

33 Aaseelauf 2016

Hauptlauf 10 KM

Gesamtliste

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
1	1	1	83	871	Titgemeyer, Markus	TV Georgsmarienhütte	M 30	00:33:22	00:33:22
2	1	2	67	946	Eckstein, Klaus	LC Nordhorn	M 45	00:35:01	00:35:01
3	1	3	79	964	Pott, Andreas	SV Teuto Riesenbeck	M 35	00:35:11	00:35:11
4	2	4	80	1050	Welp, Robert	SV Teuto Riesenbeck	M 35	00:36:18	00:36:18
5	1	5	76	879	Steffen, Markus	SV Eintracht Neuenkirchen	M 40	00:36:25	00:36:25
6	1	6	87	872	Stoye, Kai-Uwe		M HK	00:37:14	00:37:14
7	2	7	84	1059	Nagga, Sebastian	VFR Voxtrup	M 30	00:38:48	00:38:47
8	2	8	89	1058	Kedzidra, Dennis	VFR Voxtrup	M HK	00:38:56	00:38:55
9	3	9	95	956	Guesk, David		M HK	00:39:07	00:39:06
10	3	10	84	814	Dierkes, Simon	LG Rapido Kiel	M 30	00:39:12	00:39:11
11	1	11	64	1062	Pohl, Martin	TV G.M. Hütte	M 50	00:39:18	00:39:16
12	2	12	73	824	Otto, Daniel	SC Melle 03	M 40	00:39:24	00:39:23
13	2	13	65	1051	Uhlenbruch, Ralf	SC Altenrheine	M 50	00:39:45	00:39:44
14	2	14	68	1033	Konermann, Werner	Westfalia Hopsten	M 45	00:39:57	00:39:55
15	3	15	68	1025	Frankenberg, Richard	TV G.M. Hütte	M 45	00:40:08	00:40:06
16	4	16	82	855	Stauff, Andreas	VfR Voxtrup	M 30	00:40:20	00:40:19
17	3	17	73	1008	Sommerkamp, Frank	GW Steinbeck	M 40	00:40:29	00:40:26
18	5	18	86	864	Schulenberg, Andre		M 30	00:40:37	00:40:34
19	3	19	77	1034	Heitmeyer, Stefan	TV G.M. Hütte	M 35	00:40:49	00:40:47
20	6	20	85	831	Knorre, Stephan	SuS Schalke 96	M 30	00:40:59	00:40:50
21	7	21	83	884	Siebelmann, Florian	Jede Oma zählt	M 30	00:41:09	00:41:07
22	4	22	93	820	Kähler, Lars	Piesberger SV	M HK	00:41:23	00:41:20
23	4	23	79	847	Knappeide, Mark	TV-Georgsmarienhütte	M 35	00:41:31	00:41:28
24	5	24	80	1065	Bovenschulte, Andy		M 35	00:41:46	00:41:38
25	3	25	65	842	Schare, Christian	SC VelpeSüd Alte Herren	M 50	00:41:48	00:41:46
26	6	26	80	922	Windoffer, Patrick	SV Teuto Riesenbeck	M 35	00:42:06	00:42:05
27	1	1	96	827	Konermann, Kira	DJK Arminia Ibbenbüren	W HK	00:42:06	00:42:05
28	7	27	77	841	Runde, Martin	LG Schmitz Katze	M 35	00:42:13	00:42:09
29	4	28	68	947	Hehemann, Stefan	Active Lauf Shop OS	M 45	00:42:17	00:42:05
30	8	29	82	989	Markmann, Maik	Run4Fun Greven	M 30	00:42:23	00:41:52
31	4	30	65	1010	Wilke, Guido	SC Altenrheine	M 50	00:42:41	00:42:39
32	9	31	86	936	Klausmeyer, Karsten		M 30	00:42:41	00:42:36
33	10	32	82	959	Wibbeler, Simon	VfL Ladbergen	M 30	00:42:53	00:42:48
34	8	33	78	528	Runde, Lars	Ibbenbüren	M 35	00:43:02	00:42:58
35	4	34	76	1028	Dobersch, Andre		M 40	00:43:04	00:42:50
36	11	35	86	572	Gust, Steffen	Team Erdinger Alkoholfrei	M 30	00:43:11	00:42:38
37	1	36	59	1040	Bertram, Heinz-Jürgen	SG Altenrheine	M 55	00:43:15	00:43:11
38	12	37	86	894	Knittel, Matthias	RAG Anthrazit	M 30	00:43:23	00:43:18
39	5	38	62	1070	Kuhlmann, Ludger	VfL Senden	M 50	00:43:27	00:43:23
40	13	39	84	984	Horstmann, Michael		M 30	00:43:30	00:43:21
41	1	2	74	1054	Polster, Christiane	Münster	W 40	00:43:41	00:43:37
42	5	40	71	1014	Wickenkamp, Thorsten	SG Sparkasse Herford	M 45	00:43:49	00:43:44
43	9	41	81	1030	Schröder, Maik		M 35	00:43:57	00:43:56
44	1	42	00	826	Guhe, Elias	1. HC Ibbenbüren	MJ U18	00:44:29	00:44:20
45	14	43	86	889	Steffen, Florian	VfR Voxtrup	M 30	00:44:33	00:44:12
46	6	44	68	997	Thole, Norbert	VfL Lingen	M 45	00:44:44	00:44:44
47	7	45	69	890	Franke, Erik	RAG Anthrazit	M 45	00:44:44	00:44:27
48	2	46	57	557	Glasow, Peter	SV Eintracht Neuenkirchen	M 55	00:44:45	00:44:42
49	1	47	50	1055	Quattrocchi, Fulvio	LSF Münster	M 65	00:44:52	00:44:48

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
50	6	48	63	950	Schwerbrock, Dirk	Run4Fun Greven	M 50	00:44:53	00:44:48
51	15	49	85	816	Willimzig, André	Osnabrücker SC	M 30	00:44:58	00:44:49
52	1	3	78	990	Knoop, Christina	OSC	W 35	00:45:01	00:44:50
53	3	50	61	1039	Ahring, Udo	Landstreicher	M 55	00:45:05	00:45:02
54	5	51	89	963	Hoevel, Oliver		M HK	00:45:10	00:45:01
55	1	4	68	850	Streich, Stefanie	TV Georgsmarienhütte	W 45	00:45:26	00:45:19
56	16	52	85	825	Sterthaus, Jens	TV Mesum	M 30	00:45:40	00:45:36
57	17	53	84	672	Steingröver, André	FuH	M 30	00:45:47	00:45:41
58	10	54	78	812	van der Ploeg, Christian	Freunde der Fischreiher	M 35	00:45:52	00:45:45
59	8	55	67	1064	Mönning, Rainer		M 45	00:46:01	00:45:48
60	5	56	76	1052	Bensch, Waldemar	Etus Rheine	M 40	00:46:03	00:45:55
61	11	57	77	958	Laumann, Markus		M 35	00:46:05	00:46:00
62	12	58	81	1072	Voeller, Guido		M 35	00:46:12	00:45:48
63	13	59	77	1037	Lensen, Jeroen		M 35	00:46:19	00:46:18
64	18	60	85	1031	Westerschulte, Matthias	HS Osnabrück	M 30	00:46:19	00:46:12
65	6	61	75	1024	Neyer, Andreas		M 40	00:46:19	00:46:14
66	9	62	68	1048	Hoppe, Ulrich	SC Falke Saerbeck	M 45	00:46:23	00:46:11
67	2	63	50	978	Hoge, Werner	TV Hohne	M 65	00:46:25	00:46:23
68	7	64	73	912	Paluschek, Maik	Team Goethe	M 40	00:46:39	00:46:33
69	14	65	78	970	Menger, Michael	SW Esch	M 35	00:46:43	00:46:32
70	10	66	69	1032	Brinkmann, Klaus	Etus Rheine	M 45	00:46:51	00:46:43
71	11	67	69	1061	Niemöller, Thomas		M 45	00:46:54	00:46:44
72	8	68	74	868	Dieckerhoff, Stefan	VfR Voxtrup	M 40	00:47:05	00:46:53
73	7	69	62	1066	Hövel, Walter	SC Falke Saerbeck	M 50	00:47:08	00:46:57
74	2	5	74	981	Ringena, Take	LSF Münster	W 40	00:47:17	00:47:02
75	12	70	71	849	Pankratz, Oliver	GM-Hütte	M 45	00:47:19	00:47:10
76	13	71	69	914	Lienesch, Dietmar		M 45	00:47:33	00:47:20
77	8	72	64	1023	Rüther, Stefan	SC Altenrheine	M 50	00:47:42	00:47:33
78	2	6	69	919	Sporkmann, Karin	SV Teuto Riesenbeck	W 45	00:47:47	00:47:32
79	9	73	75	845	Strothmann, Dirk	BSV Brochterbeck	M 40	00:48:01	00:47:48
80	10	74	73	544	Hoge, Tobias	Glückauf Superbodels	M 40	00:48:03	00:47:56
81	1	7	83	1060	Barlage, Susi	Active Sportshop OS	W 30	00:48:04	00:47:54
82	15	75	80	853	Fuchs, Patrick	Marathon Ibbenbüren	M 35	00:48:08	00:48:04
83	14	76	68	1009	Bockbreder, Frank	Jede Oma zählt	M 45	00:48:12	00:47:58
84	3	77	48	839	Boberg, Friedel	TV Georgsmarienhütte	M 65	00:48:12	00:48:04
85	1	8	55	846	Gisela, Bröring		W 60	00:48:12	00:48:06
86	2	9	81	998	Hinken, Andrea	VfL Lingen	W 35	00:48:13	00:48:12
87	15	78	69	869	Nordmann, Terence	VfR Voxtrup	M 45	00:48:16	00:47:56
88	9	79	66	1029	Pohlmann, Marko		M 50	00:48:19	00:48:15
89	3	10	68	1017	Wiemer, Stefanie	Sportfreunde Lotte	W 45	00:48:39	00:48:18
90	4	80	60	977	Strotebeck, Uwe		M 55	00:48:39	00:48:17
91	10	81	65	829	Asbrede, Peter	GW Brockdorf	M 50	00:48:48	00:48:42
92	11	82	63	1027	Strothmann, Andreas	Lauftreff Greven	M 50	00:48:48	00:48:32
93	12	83	64	904	Inderwisch, Frank	RAG Anthrazit	M 50	00:48:52	00:48:23
94	19	84	86	972	Brix, Christian	TV Hohne	M 30	00:48:57	00:48:47
95	4	11	67	971	Menebröker, Karin	TV Hohne	W 45	00:48:57	00:48:47
96	2	12	89	944	Schallenberg, Janine		W HK	00:48:59	00:48:39
97	13	85	66	925	Windhoffer, Hermann		M 50	00:49:00	00:48:53
98	14	86	66	1011	Wegmann, Claus	Telgte	M 50	00:49:03	00:48:52
99	15	87	62	966	Schäfers, Jürgen	SV Teuto Riesenbeck	M 50	00:49:05	00:48:49
100	3	13	88	888	Arends, Ina	VfR Voxtrup	W HK	00:49:06	00:48:45
101	16	88	79	1041	Nordmann, Olaf	LG Schmitz Katze	M 35	00:49:11	00:48:48

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
102	3	14	78	965	Greiwe, Simone	Marathon Ibbenbüren	W 35	00:49:23	00:49:07
103	16	89	69	875	Griep, Klaus	SC Osterbrock	M 45	00:49:30	00:49:22
104	16	90	63	1015	Kleine, Johannes	Marathon Ibbenbüren	M 50	00:49:31	00:49:23
105	17	91	63	1044	Karzewski, Uwe		M 50	00:49:32	00:49:27
106	20	92	83	905	Wackmann, Steffen	RAG Anthrazit	M 30	00:49:33	00:49:03
107	21	93	85	523	Böhm, Alexander	SC Velpe Süd	M 30	00:49:39	00:49:16
108	11	94	75	896	Lampe, Mario	RAG Anthrazit	M 40	00:49:50	00:49:35
109	1	95	52	920	Eising, Rainer		M 60	00:49:51	00:49:40
110	22	96	82	823	Heines, Klaus		M 30	00:50:02	00:49:33
111	17	97	69	893	Laumann, Rainer	RAG Anthrazit	M 45	00:50:13	00:49:36
112	4	15	91	1045	Arens, Hanna		W HK	00:50:14	00:49:50
113	5	16	91	821	Voss, Ina		W HK	00:50:25	00:50:22
114	18	98	62	870	Deeken, Sven	Team Seerose	M 50	00:50:32	00:50:18
115	4	99	50	962	Reker, Otto	SC Altenrheine	M 65	00:50:39	00:50:34
116	2	100	55	1069	Rückforth, Günter		M 60	00:50:53	00:50:34
117	18	101	71	930	Knipping, Frank	FC-Ottenstein-Lauftreff	M 45	00:51:05	00:50:55
118	12	102	72	983	Musigmann, Manfred	HSP Münster	M 40	00:51:07	00:50:53
119	13	103	72	1053	Dr. Julius, Patrick	Hoppel Hoppel Wadelheim	M 40	00:51:07	00:50:58
120	2	17	82	880	Lindemann, Jutta	Tri As Hamm	W 30	00:51:19	00:50:58
121	3	104	55	932	Baumann, Dietrich	Wilsum	M 60	00:51:21	00:51:10
122	19	105	67	949	Schumacher, Ingo	Laufen rund um Münster	M 45	00:51:27	00:51:04
123	17	106	77	1071	Korte, Andreas	BSG Westfalen	M 35	00:51:27	00:51:01
124	5	18	68	818	Brewe, Monika	TV Georgsmarienhütte	W 45	00:51:35	00:51:26
125	5	107	47	878	Kingal, Rolf	SC Spelle-Venhaus	M 65	00:51:46	00:51:41
126	4	108	56	1036	Brinkmann, Klaus		M 60	00:51:48	00:51:33
127	18	109	77	830	Kovermann , Marc	Hagener SV	M 35	00:51:49	00:51:39
128	4	19	80	1049	Beermann, Alice	SC Falke Saerbeck	W 35	00:51:53	00:51:42
129	23	110	86	658	Huth, Michael		M 30	00:51:54	00:51:17
130	14	111	72	913	Schäfers, Christian		M 40	00:51:56	00:51:50
131	6	112	87	943	Schallenberg, Dennis		M HK	00:51:57	00:51:37
132	7	113	87	836	Osterbrink, Dirk	FC Bayern	M HK	00:51:58	00:51:22
133	3	20	74	982	Kolar, Miriam	LSF Münster	W 40	00:52:06	00:51:52
134	19	114	80	941	Kröner, Andreas	Westfalia Westerkappeln	M 35	00:52:11	00:51:47
135	20	115	79	955	Hesping, Jens		M 35	00:52:18	00:52:02
136	21	116	77	979	Weber, Jens	Becks	M 35	00:52:24	00:52:18
137	8	117	88	1042	Ottow, Kai		M HK	00:52:25	00:52:02
138	24	118	85	953	Dorenkamp, Sebastian		M 30	00:52:40	00:52:17
139	6	21	88	954	Aulbert, Julia		W HK	00:52:41	00:52:18
140	20	119	69	631	Quaas, Thomas	Arminia Ibbenbüren	M 45	00:52:43	00:52:37
141	25	120	85	986	Prelle, Jochen		M 30	00:52:48	00:52:29
142	4	22	74	929	Boedecker, Sandra	FC-Ottenstein-Lauftreff	W 40	00:52:49	00:52:39
143	1	23	01	933	Schürmann, Elena	Marathon Ibbenbüren	WJ U16	00:52:55	00:52:52
144	5	121	61	1056	Wittke, Burkhard	Glück(!)auf	M 55	00:52:56	00:52:49
145	1	24	64	1001	Rietmann, Margret	SC Spelle Venhaus	W 50	00:53:06	00:52:54
146	9	122	96	813	Book, Henrik		M HK	00:53:18	00:53:02
147	6	123	60	1038	Südholter, Michael		M 55	00:53:19	00:53:07
148	10	124	95	1002	Bras, Henning		M HK	00:53:38	00:53:23
149	15	125	72	967	Meier-Barthold, Mario		M 40	00:53:44	00:53:27
150	21	126	67	858	Kötter, Jochen		M 45	00:53:48	00:53:16
151	1	25	00	910	Ponick, Franziska	Run4Fun Greven e.V	WJ U18	00:53:50	00:53:31
152	5	26	72	861	Schwarz, Martina	Active Sportshop Osnabrück	W 40	00:53:55	00:53:35
153	22	127	71	862	Schwarz, Torsten	Active Sportshop Osnabrück	M 45	00:53:55	00:53:36

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
154	6	128	51	974	Vismann, Josef	SV Dickenberg	M 65	00:53:59	00:53:47
155	11	129	87	906	Wellenbrock, Markus	RAG Anthrazit	M HK	00:54:09	00:53:51
156	23	130	69	899	Holtz, Michael	RAG Anthrazit	M 45	00:54:09	00:53:50
157	7	27	91	522	Schoo, Sonja		W HK	00:54:12	00:53:45
158	12	131	91	822	Teuber, Julian		M HK	00:54:12	00:53:45
159	7	132	50	1019	Günnigmann, Alfons	SC Falke Saerbeck	M 65	00:54:14	00:53:51
160	1	28	61	1018	Pollmeier, Petra	Sportfreunde Lotte	W 55	00:54:16	00:53:54
161	3	29	83	865	Uden, Christiane		W 30	00:54:19	00:53:59
162	26	133	86	860	Thünemann, Florian	kein Verein	M 30	00:54:20	00:54:07
163	27	134	84	859	Hölter , Christian		M 30	00:54:21	00:54:08
164	22	135	80	881	Uthmann, Tobias		M 35	00:54:24	00:53:53
165	6	30	73	1020	Erdenberger, Ute	TX	W 40	00:54:26	00:54:09
166	19	136	65	1022	Schroeer, Joachim	TX	M 50	00:54:27	00:54:10
167	20	137	66	1021	Barthels, Stefan	TX	M 50	00:54:27	00:54:11
168	24	138	67	1068	Schlake, Reinhard		M 45	00:54:32	00:54:06
169	23	139	77	980	Lappe, Dennis	Becks	M 35	00:54:38	00:54:32
170	8	31	95	1004	Moeken, Linda	SC Spelle Venhaus	W HK	00:54:47	00:54:33
171	13	140	92	992	Dellbrügge, Lars		M HK	00:54:54	00:54:27
172	5	32	80	939	Hessling, Stefanie	BEWI run	W 35	00:55:07	00:54:52
173	6	33	77	926	Wrocklage, Petra	Marathon Ibbenbüren Anfänger	W 35	00:55:27	00:55:20
174	25	141	67	924	Overmeyer, Peter		M 45	00:55:27	00:55:20
175	26	142	67	931	Hermann, Ulrich	Marathon Ibbenbüren	M 45	00:55:28	00:55:10
176	2	34	54	1013	Rieskamp, Irmgard	GW Steinbeck	W 60	00:55:30	00:55:12
177	21	143	66	995	Konermann, Jürgen	GW Steinbeck	M 50	00:55:31	00:55:13
178	7	144	60	900	Pippel, Thomas	RAG Anthrazit	M 55	00:55:33	00:55:03
179	16	145	72	882	Reeker, Jörg		M 40	00:55:35	00:55:18
180	22	146	62	937	Oster, Georg	SoDaLaggenbeck	M 50	00:55:37	00:55:11
181	27	147	71	810	Sünker, Carsten		M 45	00:55:39	00:55:23
182	9	35	95	973	Brüseke, Janina	TV Hohne	W HK	00:55:40	00:55:25
183	28	148	71	840	Ebeler, Matthias		M 45	00:55:48	00:55:16
184	10	36	90	854	Bergers, Vera		W HK	00:55:49	00:55:31
185	5	149	55	877	Rother, Joachim	SC Spelle-Venhaus	M 60	00:55:56	00:55:35
186	14	150	88	895	Treuner, Ingo	RAG Anthrazit	M HK	00:56:00	00:55:30
187	8	151	60	915	Backs, Manfred	ISV	M 55	00:56:00	00:55:53
188	6	37	67	876	Beumer, Annette	SC Spelle-Venhaus	W 45	00:56:04	00:55:52
189	24	152	80	843	Höger, Thorsten	Dynamo schnitzelkönig	M 35	00:56:08	00:55:44
190	25	153	80	844	Hülemeyer, Daniel	Dynamo schnitzelkönig	M 35	00:56:08	00:55:43
191	2	38	61	1047	Laig, Susanne	TV Hohne	W 55	00:56:18	00:56:02
192	2	39	63	1012	Harmeyer-Hille, Gudrun	GW Steinbeck	W 50	00:56:40	00:56:20
193	23	154	65	921	Hitt, Martin		M 50	00:56:44	00:56:41
194	17	155	72	918	Niehüser, Ansgar	KSK Steinfurt	M 40	00:56:45	00:56:15
195	1	156	46	608	Manke, Hans-Peter	Greven	M 70	00:56:56	00:56:33
196	9	157	59	1063	Conrad, Reimund	SV Bad Laer	M 55	00:56:59	00:56:26
197	18	158	76	863	Demski, Timo	Marathon Ibbenbüren	M 40	00:57:05	00:56:46
198	11	40	90	851	Keller, Linda	Marathon Ibbenbüren	W HK	00:57:05	00:56:46
199	29	159	69	923	Debbert, Jörg	Lauftreff Westerkappeln	M 45	00:57:14	00:56:45
200	30	160	70	874	Vößing, Volker	active sportshop	M 45	00:57:21	00:57:03
201	7	41	79	873	Schweiger, Mareike	active sportshop	W 35	00:57:21	00:57:04
202	26	161	80	940	Brockbals, Robert	Feuerwehr Tecklenburg	M 35	00:57:24	00:57:02
203	7	42	73	952	Hergemöller, Miriam	DJK Arminia Ibbenbüren	W 40	00:57:49	00:57:35
204	7	43	70	961	Giesecke, Anja		W 45	00:57:52	00:57:27
205	31	162	67	976	Menger, Christof		M 45	00:57:55	00:57:48

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
206	24	163	65	960	Frehe, Detlef	TV Mettingen	M 50	00:57:58	00:57:33
207	27	164	80	957	Vogelsang, Daniel	LG Schmitz Katze	M 35	00:58:01	00:57:35
208	25	165	65	1035	Altmann, Bernd		M 50	00:58:19	00:58:03
209	26	166	66	902	Röwekämper, Thomas	RAG Anthrazit	M 50	00:58:19	00:57:49
210	3	44	55	945	Mumm, Inge	TSVE 1890 Bielefeld	W 60	00:58:41	00:58:33
211	8	45	74	948	Linnemann, Ines	SV Dickenberg	W 40	00:58:41	00:58:12
212	28	167	80	828	Botzke, Christian		M 35	00:58:45	00:58:22
213	8	46	81	988	Grewe, Daniela		W 35	00:58:51	00:58:24
214	27	168	64	996	Semken, Manfred	GW Steinbeck	M 50	00:59:01	00:58:41
215	4	47	85	815	Dierkes, Carolin	LG Rapido Kiel	W 30	00:59:02	00:58:37
216	9	48	73	811	Kersten, Tanja	VfR Voxtrup	W 40	00:59:24	00:59:03
217	5	49	84	680	Steingröver, Christina	FuH	W 30	00:59:59	00:59:34
218	9	50	77	867	Steevens-Ahler, Silke	FC-Ottenstein Laufftreff	W 35	00:59:59	00:59:49
219	3	51	66	866	Schnell, Sylvia	FC-Ottenstein Laufftreff	W 50	00:59:59	00:59:49
220	6	52	84	994	Lampe, Karoline		W 30	01:00:05	00:59:44
221	10	53	81	928	Wrocklage, Eva	Marathon Ibbenbüren Anfänger	W 35	01:00:10	00:59:50
222	10	169	57	1046	Laig, Uwe	TV Hohne	M 55	01:00:12	00:59:44
223	7	54	83	852	Heuing, Hanna	Marathon Ibbenbüren	W 30	01:00:14	00:59:55
224	3	55	59	1000	Reker, Hedwig	SC Spelle Venhaus	W 55	01:00:23	01:00:03
225	32	170	68	556	van Loevezijn, Roy		M 45	01:00:47	01:00:45
226	28	171	85	689	Hoge, Steffen		M 30	01:00:49	01:00:18
227	12	56	88	927	Blom, Annika	SV Marathon Ibbenbüren	W HK	01:00:53	01:00:32
228	15	172	94	916	Schnies, Johann	RAG Anthrazit	M HK	01:00:56	01:00:24
229	1	173	36	848	Winter, Heinz	TV	M 75	01:00:57	01:00:45
230	16	174	88	891	Dirksmeyer, Nico	RAG Anthrazit	M HK	01:01:04	01:00:45
231	28	175	63	1057	Hartung, Helmut	SV Atter	M 50	01:01:09	01:00:41
232	4	57	61	901	Supprian, Doria	RAG Anthrazit	W 55	01:01:22	01:00:52
233	10	58	75	856	Otte, Cornelia		W 40	01:01:33	01:01:09
234	8	59	86	935	Bruns, Sonja		W 30	01:01:43	01:01:25
235	11	60	72	1026	Leffers, Dorothee	TV G.M. Hütte	W 40	01:01:58	01:01:26
236	5	61	57	1003	Helsloot, Joke	Daventria	W 55	01:02:23	01:02:01
237	6	62	59	1005	Lutterbeck, Gudrun	TV Hohne	W 55	01:02:38	01:02:12
238	7	63	61	968	Manthei, Stephanie	TuS Hiltrup	W 55	01:03:00	01:02:36
239	12	64	72	1043	Schiemenz, Kathrin		W 40	01:03:20	01:02:52
240	9	65	86	938	Lachmann, Jana		W 30	01:04:04	01:03:36
241	17	176	88	942	Maneke, Torben	Westfalia Westerkappeln	M HK	01:04:05	01:03:40
242	8	66	68	1006	Hoppe, Annette	SV Dickenberg	W 45	01:04:13	01:03:44
243	11	67	77	1007	Schwieterjann, Melanie	SV Dickenberg	W 35	01:04:35	01:04:06
244	9	68	68	1067	Ulber, Kerstin		W 45	01:04:41	01:04:14
245	4	69	66	951	Schnabel, Maria	TV Hohne	W 50	01:04:42	01:04:16
246	29	177	85	911	Lakemeier, Johannes	RAG Anthrazit	M 30	01:05:03	01:04:27
247	1	70	47	969	Matidschat, Irene	TSVE 1890 Bielefeld	W 65	01:06:37	01:06:29
248	8	71	61	934	Suer, Martina		W 55	01:07:08	01:06:38
249	8	178	48	917	Strothmann, Rolf	Lienen	M 65	01:07:10	01:06:37
250	4	72	54	985	Bücker, Hendrikje		W 60	01:07:45	01:07:23
251	13	73	74	897	Karisch, Svenja	RAG Anthrazit	W 40	01:08:48	01:08:20
252	6	179	56	993	Strauch, Heinz	SV Teuto Riesenbeck	M 60	01:08:50	01:08:21
253	13	74	88	819	Fritzensmeier, Lena	OTB Osnabrück	W HK	01:08:53	01:08:21
254	10	75	67	987	Barbel, Daniela	OTB	W 45	01:09:29	01:08:58
255	19	180	76	532	Poppen, Mathias		M 40	01:10:50	01:10:28
256	10	76	85	531	Metzke, Julia		W 30	01:10:50	01:10:28
257	11	181	60	809	Minns, Steven		M 55	01:11:54	01:11:37

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
258	2	182	33	1016	Ungemach, Andreas	TV Georgsmarienhütte	M 75	01:16:30	01:16:17
259	33	183	67	1629	Wolff, Stefan		M 45	01:42:03	02:06:38