

# 32 Aaseelauf 2015

## Hauptlauf 10 KM

## Gesamtliste

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
1	1	1	91	576	Wilm, Eduard	SV Teuto Riesenbeck	M HK	00:36:12	00:36:14
2	1	2	63	766	Igelbrink, Hans Peter	TV G.M. Hütte	M 50	00:36:57	00:36:58
3	1	3	97	712	Köhler, Jan-Aiko	Emder LG	MJ U20	00:37:09	00:37:11
4	1	4	77	617	Weste, Michael	LSF Münster	M 35	00:37:19	00:37:21
5	1	5	85	767	Ventker, Stefan	BSV Brochterbeck	M 30	00:39:01	00:39:02
6	2	6	91	649	Gamboa Fernandez , Juan Igna	Teuto Riesenbeck	M HK	00:39:02	00:39:04
7	1	7	69	740	Kamp, Jörg	TV Mettingen	M 45	00:39:10	00:39:10
8	2	8	84	605	Rodionov, Artem	Vereinslos	M 30	00:39:42	00:39:43
9	1	9	53	653	Grabowsky, Klaus	SC Spelle-Venhaus	M 60	00:40:14	00:40:15
10	2	10	69	744	Wallmeier, Bernd	SV Teuto Riesenbeck	M 45	00:40:57	00:40:55
11	3	11	81	781	Salewsky, Dominik	Osnabrücker SC	M 30	00:41:07	00:41:07
12	4	12	83	780	Malik, Abou-Rashid	Herford	M 30	00:41:08	00:41:10
13	3	13	87	808	Rasper, Tobias	Active Sportshop	M HK	00:41:16	00:41:15
14	3	14	67	624	Träger, André	VfR Voxtrup	M 45	00:41:25	00:41:26
15	2	15	76	803	Kosmella, Matthias	TV Georgsmarienhütte	M 35	00:41:26	00:41:25
16	3	16	79	642	Knappeide, Mark	TV GM-Hütte	M 35	00:41:30	00:41:29
17	1	17	98	772	Birkheuer, Fabian	SC Altenrheine	MJ U18	00:41:31	00:41:32
18	4	18	89	753	Schimanski, Maximilian		M HK	00:41:36	00:41:36
19	4	19	68	673	Giesecke, Andreas	RAG Anthrazit	M 45	00:41:45	00:41:44
20	5	20	90	695	Hartmann, Pascal	LG Rheine Elte	M HK	00:42:18	00:41:50
21	2	21	65	549	Schare, Christian	VelpeSüd Alte Herren	M 50	00:42:38	00:42:38
22	1	22	93	660	Klose, Maximilian	TuS Altenberge	M HK	00:42:42	00:42:42
23	3	23	64	659	Klose, Thomas	TuS Altenberge	M 50	00:42:54	00:42:54
24	4	24	79	794	Mairewa-Wavarro, Julio	SV Bad Laer	M 35	00:42:59	00:42:48
25	5	25	80	782	Bovenschulte, Andy		M 35	00:43:03	00:43:01
26	1	1	75	696	Krüer, Cornelia	SV Teuto Riesenbeck	W 40	00:43:06	
27	5	26	82	720	Schrameyer, Marcus		M 30	00:43:34	00:43:28
28	6	27	87	644	Janning, Simon	Lauffreß Beastmode	M HK	00:43:58	00:43:48
29	6	28	78	597	Kramer, Nils	VfR Voxtrup	M 35	00:43:59	00:43:57
30	1	29	73	717	Hemesath, Jürgen	LG Emsdetten	M 40	00:44:07	00:44:08
31	6	30	82	627	Stauff, Andreas	Active Sportshop Osnabrück	M 30	00:44:19	00:44:19
32	7	31	81	738	Menger, Andre	DSG KSK Steinfurt	M 30	00:44:43	00:44:41
33	7	32	77	802	Heitmeyer, Stefan	TV G.M. Hütte	M 35	00:45:03	00:45:02
34	2	33	71	628	Knebel, Marko	team www.laufen-os.de	M 40	00:45:16	00:45:14
35	4	34	65	560	Busch, Harry	SC Altenrheine	M 50	00:45:33	00:45:33
36	5	35	69	684	Neuhaus, Detlef	RAG Anthrazit	M 45	00:45:35	00:45:30
37	8	36	77	611	Hofmann, Vitalij	IBV	M 35	00:45:56	00:45:52
38	7	37	89	797	Jürgens, Michael	TWE Tri-Team	M HK	00:46:00	00:45:52
39	9	38	77	539	Reeker, Timo	Stella Bevergern	M 35	00:46:14	00:46:12
40	8	39	84	791	Stücker, Markus	FB Burgsteinfurt	M 30	00:46:32	00:46:31
41	6	40	69	601	Rohr, Jörg		M 45	00:46:39	00:46:37
42	5	41	62	765	Budde, Klaus	SV Hellern	M 50	00:46:59	00:46:58
43	9	42	81	643	Völler, Guido		M 30	00:47:21	00:46:55
44	7	43	68	685	Recker, Michael	RAG Anthrazit	M 45	00:47:24	00:47:19
45	1	44	57	550	Glasow, Peter	SV Eintracht Neuenkirchen	M 55	00:47:39	00:47:36
46	10	45	85	558	Schrameyer, Florian		M 30	00:47:40	00:47:35
47	8	46	67	761	Brege, Bernd	LC Nordhorn	M 45	00:47:51	00:47:48
48	1	2	85	621	Müller, Kerstin	Stadtwerke Münster	W 30	00:47:56	00:47:50
49	8	47	92	763	Wieking, Matthias	GAL 01/2014	M HK	00:48:00	00:47:57

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
50	10	48	76	551	Kulinna, Jan		M 35	00:48:00	00:47:59
51	9	49	91	764	Gohmann, Niklas	GAL 01/2014	M HK	00:48:12	00:48:09
52	9	50	70	664	Brewe, Markus	TV Georgsmarienhütte	M 45	00:48:27	00:48:22
53	6	51	63	741	Müller, Christian	Sportler 4 A Childrens World	M 50	00:48:39	00:48:36
54	1	52	50	636	Werner, Hoge	TV Hohne	M 65	00:48:42	00:48:41
55	11	53	76	575	Denecke , Stephan		M 35	00:48:42	00:48:27
56	7	54	61	625	Thale, Reinhard	Sv Quitt-Ankum	M 50	00:48:57	00:48:58
57	8	55	65	728	Berelsmann, Andreas	TV G.M. Hütte	M 50	00:49:02	00:48:58
58	10	56	67	681	Lewe, Christian	RAG Anthrazit	M 45	00:49:09	00:49:08
59	11	57	67	687	Messbauer, Matthias	RAG Anthrazit	M 45	00:49:11	00:49:05
60	10	58	88	805	Hörstmann, Frank	VfL Sassenberg	M HK	00:49:11	00:48:55
61	9	59	65	796	Assies, Bernhard		M 50	00:49:12	00:49:06
62	12	60	76	562	Bosse, Holger	kein	M 35	00:49:21	00:48:56
63	2	61	59	788	Klingbeil, Heinz	Lauftreff Westerkappeln	M 55	00:49:23	00:49:05
64	3	62	60	677	Franz, Tenambergen	RAG Anthrazit	M 55	00:49:24	00:49:13
65	10	63	64	678	Frank, Inderwisch	RAG Anthrazit	M 50	00:49:31	00:49:26
66	11	64	85	715	Westerschulte, Matthias	HS Osnabrück	M 30	00:49:33	00:49:13
67	13	65	79	716	Ostholthoff, Björn		M 35	00:50:10	00:50:09
68	3	66	73	606	Paluschek, Maik		M 40	00:50:10	00:50:09
69	12	67	69	602	Lienesch, Dietmar	Ibbenbüren	M 45	00:50:14	00:49:58
70	1	3	64	651	Bohnen, Cornelia	SC Spelle-Venhaus	W 50	00:50:17	00:50:09
71	4	68	71	534	Botzke, Andreas	BSG Kreissparkasse Steinfurt	M 40	00:50:17	00:50:11
72	5	69	72	787	Reimelt, Thomas	Stella Bevergern	M 40	00:50:23	00:50:19
73	4	70	59	771	Tenberg, Helmut	TV Mettingen	M 55	00:50:25	00:50:12
74	13	71	70	595	Ehnert, Marc		M 45	00:50:31	00:50:07
75	1	4	86	571	Wenneker, Anne		W HK	00:50:33	00:50:23
76	2	5	87	542	Schnur, Christina	TC RG Bad Bentheim	W HK	00:50:33	00:50:23
77	14	72	67	657	Schüttken, Udo	TVMettingen	M 45	00:50:37	00:50:24
78	11	73	62	612	Kerk, Thomas	Feuerwehr Ibbenbüren	M 50	00:50:37	00:50:28
79	6	74	73	702	Hoge, Tobias	Klinikum Ibbenbüren	M 40	00:50:42	00:50:37
80	15	75	66	752	Windoffer, Hermann		M 45	00:50:45	00:50:42
81	2	6	73	799	Tebbe, Christa	SV Teuto Riesenbeck	W 40	00:50:46	00:50:40
82	11	76	87	596	Gräuler, Steffen		M HK	00:50:49	00:50:39
83	1	7	78	586	Greiwe, Simone	OSC	W 35	00:51:04	00:50:57
84	2	77	93	567	Rückforth, Moritz	HC Ibbenbüren	M HK	00:51:08	00:50:55
85	12	78	63	795	Lampe, Jürgen	SC Falke Saerbeck	M 50	00:51:11	00:51:05
86	16	79	69	675	Franke, Erik	RAG Anthrazit	M 45	00:51:22	00:51:01
87	1	8	70	569	Kinder, Ina	Die sächsischen Czornebohschn	W 45	00:51:29	00:51:22
88	12	80	90	789	Menger, Andre	Sportfreunde Bockraden	M HK	00:51:35	00:51:22
89	12	81	84	718	Steingröver, Andre		M 30	00:51:39	00:51:25
90	2	9	84	719	Steingröver, Christina		W 30	00:51:40	00:51:25
91	1	82	01	693	Brand, Fabio		MJ U16	00:51:46	00:51:43
92	2	83	50	710	Reeken, Otto	SC Altenrheine	M 65	00:51:49	00:51:42
93	1	10	58	798	Jürgens, Ulla	LG Emsdetten	W 55	00:51:56	00:51:47
94	13	84	85	800	Ahrens, Stefan	Team Laufrausch e.V.	M 30	00:52:04	00:51:43
95	14	85	78	622	van der Ploeg, Christian	Klinikum Ibbenbüren	M 35	00:52:08	00:52:04
96	5	86	57	807	Sellner, Andreas	Diözesan-Caritas Köln	M 55	00:52:11	00:52:01
97	2	87	55	566	Rückforth, Günter		M 60	00:52:14	00:51:54
98	13	88	91	593	Lienesch, Steffen	Feuerwehr Ibbenbüren	M HK	00:52:18	00:51:52
99	2	11	80	756	Gerling, Denise	SC Altenrheine	W 35	00:52:19	00:52:14
100	14	89	87	591	Scharfenberg, Tobias	Feuerwehr Ibbenbüren	M HK	00:52:20	00:51:54
101	15	90	77	619	Bersch, Benedikt		M 35	00:52:33	00:52:28

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
102	3	12	88	790	Ercan, Laura		W HK	00:52:34	00:52:18
103	13	91	65	547	Siegbert , Matthias	SV Dickenberg	M 50	00:52:34	00:52:14
104	16	92	79	521	Schürmann, Daniel		M 35	00:52:37	00:52:27
105	14	93	62	737	Schäfers, Jürgen	SV Teuto Riesenbeck	M 50	00:52:41	00:52:30
106	17	94	68	775	Keller, Peter		M 45	00:52:48	00:52:37
107	15	95	90	592	Köhler, Kevin	Feuerwehr Ibbenbüren	M HK	00:52:53	00:52:27
108	6	96	59	801	Bekermann, Peter	TUSS Bersenbrück	M 55	00:52:55	00:52:35
109	7	97	75	554	Sickmann, Eric		M 40	00:52:59	00:52:39
110	18	98	66	727	Dornbusch, Frank	SuS Stadtlohn	M 45	00:53:02	00:52:44
111	7	99	56	620	Brinkmann, Klaus	laufend unterwegs	M 55	00:53:02	00:52:34
112	3	100	47	650	Kingal, Rolf	SC Spelle-Venhaus	M 65	00:53:09	00:53:05
113	3	13	72	565	Schulz, Lisa	SC Altenrheine	W 40	00:53:12	00:53:05
114	17	101	76	555	Keller, Timo	DJK Arminia Ibbenbüren	M 35	00:53:18	00:53:00
115	14	102	84	792	Holtmannspötter, Nils	FC Arenal	M 30	00:53:24	00:53:12
116	4	14	89	745	Gersie, Elena	TuS Recke	W HK	00:53:24	00:53:09
117	8	103	74	626	Dieckerhoff, Stefan	VfR Voxtrup	M 40	00:53:26	00:53:14
118	9	104	74	607	Vahrenkamp, Peter	Stadtwerke Tecklenburger Land	M 40	00:53:26	00:53:14
119	15	105	81	666	Blutguth, Mario		M 30	00:53:27	00:53:02
120	18	106	77	735	Steinke, Felix	BSG KSK Steinfurt	M 35	00:53:37	00:53:22
121	2	15	65	729	Berelsmann, Andrea	TV G.M. Hütte	W 50	00:53:41	00:53:38
122	2	16	69	762	Hopkins, Nele	Atletico Bockraden	W 45	00:53:50	00:53:40
123	15	107	63	793	Walter, Martin	BSV Brochterbeck	M 50	00:53:50	00:53:41
124	16	108	65	739	Kroner, Ulf	TV Mettingen	M 50	00:54:00	00:53:47
125	1	17	96	777	Börger, Carolin	TV Lengerich	WJ U20	00:54:02	00:53:38
126	19	109	66	618	Kirschnick, Olaf		M 45	00:54:05	00:53:49
127	17	110	61	804	Wittke, Burkhard	Glück(L)auf	M 50	00:54:06	00:54:03
128	10	111	73	755	Sommerkamp, Frank	Grün-Weiß-Steinbeck	M 40	00:54:13	00:53:58
129	5	18	89	722	Schallenberg, Janine		W HK	00:54:13	00:53:58
130	20	112	67	749	Hagemann, Markus	GW Steinbeck	M 45	00:54:17	00:54:09
131	11	113	73	662	Fels, Markus		M 40	00:54:32	00:54:04
132	19	114	77	783	Kipp, Markus		M 35	00:54:33	00:54:31
133	6	19	89	732	Brandtner, Denise	TSO Data	W HK	00:54:35	00:54:36
134	16	115	86	733	Exeler, Stephan	TSO Data	M HK	00:54:36	00:54:37
135	21	116	69	561	Quaas, Thomas	DJK Arminia Ibbenbüren	M 45	00:54:38	00:54:20
136	22	117	69	615	Lampe, Thomas	Ibbenbüren	M 45	00:54:45	00:54:35
137	3	20	68	663	Brewe, Monika	TV Georgsmarienhütte	W 45	00:54:46	00:54:38
138	7	21	90	785	Masch, Sarah	Stella Bevergern	W HK	00:54:50	00:54:41
139	23	118	68	613	Luck, Holger	Laggenbeck	M 45	00:54:50	00:54:32
140	8	119	56	633	Michael, Brix	TV Hohne	M 55	00:54:56	00:54:42
141	12	120	75	692	Brand, Ingo		M 40	00:54:59	00:54:55
142	24	121	70	599	Klumpe, Stefan	Kein Verein	M 45	00:55:00	00:54:38
143	13	122	75	598	Meyer, Andreas	Kein Verein	M 40	00:55:00	00:54:38
144	25	123	69	616	Griep, Klaus	SC Osterbrock	M 45	00:55:03	00:54:55
145	9	124	60	604	Schulte, Theo	Injoy Fürstenau	M 55	00:55:16	00:54:56
146	2	22	56	786	Masch, Hedwig	Stella Bevergern	W 55	00:55:19	00:55:11
147	8	23	91	637	Julia, Kienemann	TV Hohne	W HK	00:55:30	00:55:08
148	4	24	67	574	Völkert, Silvia	Lauffreunde Emsland	W 45	00:55:37	00:55:28
149	1	25	95	533	Ahmann, Katharina	TV Ibbenbüren	W HK	00:55:41	00:55:41
150	2	125	99	530	Flören, Tim	TV Ibbenbüren	MJ U18	00:55:42	00:55:42
151	14	126	72	559	Hillebrandt, Frank		M 40	00:55:55	00:55:46
152	26	127	70	699	Wehmeier, Hendrick	AH Velpe Süd	M 45	00:56:01	00:55:47
153	3	26	77	629	Bachmann, Kathrin		W 35	00:56:05	00:55:54

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
154	20	128	76	779	Kronenberg, Markus		M 35	00:56:08	00:56:06
155	3	129	51	748	Vismann, Josef	SV Dickenberg	M 60	00:56:19	00:56:09
156	15	130	74	541	Lehnert, Marc		M 40	00:56:26	00:56:21
157	17	131	92	587	Gerdess, Gerrit		M HK	00:56:40	00:56:16
158	16	132	85	705	Niehueser, Hendrik		M 30	00:56:41	00:56:36
159	2	27	93	568	Goß, Carolin		W HK	00:56:42	00:56:19
160	3	28	63	746	Harmeyer-Hille, Gudrun	GW Steinbeck	W 50	00:56:44	00:56:26
161	4	133	55	654	Rother, Joachim	SC Spelle-Venhaus	M 60	00:56:46	00:56:26
162	4	29	80	603	Röhrdanz, Stefanie	Osnabrücker Sportclub	W 35	00:56:53	00:56:46
163	10	134	60	584	Wiewel, Thomas	Marathon Ibbenbüren	M 55	00:56:54	00:56:47
164	16	135	73	776	Knieper, Timo		M 40	00:56:56	00:56:45
165	1	30	54	757	Rieskamp, Irmgard	Grün Weiß Steinbeck	W 60	00:57:01	00:56:53
166	5	31	66	652	Flosdorf, Betty	SC Spelle-Venhaus	W 45	00:57:02	00:56:42
167	27	136	67	535	Overmeyer, Peter	Klasse10b	M 45	00:57:03	00:56:57
168	17	137	81	667	Rottmann, Hendrik		M 30	00:57:10	00:56:45
169	6	32	67	638	Karin, Menebröker	TV Hohne	W 45	00:57:25	00:57:02
170	28	138	69	630	Weiß, Patrick		M 45	00:57:29	00:57:17
171	4	33	73	701	Lage, Christiane	BSb Kreissparkasse	W 40	00:57:30	00:57:15
172	17	139	74	706	Peschke, Daniel	Team Hagebau Lotte	M 40	00:57:34	00:57:11
173	18	140	75	570	Gutt, Rüdiger	Viva Colonia	M 40	00:57:43	00:57:39
174	29	141	70	725	Häusler, Claus	Team Erdinger Alkoholfrei	M 45	00:57:52	00:57:48
175	18	142	87	655	Wessel, Jan-Eric		M HK	00:58:03	00:57:56
176	19	143	87	730	Lampe, Sebastian		M HK	00:58:07	00:57:58
177	20	144	87	731	Heise, Christian	TSO Data	M HK	00:58:07	00:57:58
178	19	145	71	734	Schmedding, Thomas		M 40	00:58:13	00:57:53
179	3	146	93	759	Kalin, Sascha		M HK	00:58:14	00:58:04
180	11	147	58	639	Udo, Teckenbrock	TV Hohne	M 55	00:58:16	00:57:56
181	30	148	69	700	Debbert, Jörg	Lauftreff Westerkappeln	M 45	00:58:27	00:58:03
182	3	34	81	690	Schwienheer, Eva-Maria		W 30	00:58:44	00:58:30
183	3	35	94	778	Lepper, Kristin	TV Lengerich	W HK	00:58:53	00:58:29
184	9	36	90	553	Willer, Susanne		W HK	00:58:54	00:58:42
185	31	149	67	526	schumacher, ingo	schuhfischpapa	M 45	00:58:56	00:58:41
186	20	150	72	614	Reeker, Jörg		M 40	00:59:09	00:59:04
187	10	37	92	726	Witte, Katrin		W HK	00:59:14	00:59:07
188	12	151	58	743	Zimmermann, Michael	GW Steinbeck	M 55	00:59:19	00:59:02
189	4	152	48	640	Dieter, Vahrenhorst	TV Hohne	M 65	00:59:21	00:58:59
190	13	153	57	635	Ralf, Egbert	TV Hohne	M 55	00:59:25	00:59:03
191	11	38	87	552	Rethmann, Jennifer	BSG KSK Steinfurt	W HK	00:59:26	00:59:18
192	4	39	85	529	Dierkes, Carolin	Kiel	W 30	00:59:38	00:59:26
193	7	40	66	656	Eckhoff, Carolin	TV Georgsmarienhütte	W 45	00:59:45	00:59:26
194	21	154	74	691	Eiben, Lars	Vision	M 40	01:00:05	00:59:48
195	5	41	85	573	Uhlen, Andrea		W 30	01:00:07	00:59:51
196	14	155	59	679	Bernward, Tegelman	RAG Anthrazit	M 55	01:00:10	00:59:44
197	15	156	59	676	Dietmar, Reuter	RAG Anthrazit	M 55	01:00:21	00:59:54
198	18	157	65	674	Exeler, Guido	RAG Anthrazit	M 50	01:00:22	00:59:56
199	19	158	62	525	Bertram, Frank		M 50	01:00:33	01:00:06
200	5	42	76	709	Kortenbreer, Sonja	SV Teuto Riesenbeck	W 35	01:00:36	01:00:17
201	6	43	83	769	Süverling, Melanie		W 30	01:00:36	01:00:36
202	21	159	86	594	Siebelmeyer, Bastian	Feuerwehr Ibbenbüren	M HK	01:00:56	01:00:30
203	22	160	88	590	Scholmeyer, Patrick	Feuerwehr Ibbenbüren	M HK	01:00:56	01:00:30
204	32	161	67	536	Menger, Christof	Klasse10b	M 45	01:00:57	01:00:50
205	16	162	59	585	Plagemann, Thomas	Marathon Ibbenbüren	M 55	01:01:03	01:00:56

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
206	8	44	66	750	Hagemann, Ulla	GW Steinbeck	W 45	01:01:04	01:00:46
207	23	163	87	641	Christian, Winter	TV Hohne	M HK	01:01:30	01:01:07
208	7	45	83	708	Botzke-Raabe, Andrea		W 30	01:01:42	01:01:36
209	21	164	80	707	Botzke, Christian		M 35	01:01:44	01:01:19
210	22	165	75	563	Kröner, Thomas		M 40	01:01:45	01:01:31
211	2	166	97	721	Bange, Janick	HC Ibbenbüren	MJ U20	01:01:45	01:01:31
212	4	46	63	703	Kerk, Ruth	SV Dickenberg	W 50	01:01:56	01:01:39
213	12	47	90	632	Bautz, Katharina	TV Hohne	W HK	01:02:15	01:01:52
214	5	167	52	698	Schlüter, Ulrich	SV Teuto Riesenbeck	M 60	01:02:38	01:02:10
215	3	48	59	634	Christiane, Egbert	TV Hohne	W 55	01:02:52	01:02:30
216	33	168	67	686	Sander, Markus	RAG Anthrazit	M 45	01:03:11	01:02:59
217	20	169	65	768	Frehe, Detlef	TV Mettingen	M 50	01:03:24	01:02:56
218	5	49	63	742	Bott, Reimgaud	SV Hemsen	W 50	01:03:27	01:03:14
219	5	50	74	704	Kappelhoff, Tanja	SV Teuto Riesenbeck	W 40	01:03:32	01:03:13
220	1	170	36	600	Winter, Heinz	TV GMhütte	M 75	01:03:35	01:03:13
221	9	51	70	784	Ross, Sabine	SC Altenrheine	W 45	01:03:41	01:03:32
222	10	52	68	623	Frankenberg, Andrea	TV Georgsmarienhütte	W 45	01:04:34	01:04:15
223	11	53	70	610	Voigt, Iris	TV Georgsmarienhütte	W 45	01:04:34	01:04:15
224	6	54	80	580	Höger, Karin	Schnitzelkönig	W 35	01:04:51	01:04:29
225	22	171	80	581	Hülemeyer, Daniel	Schnitzelkönig	M 35	01:04:51	01:04:28
226	23	172	80	579	Höger, Thorsten	Schnitzelkönig	M 35	01:04:53	01:04:31
227	8	55	85	774	Meyer, Mareike		W 30	01:04:53	01:04:36
228	13	56	86	751	Lagemann, Verena		W HK	01:04:55	01:04:34
229	34	173	69	670	Laumann, Rainer	RAG Anthrazit	M 45	01:05:06	01:04:46
230	1	174	42	578	Daniel, Wolf-Dieter	SV Eintracht Neuenkirchen	M 70	01:05:28	01:05:18
231	9	57	81	661	Grewe, Daniela	-	W 30	01:05:53	01:05:36
232	24	175	78	758	Müller, Tobias		M 35	01:05:53	01:05:36
233	2	176	45	760	Richter, Alfons	SW Esch	M 70	01:06:04	01:05:45
234	35	177	70	589	Grube, Frank	TUS Hiltrup	M 45	01:06:22	01:05:58
235	12	58	69	588	Schröder, Silke	Laufzentrum Rheine	W 45	01:06:22	01:05:58
236	14	59	91	736	Finke, Christina	Grün Weiß Lengerich	W HK	01:06:45	01:06:27
237	13	60	68	754	Wermer, Elke	Grün-Weiß-Steinbeck	W 45	01:06:45	01:06:27
238	14	61	66	714	Nagel, Elke		W 45	01:06:59	01:06:39
239	15	62	69	583	Kalhoff, Annegret		W 45	01:07:58	01:07:44
240	36	178	69	582	Merschieve, Andreas	LSF Greven	M 45	01:07:58	01:07:42
241	18	179	85	682	Lakemeier, Johannes	RAG Anthrazit	M 30	01:08:05	01:07:49
242	15	63	91	683	Göcke, Rebecca	RAG Anthrazit	W HK	01:08:05	01:07:48
243	21	180	64	724	Zahnen, Johannes	SV Dickenberg	M 50	01:08:24	01:08:15
244	6	64	63	723	Breuer, Stephanie	SV Dickenberg	W 50	01:08:24	01:08:15
245	1	65	98	773	Böttcher, Alina		WJ U18	01:08:47	01:08:23
246	6	66	74	648	Lengermann, Kathrin	Kecks	W 40	01:09:15	01:09:02
247	7	67	63	647	Piekatz, Elke	Kecks	W 50	01:09:15	01:09:02
248	7	68	79	646	Schürmann, Christiane	Kecks	W 35	01:09:49	01:09:36
249	4	69	57	577	Driediger, Ira		W 55	01:09:57	01:09:45
250	16	70	92	564	Bauer, Jalina		W HK	01:10:41	01:10:20
251	8	71	61	694	suer, martina		W 50	01:11:00	01:10:32
252	23	181	74	713	Poggemann, Thomas	Lauftreff Riesenbeck	M 40	01:11:12	01:10:53
253	17	72	90	546	Scheil, Isabella		W HK	01:14:15	01:13:50
254	24	182	89	545	Fraenz, Christoph		M HK	01:14:15	01:13:49
255	8	73	80	806	Jasper, Daniela		W 35	01:15:24	01:14:56
256	5	183	48	711	Strothmann, Rolf	Lienen	M 65	01:15:47	01:15:20
257	37	184	66	747	Bäumer, Michael		M 45	01:16:10	01:15:48

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
258	22	185	64	645	Meyer-Leive, Oliver	SpVg Haste	M 50	01:17:12	01:16:56