberg	02:30:33	02:29:32	403	359
70	1264	Schmandt, Dirk	LSF Münster	02:30:42	02:29:57	404	360
71	2080	Gottensträter, Hartmut	ETuS Rheine	02:31:55	02:31:17	422	371
72	2391	Bickendorf , Josef	Running Friends Bedburg	02:32:42	02:31:51	435	381
73	1581	Brömmelhaus , Reimund	Run 4 Fun Greven	02:33:11	02:32:03	440	384
74	2167	Schäfers, Jürgen	SV Teuto Riesenbeck	02:33:34	02:33:26	442	386
75	2185	Sentker, Ralf	VfL Lingen	02:33:51	02:32:53	443	387

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
76	1760	Bolles, Stefan	LT Waldschleicher Lohne	02:34:05	02:33:07	447	389
77	2344	Becks, Stefan	TV Hohne	02:34:08	02:33:15	449	391
78	2011	Schaffer, Thomas	A3K	02:34:11	02:33:28	450	392
79	2529	Magh, Thomas	Bottroper Tocos	02:35:14	02:34:56	463	401
80	2338	Oelgemöller, Dieter	PC Telgte	02:35:43	02:35:01	464	402
81	2407	Wegmann , Claus	TV Friesen Telgte	02:36:07	02:35:35	468	405
82	2230	Strelow, Peter	LSF Münster	02:36:39	02:35:38	470	406
83	2143	Tombrink, Michael	LSF Münster	02:37:19	02:36:43	479	411
84	2410	Steffan, Christoph	Jede Oma zählt	02:38:27	02:38:08	491	419
85	1525	Oster, Georg	SoDa Laggenbeck	02:38:43	02:38:21	495	421
86	2160	Welkener, Jürgen	Just for fun Melle	02:38:48	02:38:09	496	422
87	2314	Gatz, Stephan	LG Oerlinghausen	02:39:06	02:38:08	498	423
88	2053	Busche, Ludger	MTV Borsum	02:40:32	02:39:23	502	426
89	2289	de Boer, Eddy	Reestruffers	02:40:48	02:40:17	507	430
90	2468	Vennemann, Stefan	Bergziegen Altenberge	02:41:53	02:41:15	513	436
91	2280	Greiwe, Jörg	Sportler 4 a childrens world e.V.	02:42:18	02:41:54	517	437
92	2367	Neteler, Rudi	Münster	02:43:40	02:42:39	521	440
93	2275	Weßling, Michael	Wilfried-Jeurink-Stiftung	02:44:25	02:43:27	526	444
94	1555	Heming, Ingo	TV Lengerich	02:44:25	02:43:27	527	445
95	1354	Ziese, Bernd	MDK Rheine	02:45:47	02:45:03	533	451
96	2380	Kattenbeck, Jürgen	Kanufreunde Emshaie Greven	02:47:01	02:46:42	540	456
97	2031	Epping, Martin	1 FC Gievenbeck	02:47:01	02:45:52	541	457
98	2263	Penning, H-D.	Fortuna Logabirum	02:47:10	02:46:32	543	459
99	2028	Masselijk, René	RST	02:47:43	02:47:43	547	462
100	2297	Pech-Larisch, Tassilo	Team Erdinger Alkoholfrei / LG	02:48:22	02:47:24	550	464
101	2519	Nordmann, Hajo	Osnabrücker Ruderverein	02:48:31	02:47:42	551	465
102	2564	Krause, Joachim	Team Erdinger Alkoholfrei	02:48:42	02:47:40	553	466
103	1257	Dr. Kremmin, Hannes	Lokomotive Petersfehn	02:50:53	02:49:49	566	477
104	2336	van Iterson, Theodorus	Osnabrück	02:52:20	02:51:50	577	480
105	2075	Felmet, Klaus-Dieter	LG Emsdetten	02:57:19	02:56:24	587	486
106	1979	Schürmann, Jörg	Jede Oma zählt	02:59:17	02:58:28	588	487
107	2067	Brouwer, Anne	Hengelo, niederland	03:08:40	03:08:15	596	494
M 55							
1	1452	Küpker, Heinz	BSG Kraftwerke Lingen	01:52:30	01:52:29	16	16
2	2600	Moritz, Ernst-Günther	Hannover Athletics	01:56:20	01:56:18	39	39
3	2113	Pipers, Jos		02:05:24	02:05:13	102	97
4	2357	Tillack, Hans	LG Emsdetten	02:05:38	02:05:27	106	100
5	1426	Lietz, Ralf	Wildeshäuser Lauftreff	02:07:02	02:07:01	116	110
6	2126	Beckmann, Stefan	TV -Borken	02:07:03	02:06:57	118	111
7	2475	Dierkes, Reinhard	DSC Dörenthe	02:09:00	02:08:25	132	124
8	2443	Fleiß, Hermann	LSF Münster	02:09:06	02:08:54	134	126
9	2499	Albers, Werner	LG Emsdetten	02:10:10	02:09:55	146	138
10	2461	Breuer, ludger	Bochum	02:10:47	02:09:47	151	142
11	2138	Timmerhuis, Henri	Loopgroep STREU	02:11:35	02:11:26	162	150

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
12	2051	Mann, Klaus	Billerbecker Laeufer	02:11:57	02:11:39	166	154
13	2464	Schulze, Holger	Voßkamp Runnersteam	02:12:14	02:12:06	168	156
14	2221	Deiting, Thomas	Stella Bevergern	02:12:29	02:12:11	172	160
15	2293	Brinker, Uwe	LC Nordhorn	02:13:28	02:13:15	183	171
16	1585	Suerland, Klaus	Laufsport Senden	02:13:34	02:13:22	186	174
17	2544	Georg, Toepper	WSU-Warendorf	02:14:48	02:14:28	205	189
18	2225	Geske, Michael	LSF Münster	02:14:53	02:14:16	208	191
19	2513	Schäche, Guido	LG Emsdetten	02:16:04	02:15:18	223	205
20	2139	Brouwers, Hans	sisu	02:16:35	02:16:23	233	213
21	2567	Haider, Peter	LiVe- Laufftreff in Versmold	02:17:58	02:17:29	260	238
22	1154	Vry, Ralf	Fortuna Logabirum	02:19:11	02:19:04	270	246
23	1458	Ruether, Udo	LG Wuppertal	02:20:25	02:19:52	284	256
24	2161	Sanner, Reinhard	TV Georgsmarienhütte	02:21:17	02:20:30	291	263
25	1876	Bode, Andreas	Hurricane Holsen	02:21:49	02:21:42	297	268
26	1925	Vosskötter, Ralf	FC Schüttorf 09	02:22:08	02:21:42	303	272
27	2035	Tenberg, Helmut	TV Mettingen	02:22:44	02:22:16	311	279
28	2077	Strathaus, Wolfgang	w+f Münster	02:22:46	02:22:40	312	280
29	2361	Ottensmann, Manfred	PC Telgte	02:23:05	02:22:23	314	282
30	2021	Möllmann, Werner	OSC Damme	02:23:13	02:22:09	317	285
31	2235	Düpmeier, Armin	LG Ems Warendorf	02:24:39	02:24:20	337	303
32	2049	Albers, Lothar	LG Emsdetten	02:25:46	02:24:47	348	314
33	2254	Zantop, Bernd	LG Oerlinghausen	02:26:11	02:26:05	355	320
34	2518	Gastmann, Richard	Jümmelopers	02:26:51	02:26:47	364	327
35	1553	Grüger, Magnus	LSF Münster	02:28:23	02:27:35	381	341
36	2090	Mevenkamp, Bernd	DJK Coesfeld	02:29:01	02:28:20	390	347
37	2354	Matheke, Jürgen	TV Hohne	02:29:42	02:28:51	396	352
38	2515	Stani, Paul	Marathon Steinfurt	02:32:03	02:31:59	425	373
39	2352	Konermann, Peter	TV Hohne	02:32:18	02:31:29	429	377
40	1883	Neumann, Bertram	Laufftreff Nottuln	02:32:47	02:32:30	437	383
41	1442	Schwarz, Alfred	Wildeshäuser Laufftreff	02:34:03	02:33:08	446	388
42	2018	Meemann, Helmut	Vfl Lingen	02:34:08	02:33:11	448	390
43	1135	Menzel, Jürgen	Marathon Steinfurt	02:34:16	02:33:41	451	393
44	2276	Beckmann, Manfred	Schwarz-Weiß Esch	02:36:55	02:35:55	471	407
45	1408	Hirsch, Reiner	BSG König Brauerei	02:37:01	02:36:16	472	408
46	2520	Burmeister, Kai	Heidmühler FC	02:38:11	02:37:47	486	415
47	2033	Möhring, Heinrich	OSC Damme	02:41:37	02:40:33	512	435
48	1764	Nientiedt, Klaus	DJK Dyckburg MÜNSTER	02:43:20	02:42:28	518	438
49	2445	Friedl, Harald		02:45:43	02:44:38	532	450
50	2455	Schluer, Thomas	TuS Hilstrup	02:47:12	02:46:29	544	460
51	1997	Busekros , Lüder	SV Hepstedt-Breddorf	02:50:40	02:49:41	564	475
52	2170	Thater, Ralf	LSF Oldenburg	02:51:55	02:50:51	574	479
53	1686	Grundschtötel, Eduard	LC Paderborn	02:53:24	02:52:45	584	483
54	1287	Ullrich, Udo	Tri Geckos Dortmund	02:56:10	02:56:09	586	485
55	1842	Andreas, Sante	SV Dickenberg	03:02:09	03:01:10	593	491

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
56	2493	Taylor, John	LSF Münster	03:02:48	03:02:18	594	492
M 60							
1	2462	Engeländer, Goar	Haxter Lauffreunde Paderborn	01:52:55	01:52:52	18	18
2	2333	Essing, Heinrich	Marathon Steinfurt	02:01:11	02:00:49	64	63
3	2257	Griesbaum, Norbert	LT Brechten Dortmund	02:02:22	02:02:23	76	74
4	1429	Grond, Josef	Marathon Steinfurt / SC Nordwal	02:05:34	02:05:28	105	99
5	1510	Wegdam, Theo	Dutchrunners	02:05:53	02:05:52	108	102
6	1588	Siedler, Wolfgang	asg-weitwärts	02:09:16	02:09:13	135	127
7	1941	Ellguth, Joachim	FC Schüttorf 09	02:10:37	02:10:35	148	140
8	2595	Liegmann, Günter	100MC / TV Georgsmarienhütte	02:12:12	02:11:25	167	155
9	2328	Epping, Gerhard	LG Emsdetten	02:15:02	02:14:49	212	194
10	2438	Lid, Rainer	Laufsport Senden	02:17:40	02:17:29	255	234
11	2120	Pfister, Ulrich	Hinkende Hähne	02:24:55	02:24:25	341	307
12	2181	Schardt, Michael	LSF Münster	02:29:19	02:28:40	392	349
13	2205	Runow, Günter	Reestrunners De Wijk	02:29:36	02:29:04	395	351
14	2228	Adler, Peter	LG Emsdetten	02:31:37	02:30:46	417	370
15	1587	Raschke, Ludger	SV Dickenberg	02:34:54	02:34:01	459	398
16	1576	Vernauer, Günter	Osnabrück	02:35:57	02:34:50	467	404
17	2096	Kaiser, Peter	LSF Münster	02:38:42	02:37:40	494	420
18	1757	John, Peter	LC Nordhorn	02:39:24	02:38:50	500	424
19	2020	Niekerke, Herbert	Bad Iburg	02:43:20	02:42:27	519	439
20	2012	Strauch, Heinz	SV Teuto Riesenbeck	02:43:50	02:42:53	523	441
21	1812	Berg, Martin	Münster	02:44:21	02:43:44	525	443
22	1929	NAWROT, JEF	RIJKEVORSEL	02:50:05	02:49:16	563	474
23	2488	Otte, Bernfried	Racebooker	02:50:50	02:49:54	565	476
24	1314	Pott, Herbert	Potts Blitz	02:52:23	02:51:34	578	481
M 65							
1	2108	Brinkhues, Bernd	SC Altenrheine	02:14:52	02:14:41	207	190
2	1125	Ebbing, Rolf	Marathon Steinfurt	02:15:50	02:15:46	219	201
3	1353	Koops, Jürgen	ETuS Rheine	02:21:39	02:21:23	295	266
4	1793	Luetke Schelhowe, Hermann	DJK Dyckburg-Münster	02:25:33	02:24:43	345	311
5	2104	Frohne, Franz-Josef	Team Laufen-Os.de	02:29:44	02:29:33	397	353
6	2329	Lienland, Franz-Josef	LSF Oldenburg	02:35:45	02:34:33	465	403
7	1977	Hülsmeier, Werner	SV Teuto Riesenbeck	02:41:14	02:40:06	511	434
8	1273	Schipper, Sjaak	ATC'75	02:45:26	02:44:42	529	447
9	2501	Rehers, HaWe	OSC / 100 Marathon Club / DU	02:45:26	02:44:17	530	448
10	2393	Wolfrom, Peter	LT SCHOPPENSTECHEER	02:45:52	02:44:50	535	452
11	2283	Niesen, Wilfried	Ladbergen	02:48:54	02:48:17	557	469
12	2365	Becker, Friedhelm	LC Restekiste	03:01:02	03:00:19	592	490
M 70							
1	2034	Sprick, Wilhelm	VfL Oldenburg	02:48:54	02:48:35	558	470
M HK							
1	2541	Abdallah, Abdelmajeed	Jede Oma zählt!	01:41:13	01:41:13	3	3
2	2128	Lau, Christian	SC Altenrheine	01:42:08	01:42:09	4	4

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
3	2596	Schaap, Kevin	LAAC Twente	01:42:41	01:42:42	5	5
4	2428	Spisla, Dominik	Sudbrack-Läufer	01:51:53	01:51:52	13	13
5	2278	Kedziora, Dennis	VfR Voxtrup	01:59:15	01:58:47	56	56
6	1668	Dreißigacker, Max	Team Xtreme	02:02:14	02:01:25	73	71
7	2295	Heider, Sebastian	ohne	02:03:23	02:03:06	87	84
8	2473	Rothe, Terence	Die Waldläufer aus Mittelerte	02:06:39	02:06:38	114	108
9	2472	Ebers, Sven	Racebooker	02:08:42	02:08:25	128	121
10	1611	Weber, Fabian	ohne	02:12:18	02:12:18	169	157
11	2581	Hamburger, David		02:12:56	02:11:55	178	166
12	2351	Haßmann, Yannick	TV Hohne	02:13:21	02:12:28	180	168
13	2309	Spanel, Stefan	TuS Altenberge 09	02:14:23	02:14:03	199	184
14	2487	Möhlmann , Tobias	Eintracht Rodde	02:17:15	02:16:22	245	225
15	2079	Krösche, Tim	Münster	02:17:16	02:16:51	246	226
16	2081	Becking, Stefan	Münster	02:17:16	02:16:52	247	227
17	2062	Kerk, Raphael	Münster	02:19:30	02:19:20	272	248
18	2477	Antonij, Anton	DJK Arminia Ibbenbüren	02:23:06	02:22:53	315	283
19	2482	Redder, Torben	No	02:25:09	02:24:15	343	309
20	2375	Lammers, Daniel	DJK Arminia Ibbenbüren	02:26:40	02:25:46	361	325
21	2078	Brink, Simon	VfL Ladbergen	02:44:08	02:43:12	524	442
22	2534	Miete, Adrian	Osnabrück	02:48:53	02:48:04	556	468
23	2355	Matheke, Marco	TV Hohne	02:49:40	02:48:47	561	472
24	2397	Kramer, Martin	Stella Bevergern	02:49:54	02:49:03	562	473
25	1311	Pott, Julian	Potts Blitz	02:52:23	02:51:33	579	482
26	1197	Beine, Tobias	Bünde	02:59:18	02:58:29	589	488

M U23

1	2281	Book, Lars Henrik		02:05:22	02:05:17	101	96
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W 30

1	2454	Richter, Bianca	BSG JVA Herford	02:01:11	02:01:12	63	1
2	2070	Müller, Kerstin	Stadtwerke Münster	02:10:54	02:10:51	156	11
3	2168	Kranz, Birgit	Kein Verein	02:21:59	02:21:27	300	30
4	1200	Eggert, Martha	flaschenpost	02:23:33	02:22:43	324	33
5	2005	Arène, Ophélie	Gütersloh	02:26:47	02:26:05	362	37
6	2307	Sprenger, Silvia	Münster	02:32:03	02:31:19	424	52

W 35

1	2265	Rengers, Katja	Starlight Team Essen	02:10:41	02:10:14	150	9
2	1919	Pyl, Antje	Bielefeld	02:14:22	02:13:57	198	15
3	2121	Görken, Antje	BSV Ostbevern	02:16:13	02:15:40	227	19
4	2463	Marx, Sabine	TSVE 1890 Bielefeld e.V.	02:19:49	02:19:20	278	26
5	2360	Orilski, Judith	Hannover 96	02:19:59	02:19:48	279	27
6	2046	Kempkes, Jessica	Crespel & Deiters	02:26:31	02:25:51	359	36
7	1309	Dragt, Elsa	Kopslopers Borne	02:27:08	02:26:39	366	39
8	2101	Poppenborg, Maren	LSF Münster	02:28:53	02:28:09	386	41
9	2206	Rüther, Karin	Ibbenbüren	02:29:31	02:28:48	393	44
10	1179	Nather, Corinna	Finnys Fleißige Füße	02:31:49	02:31:28	420	50

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
11	1728	goosmann, miriam	SV esche	02:31:53	02:31:18	421	51
12	2525	Kettelgerdes, Monika	Delbrück	02:37:31	02:36:56	481	70
13	2387	Austermann, Andrea	1.Tri Team Gütersloh Gtv	02:38:16	02:37:51	487	72
14	1963	Röhrdanz, Stefanie	Osnabrücker Sportclub	02:46:10	02:45:29	537	84
15	2298	Larisch, Eveline	Team Erdinger Alkoholfrei / LG	02:51:37	02:50:42	572	94
16	1258	Poczatek, Jolanta	DJK Stadtlohn	02:51:42	02:51:22	573	95
17	2044	Schultz, Marén	Hamburg	02:52:00	02:51:20	575	96
W 40							
1	2568	Schlüter, Heike	LiVe- Laufftreff in Versmold	02:02:30	02:02:05	78	3
2	2004	Mergelmeyer, Britta	TuS Borgloh	02:10:48	02:10:21	152	10
3	2422	Tarrach , Michaela	LTH-Essen	02:14:55	02:14:27	209	18
4	2269	O'Connor, Steffi	BSG JVA Herford	02:16:26	02:16:18	230	20
5	2124	Beyer, Janin	Marathon Dinslaken	02:17:53	02:17:36	258	22
6	2554	Berkath, Petra	TV Jahn Walsrode	02:18:40	02:18:35	263	23
7	2434	Reichert, Susanne	Sudbrack-Läufer Bielefeld	02:19:36	02:19:31	275	25
8	2359	Hollensteiner, Katja	LC 92 Bad Salzuflen	02:25:49	02:25:22	349	35
9	2585	Erdenberger, Ute	Marathon Steinfurt	02:28:58	02:28:18	389	43
10	1884	Grabau, Ilka	LC Solbad Ravensberg	02:30:44	02:30:15	405	45
11	2611	Harmeyer, Birgit	TV Mettingen	02:33:00	02:32:23	439	56
12	2545	Austermann, Tanja	WSU-Warendorf	02:34:54	02:34:33	460	62
13	2100	Kolar, Miriam	LSF Münster	02:35:47	02:35:02	466	63
14	2006	Mönnig, Anke	TSG 07 Burg Gretesch	02:37:17	02:36:41	476	66
15	2466	Diekhans , Anja	Rietberg	02:37:31	02:36:55	480	69
16	2504	Pothast, Hiltrud	HC Moormerland	02:38:40	02:38:30	493	74
17	2371	Habicht, Sylvia	LT Haumannplatz Essen	02:45:51	02:44:56	534	83
18	2118	Kortenbreer, Sonja	SV Teuto Riesenbeck	02:50:55	02:50:00	567	90
19	2117	Kappelhoff, Tanja	SV Teuto Riesenbeck	02:50:55	02:50:00	568	91
W 45							
1	1727	Nachtwey, Claudia	Lippe Runners Werne	02:02:07	02:02:04	72	2
2	2001	Wiedemann, Ute	FFW Windheim	02:08:47	02:08:39	130	8
3	2047	Heinzelmann, Beate	Laufspas SW Sende	02:11:09	02:11:04	158	12
4	1453	Schrant, Heike	SV Bokeloh	02:14:46	02:14:37	204	16
5	2073	Meier, Sandra	Osnabruecker SC	02:17:38	02:16:32	254	21
6	2449	Lenzen, Annette	TuS Altenberge 09	02:20:21	02:19:59	282	28
7	1721	Haarhues, Christiane	FC Schüttorf 09	02:21:29	02:21:05	292	29
8	2027	Turow- Gaszczak, Michaela	Laufspass SW Sende	02:22:05	02:21:33	301	31
9	2041	Nickholz, Simone	LV Oelde	02:22:35	02:22:04	310	32
10	1810	Oortwijn, Ina	baddedravrs	02:26:57	02:26:20	365	38
11	2457	Krey, Reinhild	LG Rheine-Elte	02:27:43	02:26:46	376	40
12	2353	Streich, Stefanie	TV Hohne	02:28:56	02:28:43	388	42
13	1441	Schumacher, Gabi	Lions	02:33:58	02:33:27	444	57
14	2502	Marin, Ute	TV Mettingen	02:36:30	02:35:55	469	64
15	2019	Böhme, Mechthild	LC Solbad Ravensberg	02:37:17	02:36:46	477	67
16	2536	Gutknecht, Claudia	LC Solbad Ravensberg	02:37:17	02:36:47	478	68

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
17	2447	Werthmüller, Francis		02:37:53	02:37:06	484	71
18	2531	Wolters, Anja	LG Emsdetten	02:38:57	02:38:25	497	75
19	2050	Albers, Jutta	LG Emsdetten	02:40:44	02:39:41	505	77
20	2500	Marschner, Sabine	Lauftreff am Haumannplatz	02:42:18	02:41:24	516	80
21	2147	ter Haar, Petra	Lauftreff Neuenhaus	02:43:43	02:43:07	522	82
22	1803	Hermesen, Heike	FC Schüttorf 09	02:47:15	02:46:54	545	85
23	2085	Vossers , Rianne	Laac Twente	02:47:43	02:47:43	548	86
24	2370	Hörig, Anke	LT Haumannplatz Essen	02:48:33	02:47:39	552	87
25	2563	Krause, Martina	Team Erdinger Alkoholfrei	02:48:42	02:47:40	554	88
26	2196	Wachsmann, Katrin	LSF Münster	02:51:23	02:50:28	569	92
27	2533	Lebus, Berit	Münster	02:51:34	02:50:32	571	93
28	2291	Wang, Yun	Yun & Uwe	02:52:59	02:52:03	582	100
29	2419	Bendix, Jutta	LSF Münster	02:59:53	02:58:53	590	102
30	1813	Nass, Britta	Oerlinghausen	03:09:47	03:09:11	597	103
31	2363	Heemann-Meyer, iris	Grün-Weiß-Steinbeck	03:09:47	03:08:40	599	105
32	1170	Hullerum, Sylvia	LG Coesfeld	03:17:35	03:17:04	602	106
W 50							
1	2453	Stöppler, Petra	Marathon Steinfurt/TRIFINISH	02:03:56	02:03:51	92	4
2	2605	Birgit, Lennartz	LLG St. Augustin	02:05:07	02:05:06	99	5
3	2439	Gaszek, Eva-Maria	Laufsport Senden	02:05:28	02:05:18	104	6
4	2129	Kempkes, Christiane	TV Borken	02:07:03	02:06:58	117	7
5	2377	Hörnschemeyer, Gisela	Judo Crocodiles	02:13:47	02:13:35	190	14
6	2320	Brinkmann, Wilma	TSVE Bielefeld	02:23:49	02:23:32	327	34
7	2098	Ruczynski, Bettina	TSG 07 Burg Gretesch	02:33:59	02:33:13	445	58
8	2052	Schulze Bisping, Agnes	Billerbecker Laeufer	02:34:28	02:34:03	457	60
9	1572	Kerk, Ruth	SV Dickenberg	02:37:08	02:36:23	473	65
10	2319	Meyer, Petra	Grün-Weiß Steinbeck	02:42:18	02:41:19	515	79
11	2565	Wiemeler, Doris	Marathon Steinfurt	02:49:10	02:48:04	560	89
12	1789	Risthaus, Erika	SV Lembeck	02:52:33	02:52:03	580	98
13	1158	Müller-Hinsken, Marion	SV Lembeck	02:52:33	02:52:03	581	99
W 55							
1	2485	Herrmann, Beate	TuS Altenberge 09	02:14:49	02:14:30	206	17
2	2190	Hennigs, Liane	TSG 07 Burg Gretesch	02:31:39	02:31:12	418	48
3	1259	Bergmann, Iris	Lauftreff Nottuln/TEA	02:31:47	02:31:09	419	49
4	1924	Vosskötter, Margrit	FC Schüttorf 09	02:32:51	02:32:25	438	55
5	2459	de Buhr, Herta	Fortuna Logabirum	02:38:40	02:38:31	492	73
6	2476	Dierkes, Gabriele	DSC Dörenthe	02:39:18	02:38:43	499	76
7	2456	Hüging, Doris	SuS Neuenkirchen	02:43:23	02:43:00	520	81
8	1932	Ellguth, Ellen	FC Schüttorf 09	03:09:47	03:09:26	598	104
W 60							
1	1946	Wille, Monika	Lauftreff Lauenhagen	02:31:18	02:30:44	413	46
2	2154	Biesewig, Annemarie	Marathon Ibbenbüren	02:31:30	02:30:43	415	47
3	2229	Hirsch, Andrea	LG Emsdetten	02:34:26	02:33:23	454	59
4	1592	Schneedhorst, Ute	asg-weitwärts	02:42:05	02:41:27	514	78

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
5	2038	Herbert, Christine	LSF Münster	02:53:04	02:52:04	583	101
W 65							
1	2145	Horst , Hannelore	TV Georgsmarienhütte	02:13:40	02:13:29	187	13
W HK							
1	2188	Miller, Kimberly	TSG 07 Burg Gretesch	02:18:42	02:18:14	264	24
2	1598	Schaper, Mirjam	Osnabrück	02:32:25	02:32:07	431	53
3	2535	Nordmann, Tabea	Osnabrücker TB	02:32:38	02:31:50	434	54
4	2153	Witt, Kathrin	Marathon Ibbenbüren	02:34:40	02:33:54	458	61
5	2602	Gleißmann, Nadja		02:52:00	02:51:20	576	97